

COLLEGE REPORT 2014-2015

I think it is apt to start the evening by echoing the holy words of St. Chavara Kuriakose Elias, “The honour and good fortune of the homestead consists of perfect amity and peaceful living. It is only those relations that are orderly and God-fearing which bring you benefit and happiness. The day without doing something good to your neighbor will not be counted in the book of eternity.”

To Quote St. Chavara Kuriakose Elias is to quote the saint of the century. We are lucky indeed to live in this year in which one of the greatest stalwarts in the 20 century, St. Chavara Kuriakose Elias and his spiritual daughter St. Euphrasia Eluvathingal were canonized. St.

Chavara’s contributions are radically ecclesial, down to earth, people oriented, exceptionally prophetic and integrally and ultimately spiritual. St. Euphrasia who has lived out the charisma of the founder is equally ecclesial, social and spiritual in her outlook. We cannot but marvel at those golden personalities who stand out ever luminous and unique in the Indian religious and social arena,..

This academic year is very special as we are celebrating the 150th Jubilee of CMC Foundation and 50th Anniversary of the College Convent and we are also getting ready for the third cycle of NAAC reaccreditation. We have been very very busy this year, when I say ‘We’ , I mean each one of us, students, staff, principal,...everyone, each one putting the best and thus creating an atmosphere of togetherness. We relish the fact that we could live the meaning of the ever-inspiring words, **“together we are stronger”**.

Ministerial staff plays a vital role in the smooth functioning of our edifice of learning. This year we are **bidding farewell to three** of our very helpful hands: Sr. Philo Rose – Head Accountant, Sr. Jyothis – UDC, Smt. Rosily CJ - Office Attendant.

We sincerely thank each one of them for their selfless and steadfast dedication with which they have worked for the development of this institution.

A true teacher among many teachers.... We are very happy to announce the great news that Dr. JOSEPHENI JOSEPH was awarded **“SADGURU”** Award 2014 for Best Rated Teacher” instituted by University of Calicut this year. Together let’s congratulate our IQAC Coordinator, and the Head of the department of English Dr. Josephine Joseph. Iam equally happy to congratulate

our new PhD holder, Dr. KRISHNA K YATHI who was awarded Ph.D in Molecular Biology & Genetic Engineering.

Presently the college offers **14 UG Courses and 10 PG Courses**, of which the following are the additions in the year 2014-15. UG Courses -3 -B.Voc,BBA, BSW and PG Courses -2 - M.Sc Chemistry, M.Sc Botany.

It is indeed a great joy to pronounce that we are doing quite well in the overall **success rate**. The departments of Biotechnology, Computer Science and Psychology have achieved cent percentage pass and all the other departments could achieve above 75% pass.

This year **three New Teachers** have been appointed: Smt. Vandana and Smt. Sreedevi of the History Department and Smt. Rakhi Chandran of Statistics Department.

To equip ourselves with the ample strength to face the third cycle of NAAC Reaccreditation, we have constituted an efficient Steering Committee under the leadership of Dr. Josepheni Joseph. **IQAC was very** active this year with many activities: They organized NAAC sponsored National Seminar on ‘Recent Trends in Higher Education Policies: Scope and Challenges in Governance’ on 26th September 2014 and also submitted Self-Study Report to NAAC.

Something unique and worthy to talk about this year is that each and every section of St. Mary’s College like Library, Ministerial staff, various departments took initiative in conducting National and International Seminars. A One-day State Level Workshop on SPARK was organized by the Ministerial staff and UGC sponsored 2 days National Seminar on “Skills Approach to Information and Communication Technology” was organized by the Department of Library.

The **Library** has a sizable collection of resources. Our library housekeeping activities are automated with fully integrated multi-user library software working under Windows.

PTA stands as a backbone for all that is happening in the College.

They actively participated in the “Marian Monsoon Fest” organized by College, organized various innovative activities and set apart Rs. 75000 for student participation in D-Zone competition, Rs 3.5 lakhs for renovation of garden and building and they introduced mobile messaging system for sending important messages to parents.

Elder Marians conducted free Medical Camp and Reverie Cover Designing competition and Gem of St. Mary's Contest, in which Alisha Valsan was selected as the Gem.

They donated 20000/- for purchasing Plasma monitor. They also conducted a debate on "gender sensitization" and arranged a sale of seeds prepared by Botany Alumnae inaugurated by Dr. Roni Ignatius.

Alumnae of the Microbiology set up an ornamental garden – "Niravu". History Alumnae organized an intercollegiate collage competition.

SMART, the retired teachers' association members meet occasionally in the college and celebrate Christmas, Onam, and other important events. They also make an active involvement in social activities of the College.

On September 4th 2014, the **College Union Election** was conducted in the parliamentary form and on October 14th 2014, Marian Fiesta was inaugurated by Shri. Govind Padmasurya(Cine Artist). College Union hosted numerous events including Malayali Manga contest, Club FM Shoot an Idea Contest, Run Kerala Run, screening of movie DIAL-1091, a department of Kerala Police initiative. Also they ventured a screening of Short Films, monthly to create awareness among students as part of value education program.

Eleven of our faculty members Dr. T. Geetha, Dr. Manju Sebastian, Dr. Julie P Lazar, Dr. Meera CR, Dr. Dhanya KC, Dr. Mabel Merlen Jacob, Parvathy K.S, Dolly Augustine, Soumya K, ReejaKuriakose and Dr. K. Binu are involved in UGC Sponsored Minor Projects.

We have **4 UGC sponsored Add-on Courses**, 7 Skill Enhancement Programmes and 9 Departmental Certificate Courses this year.

As **an Infrastructure** expansion we have aSt. Chavara and St. Euphrasia Block with three Seminar halls and 34 class rooms. We have a new conference hall, one sick room and a rest room block.

The Governor of Kerala Sri P. Sadasivam visited our college and inaugurated an inter religious social harmony meet organized by Sathsang Thrissur in collaboration with St. Mary's College.

We have been fortunate to avail an amount ofRs.3,78,000/- from the MLA Fund of **Sri Therambil Ramakrishnan** for the installation of 10 Smart Boards in our College.

We are pleased that we could release a mp3 CD on devotional song, “Karunardram” with lyrics, Music and Narration by Rev. Fr. Starson Kallikadan.

St. Mary’s College signed an MOU with Kolazhy Panchayat to transform it in to a Child friendly one, the First ever child friendly panchayath in the state.

We also have MOU’s with

- Chethana Media Institute of Culture and Communication
- Kerala Agricultural University
- M. S. Swaminathan Research Foundation
- Wi3 Solutions
- ICON e-Solutions

St. Mary’s College witnessed a fantastic face of monsoon through **Marian Monsoon Fest-2014**. It was inaugurated by Rev. Dr. Francis Kurissery, Director Amala Medical College. Aiming at the “Student Welfare Fund”. Imbibing the true spirit of “Beti Bachao Beti Padhao” programme of Indian Government, this great event was successful in raising an adequate amount to help the little unfortunates among St. Marians.

Seminars were organized by various Departments. They are English, Chemistry, Botany, Zoology, Mathematics, Physical Education, Biochemistry, Microbiology Biotechnology and Vocational Studies.

Association Inauguration of various departments was inaugurated on time by eminent personalities.

16 National and 11 International **publications** are there to the credit of our faculty.

82 National and 08 International Paper Presentations were done by the Faculty.

The Seminars and Workshops attended by our faculty is

Seminars: National: 177

International: 19

Regional: 10

Workshop: National: 18

International: 08

In connection with **World Environment Day** a number of Programmes were conducted in various departments. They are as follows...

Economics - Save Our Earth programme The department of

Mathematics - A talk on 'Environmental Issues'

Botany - Interdepartmental paper presentation competition.

Chemistry - Essay writing competition

English - Elocution competition.

Computer Science and Applications - 'Best from e-Waste' Competition

Commerce - Poster Making Competition

Biochemistry - a Competition on innovative ideas on waste management

Biotechnology - Quiz competition

All the departments were also involved in L'aria Fresca and Swatch Bharath activities.

Exhibitions were conducted by different departments. They are Botany, Chemistry, Economics and History.

A number of Competitions were conducted by various departments.

They are:

History	Intercollegiate Collage competition
Economics	Slogan Writing Competition
	Quiz Programme
Mathematics	Quiz competition and Power point presentation competition
Botany	Interdepartmental paper presentation competition
Chemistry	Essay writing competition
Biotechnology	Quiz competition
	Elocution competition
Computer Science and Applications	'Best from e-Waste' Competition
	Lecture Contest
English	Elocution competition
	Manuscript Magazine Competition
	Wonder Woman Contest
	Magnum Opus
	Cookery Competition
	Best Journalist Competition
Commerce	Poster Making Competition
Physics	Quiz on Nobel Prize Winners

Zoology	Interdepartmental paper presentation competition
	Photography competition
Malayalam	Logo Competition
Vocational Studies	Greeting Card Competition
Management studies	'Quick Sell'
	Elocution on 'women Empowerment'

Departmental Highlights

History

- History Blog
- Budding Historian Award
- signature Campaign- 'NO WAR'
- Site visits to Mysore, Coorg, Vrindhavan Garden, Tibetan colony, To Historical sites of Kodungallur and Megalithic Sites of Cheramanangad, Ariyannoor etc.

Economics

- World Population Day and car free day were Observed
- Presentation on Budget 2014 – 2015
- Talk on Career Opportunities in Economics
- Alumnae Lecture Series.
- Invited Talk
- Quiz on Financial Literacy
- Exhibition cum sale of Handiworks

Mathematics

- Five More Research Scholars Joined For Ph.D Programme
- Three Minor projects
- M Boost- teaching basic mathematics for all
- Pathfinder- introducing famous mathematicians and scientists
- Terrace Garden of vegetables

Botany

- As a part of UN year of family farming Dr. Estelitta, Prof. in Plant Pathology, KAU, Mannuthi inaugurated the vegetable seed distribution to the students and
- Conducted a “VithieriumYathra to 25 schools around Thrissur
- Conducted Research oriented invited lecturers

Chemistry

- Celebrated Science Day by organizing a Lecture series and various Inter-Collegiate Competitions/
- **Heritage Museum** was inaugurated.
- Series of invited talks was arranged
- BSc students visited Christ Villa Poor Home, Ramavarmapuram, AbhayaSadan, Mariapuram, Madonna Special School, Potta, as a part of their CSS Programme.
- Final year BSc students visited Carborundum Universal Ltd, Koratty as a part of their Industrial visit

Biotechnology

- Conducted Blood Donation Camp in association with IMA.
- observed World AIDS Day by participating in the AIDS awareness rally conducted by Kerala State AIDS Control Society

- Bacteriological Examination of potable water collected from different localities in and around Thrissur
- Launched “BIOZEST”-a compilation of life science related articles.

Microbiology

- University Topper in M Sc- Smisha Lawrence
- Organized Bridge Course for I B sc and Journal club for PG students
- **Innovative Practices of the department-**
 - HACCP (Hazard analysis and critical control point) Training Programme
 - Cancer Awareness week
 - Awareness programme on Monsoon diseases for school students.
- **Consultancy Offered on various aspects**
 - Antimicrobial assays
 - Antioxidant assays
 - Identification of unknown bacterial samples
 - pure culture

BCA

- Release of Departmental Bimonthly News Letter 'TechFiesta'
- State Level Seminar Series 'Byteclix-14'

English

Organized International workshop on ‘Film Studies and Performing Arts’, State Level Stage Competition, Magnum Opus 2014, Interdepartmental Manuscript Magazine Competition, Interdepartmental Wonder Woman Competition, Cookery Competition, Best Journalist Competition, Drop Everything And Read (DEAR) as part of Vayanavaram, Elocution Competition, College Anthem Competition and a new initiative was launched in association with IQAC – all Wednesdays will be English speaking days.

Commerce

- Three session on FINK club activity.
- The '45th Bank Nationalisation Day was celebrated and students visited Punjab National Bank.
- A 'Career Mentoring' talk.
- Organised Savings Day Celebration

Psychology

- Environmental awareness programme- IAS Personality testing
- Intelligence and Creativity testing to school students
- Color Psychology test
- Aptitude tests
- Workshop on Stress management
- Film Exhibition on AIDS Awareness
- Visit to Ansar Hospital

Department of Languages

- Varthamathil-Exhibition of Wall Magazines
- Keralappiravi Celebration-Logo Competition
- Sanskrit Day Celebration

B.Voc

- Ms. Reena A. R. was selected as a member of B. Voc Steering Committee in the University of Calicut.
- Two Days Orientation Programme for B. Voc Students.

- Christmas Greeting Card and College Day Invitation Card designed by Department of B.Voc
- National workshop on” KAUSHAL Kendra

BSW

- Car free day celebration with -EASF
- Celebrated Independence Day in Children's Home
- Drawing Competition with Rajagiri outreach
- Street play on Cancer Day
- Survey in Kolazhy Panchayath on child status

Department of Physical Education

Our All India Inter University Championship Medal Winners are:

- Sumi George: Gold medal in Power Lifting
- Riya T.C.: Silver medal in Power Lifting
- Swathikrishna C.Nair: Bronze medal in Power Lifting
- AISWARYA K.V: Gold medal in Kho Kho
- SwathikrishnaC.Nair: Silver medal in Weight Lifting

Department of Physics

- Organized Exhibition on Family Farming
- Organized Seminar & Quiz On Nobel Prize Winners

Department of Sociology

- Conducted various Career guidance activities, Extension talks, Exhibitions and Pan Service Camps

Department of Zoology

- Establishment of Shalabha- Butterfly Garden
- Fly a butterfly – a programme for conservation of nature

Department of Biochemistry

- Provided medicines to the needy people of our locality.
- Organised in collaboration with **Roche diagnostics** a free kidney disease detection camp and awareness class
- Conducted in collaboration with Microbiology department, 2-day **National seminar on Microbes for Green Environment.**

Extension Activities

History

- Pain & Palliative Care activities
- Exhibition on Freedom Fighters at L.F College Guruvayur.
- **Postal Stamp Exhibition** for students of St. Marys School , Chiyaram

Economics

- Organised Vatsalyam – A programme for the Poor and the Needy
- Exhibition cum sale of Handiworks
- Talk on Career Opportunities in Economics

Mathematics

- Departmental free ships
- Visit to mental hospitals, old age homes etc.
- Visit to the student's home

Botany

- Cleaning and arrangement of public library books of Thrissur town library.
- One-day class and exhibition on medicinal plants to school students of Thrissur town.
- Interaction with students and teachers of St. Mary's School, Ollur on their science project 'Effectiveness of biopesticides'.

Chemistry

- **supplied medicines to the inmates of railway station colony**
- Conducted an awareness campaign to nearby locality on effective waste management.

Biotechnology

- Career guidance and campus placement for our students by a leading life science company
- Workshop for plus two students at St. Clares school, Thrissur
- Production of bio control agent.
- Well maintained Vermi compost unit for organic farming

Microbiology

- A microbiological water analysis service to the local community
- Consultancy of three doctors from different streams such as Ayurveda and Allopathy were provided to the public.
- Hair Donation programme for cancer patients conducted in collaboration with NSS and Red FM
- Awareness programme on Monsoon diseases for school students
- Cancer Awareness Programmes
- Mushroom Cultivation Demonstration and Spawn sale
- Free Medical Camp in association with Alumni

Computer Science and Applications

Organised 11 Computer Literacy workshops for different social communities like Differently Abled Children, AmmaSangham, Non-Teaching staff, Students of Govt. Nursing College, Teachers and Parents.

English

- The Department of English organized a 21 day ASAP Residential Training Programme in collaboration with Higher Education Department, Kerala
- Conducted a Workshop on ‘Communicative Skills in English and critical thinking for the students of The College of Forestry, Kerala Agricultural University, Vellanikkara.

Commerce

- Interdepartmental fair “FEMESSIONALS” – 2015
- EVENTIDE HOME:-Avisit to Christ Villa orphanage at Cheroor

Sociology

- Dr. Binu serves as a resource person and gives lectures at Kerala police academy, AMALA medical college Thrissur, IGNOU Thrissur and KILA Thrissur
- Calicut university distance education LAKSHIYA – Career outreach programme since 2013 to 5 neighboring centres of Thrissur for free PSC classes

Social work

- Street play on Cancer Awareness Day
- Independence day celebration in children’s home
- Participated in aDrawing Competition conducted by Amala Cancer Research Unit

Psychology

- Intelligence and creativity test to students of Sacred Heart L P School
- Workshop on Stress management to High School students of St Mary’s H S Ollur

St. Mary’s Square Outreach Sponsoring Project

- It’s a common outreach programme sponsored by our college □ Study kits were distributed to 40 sponsored children of chiyaram.

- Different departments take part actively in this extension programme through conducting Classes, workshops, Tour Programme and Postal Exhibition, Orientation class and Counselling. **Spiritual Enlightenment Programmes**

St. Mary's College also became a part of the celebrations that were ongoing everywhere as part of the canonization of St. Chavara and St. Euphrasia. We had many invited lectures in connection with the canonization.

We have many programmes for the spiritual enrichment of each and every member of our institution. We arrange Retreat for Staff and students, Holy Mass and Confession on every first Friday, teacher's prayer meeting on all Thursdays, Night Prayer vigil on 1st Saturday of every month, Christmas celebrations and so on.

Xavier Board of Higher Education In India

- Two of our faculty members have participated in the "Regional Meet 2014 of Kerala North Region" .
- Two of our faculty members and two students have participated in the National Youth Camp on "Role of Youth in Sustaining Family as the Abode of love and Life"

Jesus Youth

- Our catholic students participated in **TABITHA** a girl's gathering on 25th June 2014. Praise and worship session was there followed by a session by a resource person Suma George .
- We organised one campus fest
- Regular prayer meetings.
- Monthly one day campus team meetings and chat with Jesus adoration programme on second Saturdays.
- A campus cluster programme was arranged for growing value oriented spiritual leadership in Campuses.

Campus Ministry

Annual Adoration day was held for Staff and students. An Orientation class was given to PTA by Fr.FrancisKurissery, celebrated S. Chavara and St. Euphrasia days. Campus ministry members of the hostel conducted various programmes and carol song for the beggar brothers and interacted.

AICUF

The AICUF representatives participated in AICUF Campus Ministry meeting at Mount St. Thomas, Kakkanad.

Club Activities

Entrepreneur Development Club/ Creative Club

The Club has organized demonstration classes, Meet the Entrepreneur programme, and an advertising competition- Quick Sell. Exhibition cum sale 'Our Own' was organised for promoting entrepreneurship.

Research Forum

Department of Commerce and Biochemistry initiated a survey for the students and prepared a questionnaire for the same. PowerPoint presentations were encouraged for the student projects. Interdepartmental presentations are encouraged which help the students to know about Inter disciplinary areas. Student leaders of I PG conducted panel discussion, distributed e- journals to UG students.

Science Forum

Illam Nira Family Farming Exhibition was organized

Road Safety

- Organized Awareness classes on road safety measures
- Registered 6 cases in East Police

- Arranged 458 concession cards for KSRTC and private buses

Women Development Cell

- Conducted a short documentary film festival “SNEHAM” .
- Prepared a manuscript magazine named “NIRBHAYA” containing 100 articles.
- Conducted an OPEN FORUM
- Screened the film “DIAL 1091”.

Literary and Library Club

- Our blog “Ink Pot” was introduced to the new batch of students.
- A program was conducted for the remembrance of music director Sri. Vayalar Ramavarma.
- The students were encouraged to write articles on different topics.

Tourism

- Organized a CD presentation of the important tourist centres of South India.
- Conducted competitions on quiz, water colour and elocution.

DTPC (District Tourism Promotion Council) sponsored a tour for our students.

Fine Arts

MARIAN FIESTA, the college arts festival, was celebrated from 13-17th October 2014. The competition among the four groups was really tough and ultimately 'Breaking Dawn' came out as the winner. Vijitha Vijayan was awarded 'Kalathilakam' and Jwala P Prem was awarded 'Sargaprabha'. Aisha beevi was selected as the Best actress. The union also arranged a Ganamela and DJ in the college premises.

Dzone Fest

- We secured FIRST in Group Dance (F)
- THIRD in Mime
- THIRD position in Mappilapattu Solo (F) was bagged by Shahana Ruksana of III DC BCA.

- Ammu S of III DC Biotechnology secured Second position in Tamil Versification and 'A' Grade was given to Vijitha Vijayan of I DC History for Kuchupudy.

NCC

- This year for NCC the total Strength is 37.
- U.O.Alisha Valsan received the Commendation Certificate from DGNCC for the Best Cadet in India.
- NCC Cadets of our college participated in the 35th National Games as Victory Queens.
- Our NCC Cadets participated in the public awareness rally on "No Tobacco Day" and received special appreciation prize from MLA Adv. Therambil Ramakrishnan.
- Rastriya Ekta Divas rally was organized on 31st Oct.2014
- Cadets successfully completed 35 regular parade sessions.
- SGT.Amalu P.S. attended RCTC at Gwalior, UO. SupriyaSambhajiPatil attended NIC at Kozhikode and SGT.LeemaVijayan attended BLC at Kottayam.
- This year 24cadets passed the C' Certificate exam and 17 cadets appeared for the B' Exam.

NSS

- Organized distribution of tree saplings.
- Conducted a procession as part of National Blood donation Day on 1st October 2014 and St. Mary's College won the first prize.
- 179 volunteers participated in the walkathon organized by the Alpha Palliative care and NSS of Calicut University.
- NSS Volunteers Collected dresses for the Adivasis of Athirapilly
- In Collaboration with Salim Ali Foundation the vellangallur panchayath organized a big project to make the panchayath a biodiversity panchayath of Thrissur district on 20th January 2015.

As a part of National Games the NSS volunteers from our college participated in the Run Kerala Run Programme.

- NSS collaborated with ASAP to conduct an Orientation class

Counselling Centre

Counselling Centre of the College has been working incessantly to provide psychological counselling to the students and the public. About 1250 people including 600 students, 150 youth and 100 couples have benefitted from the counselling services of the main counsellor, Sr. Grace Thomas.

Career Guidance and PSC Coaching

- Lakshya, Free PSC and UPSC 3 months coaching classes give to rural youth in 5 selected centres.
- 19 students placed in TCS, Kerala Agricultural University, Kerala Water Authority.
- 208 students from 22 colleges participated in TCS Placement Programme organized in the College.
- Conducted coaching classes for PSC competitive Examination in GK and Current Affairs, Mathematics, and Reasoning for all second year students, in the College.

Sports Achievements

Our students participated in 10 events in the Calicut University Inter Collegiate Championships out of which we got first in Hockey, Yoga & Power Lifting.

- Special appreciation for Sumi George for being the strong women of Calicut University & Aparnasree Thankachan for being the Individual Champion of Calicut University Inter Collegiate Yoga Championship.

- 20 students represented Kerala in National Championships & 27 of them represented Calicut University in the All India Inter University Competitions Five of them got medals in the AIU Championship.

They are:

- Sumi George :gold medal in Power Lifting
- Riya T.C. : Silver medal in Power Lifting
- Swathikrishna C.Nair : Bronze medal in Power Lifting
- Aiswarya K.V. : gold medal in Kho Kho
- Swathikrishna C.Nair : Silver medal in Weight Lifting

Five students represented Kerala in the 35th National Games.

They are:

- Swathikrishna C.Nair : Weight lifting
- Siji t.j. : Hockey
- Anjali abraham : Hockey
- Eaby m.kaviyan : Triathlon
- Dona k.job : Triathlon

We express our heartfelt gratitude to all our facilitators for different events.

Conclusion

Proudly we present the multifaceted activities of the year 2014-15.” What we did is worthy enough but what we will do still, holds a lot of beauty”-in the words of great writer Emily Dickinson. We have sailed far out into the sea leaving behind waste lands but we are still far from the Promised Land. We sail ahead to reach out to the ultimate joy of knowledge and wisdom. By kindling the light of love, care, knowledge and wisdom in the young girls of St. Mary’s we try to build a better community and a better society and a better posterity. May Mother Mary our loving patroness, guide us to her Son and bless us all abundantly especially each and every girl who seeks her shelter under the canopy of St. Mary’s College.

