

National Seminar on Behaviour Technology for Better Living

19-01-2018 & 20-01-2018

Organised by : Department of Psychology

Collaboration : Steps 4 Skills, Thrissur

Steps for Skills in collaboration with the Department of Psychology of St Mary's College, Thrissur, has organized a two day national seminar on the topic Behaviour Technology for Better Living on 19th and 20th January 2018. The seminar was inaugurated by Mr. Sarath Das, Cine artist. The chief guest of honor was Dr. Vedagiri Ganesan, Retd. Professor & Head, Department of Psychology, Bharathiar University, Coimbatore. Other scientific sessions were handled by Dr. Devan Namboodiri, Dr. Prakash Chandran Arackal, Mr. K. A. Sebastian and Mr. Ameer Cheriyandeekath. There were a total of 87 participants for the seminar.



On 19 January 2017 there were three scientific sessions which were handled by Dr.Vedagiri Ganesan , Mr.Devan Namboodiri (Traditional Vaidyan, Poonkudil Mana, Manjery) and Mr.K.A.Sebastian (President, Institute for Counselling and Transactional Analysis, Kochi) on the topics Behaviour Technology for Better



Living; Behaviour Management of Psychosomatic Disorder with Ayurvedic Support; and You Can Shape your Destiny respectively.

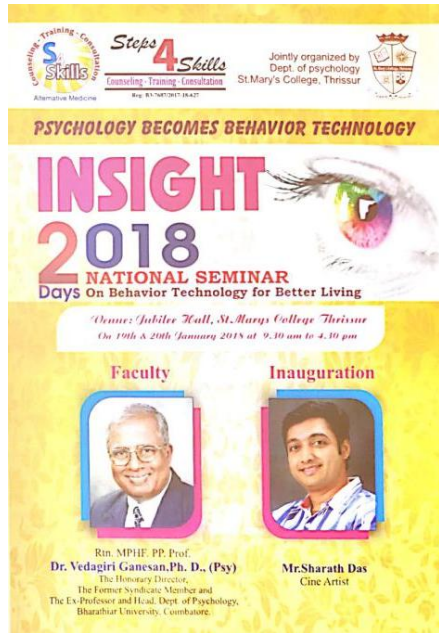


On 20 January 2017 there were two scientific sessions which were handled by Mr. Ameer Cheriyandeekalath (Consultant Psychologist, St. Martin De Porres Hospital, Cherukunnu, Kannur) and Dr. Prakash Chandran Arackal (Consultant Psychologist, Lakshmi Hospital, Kochi) on the topics Specific Learning Problems and Behaviour Management and Psychotherapy Managed by Behaviour Technology.



List of Resource Persons:

1. Dr. Vedagiri Ganesan, Retd. Professor & Head, Department of Psychology, Bharathiar University, Coimbatore
2. Mr.Devan Namboodiri (Traditional Vaidyan, Poonkudil Mana, Manjery)
3. Mr.K.A.Sebastian (President, Institute for Counselling and Transactional Analysis, Kochi)
4. Mr. Ameer Cheriyandeelakath (Consultant Psychologist, St. Martin De Porres Hospital, Cherukunnu, Kannur)
5. Dr.Prakash Chandran Arackal (Consultant Psychologist, Lakshmi Hospital, Kochi)



Behavior Technology for Better Living
 (Jointly organized by STEPS 4 SKILLS & Department of Psychology,
 St.Mary's College, Thrissur
 On behalf of the organizing committee of the **National Workshop on Behavior Technology for Better Living.**
 We cordially invite you to the Workshop to be held on 19th & 20th January, 2018 at St.Mary's College, Thrissur, Kerala. The aim of the Workshop is to foster development of behavior modification for meaningful day-to-day life of the people. It would offer a great opportunity for the health psychologists, medical/health care professionals, social scientists, educationists and researchers to learn and exchange their views and experiences. The workshop is a multi-disciplinary event whereby scholars working on various aspects of Psychology, Students and human well being are invited to come together to present, discuss and exchange ideas to foster inter-disciplinary collaborative Papers.

Anu Mary Kalliyath (HOD, Dept. of psychology) St.Mary's College, Thrissur
Jayan Namboodiri (Co-ordinator)

Programme

19.01.2018 (Day.1)
 8.30-9.30 : Registration
 9.30-10.00 : Inaugural Session
 10.00- 12.00. Academic Session.1
 : Keynote Address: **"Behavior Technology for Better Living"**
Rtn.MRHF.PP.Prof. Dr.Vedagiri Ganesan,Ph.D.,
 12.00-1.00 Academic Session. 2
"Behavior management of Psychosomatic Disorder with Ayurvedic Support"
Dr Devan Namboodiri

1.00-1.45 Lunch
 2.00-4.30 Academic Session. 3
"You can shape your Destiny"
Mr.K.A.Sebastian
 (Day.2)
 9.30-11.30 Academic Session.1
 : **"Specific Learning Problems and Behavior Management"**
Mr.Ameer Cheriyandeelakath
 11.30-1.00 Academic Session.2
 : **Psychotherapy Managed by Behavior Technology**
Dr.Prakash Chandran Arackal
 1.00-01.45 Lunch
 2.00-4.30 : Scientific Paper Presentations.
 4.30 : Valedictory Session & Certificate Distribution

PAPER AND POSTER PRESENTATIONS

Scholars & Students interested in presenting papers exclusively on the **Applied Level** of the theme or sub themes are required to submit their full paper in soft copy by e-mail (steps4skills@gmail.com or jnambood@yahoo.co.in) on or before **10th January 2018**, typed on Times New Roman, double space. The Paper must include Title, Authors and Institutional affiliation (if any)



തുശൂർ സെന്റ് മേരീസ് കോളജിലെ മനഃശാസ്ത്ര വിഭാഗവും സെപ്റ്റം ഫോർ സ്കിൽസും സംയുക്തമായി സംഘടിപ്പിച്ച ദേശീയ സെമിനാർ ചലച്ചിത്രതാരം ശരത്ദാസ് ഉദ്ഘാടനം ചെയ്യുന്നു.

സെന്റ് മേരീസിൽ ദേശീയ സെമിനാർ
 തുശൂർ: സെന്റ് മേരീസ് കോളജിലെ മനഃശാസ്ത്ര വിഭാഗവും സെപ്റ്റം ഫോർ സ്കിൽസും സംയുക്തമായി കോളജിൽ ദേശീയ സെമിനാർ സംഘടിപ്പിച്ചു. ചലച്ചിത്രതാരം ശരത്ദാസ് ഉദ്ഘാടനം ചെയ്തു. പ്രിൻസിപ്പൽ സിസ്റ്റർ ഡോ. മാഗി ജോസ് അധ്യക്ഷയായി. സിസ്റ്റർ ഡോ. ഡൽമേഷ്യ പാനികുളം, ഡോ. കരുണ, ഡോ. ജയൻ നമ്പൂതിരി, അനു മേരി കള്ളിയത്ത് തുടങ്ങിയവർ പ്രസംഗിച്ചു. ഡോ. വേദഗിരി ഗണേശൻ, ഡോ. ദേവൻ നമ്പൂതിരി, കെ.എ. സെബാസ്റ്റ്യൻ, അമീർ ചെറിയാണ്ടീലകത്ത്, ഡോ. പ്രകാശ് ചന്ദ്രൻ എന്നിവർ വിവിധ വിഷയങ്ങളിൽ ക്ലാസെടുത്തു.