

# International Webinar On 'Successful Future by Enhancing Adversity Quotient and Positive Attitude

DEPARTMENT OF ENGLISH

5 September 2022

An International Webinar was conducted on the topic 'Successful Future by Enhancing Adversity Quotient and Positive Attitude' by the Department of English, St.Mary's College, Thrissur on 5th September 2022. The session was resourced by Dr.Latha Thomas, who has a Doctorate in Health Administration and is a fellow in Clinical and Translational Research Ethics. She is currently working as a Manager and Consultant in Capital Blue Cross in the USA. The session started with a small introduction about Dr.Latha's professional journey and it was followed by quotations by Rhonda Byrne and quotes from 'The Alchemist' by Paulo Coelho. Quotation and examples from movies and Jim Carrey's speech videos were also presented to further the point. The webinar was attended by students of English and Microbiology departments. It was an interactive session in which students were also given a chance for queries. The programme was coordinated by Ms. Sony Chacko, the faculty coordinator and Durga Chackiyath, the student coordinator.

**ST. MARY'S COLLEGE, THRISSUR**  
Re-accredited by NAAC with A+ Grade in the Fourth Cycle

DEPARTMENT OF ENGLISH

**INTERNATIONAL WEBINAR**

Successful Future by Enhancing  
The Adversity Quotient and Positive Attitude

**SEPTEMBER 05** **5:00 PM IST**

[CLICK HERE TO JOIN](#)

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Convenor & Head of the Department

Ms. Sony Chacko  
Faculty Coordinator

Durga Chackiyath  
Student Coordinator

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