

Extension activities by NCC/NSS

2018-19

Blood donation camp in Collaboration with IMA Thrissur and NSS

A Blood Donation Camp was conducted in Collaboration with IMA Thrissur. The students actively participated in the event volunteering themselves to the venture. The camp was conducted on 12/7/2018. 100 of our volunteers participated in the programme. The students donated 62 units of blood. The event was a great success.



Volunteering in *Daffodil* for Autism children

A programme called *Daffodil* was conducted at Sri Kerala Varma College by a voluntary organization named H2O (Helping Hand Organization) aimed for the rehabilitation of children with autism. It was on 28/7/2018. 35 of our NSS volunteers spend a whole day with the special children. They associated with the program by volunteering support to the organizers by assembling students for the different competitions.

Awareness Program on Breast Feeding

World Breast feeding Week is an annual celebration which is held every year from 1 to 7 August. In Association with ICDS -NSS units celebrated Breast feeding day on 1/8/2018 at Sahithya Academy Hall. The program was organized by Integrated Child Development Services (*ICDS*) which is a government programme in India. Talks were arranged about the importance of breast feeding. Fifty of our volunteers participated in the program.



Flood Relief Activities at Peringavu

Severe floods affected Kerala during the monsoon season. It was one of the worst floodin *Kerala* history. The flood destroyed vast areas and totally disrupted habitats. It was a deep need to rehabilitate the people after the flood. Volunteers actively participated in the collection, segregation and distribution of the necessary articles for the flood affected areas along with other volunteers. A flood relief operation was held on 15/8/2018 at Peringavu, one of the worst hit areas the flood waters had risen to 12 ft. and had almost submerged all the houses.NSS Volunteers (75) actively took part in the flood relief activities in their respective areas. They helped in the cleaning, chlorinating and provided disinfectants at Peringavu.



Anganwadi cleaning at Thannekaadu Anganwadi

On 26th December 2018, 80 Students were divided into groups for the optimum functioning of the central task. Weed removal, Sweepers, Emergency Cobweb and

Furniture removal were done. Volunteers that remained after the labor division were sent to gain funds for the camp operations. Students were given gloves and masks so as to prevent them from falling ill.



Palliative care support

70 volunteers from NSS visited the palliative Care unit in Thrissur and spend few hours with the patients there on 20/06/18. The volunteers could understand the importance and relevance of palliative care units in the society.

Vaibhav survey in association with Velloor panchayat

NSS volunteers participated in a survey conducted by Vaibhav on 7/11/2018 in two Government schools at Velloorpanchayat. Seventy-two of our volunteers were participated. The volunteers informed the school's students about the dangers that exist in society for girl children and after creating awareness they took the survey for Vaibhav project of Velloorpanchayth.



Eye camp

On 21/11/2018 NSS Units with the collaboration of Drisyam Eye care conducted an eye camp in the college auditorium. On hundred and fifty of our volunteers were participated in the programme.



World Aids day, awareness campaign

On 01/12/2018 In connection with World Aids Day, our volunteers (80) conducted a Flash mob in student's corner, Thekkinkadu ground, Thrissur, to spread the awareness of ill effects of AIDS.



Interaction with AMHA Inmates

-World Disabled Day NSS volunteers (35) visited and spent half day at AMHA in connection with World Disabled Day on 03/12/2018, in order to entertain them and motivate the inmates to build up confidence and provide mental support to them. Volunteers also bought some fruits and evening snacks to them.



Organic gardening at Thannekaadu Anganwadi

40 volunteers were taken to the paddy-fields, in order to increase their awareness about agriculture. They were given a class on farming and the diseases that attack the crops along with the difficulties faced by the farmers, especially during the flood that hit Kerala in 201

8 by ex- counsellor – Sri. Gopakumar, Sri.Mohan, Sri. Vaasu. The students interacted with the farmers and padasekara committee members to understand the current scenario of agriculture and cleaned the paddy fields and public pond at Thannekaadu. Some of the students also planted a vegetable garden in the anganwadi there and painted the school wall.



Aswamedha Leprosy Detection program at Thekkumkadu Maidanam

It is a decentralized, integrated leprosy service which ensures early detection and complete treatment of leprosy. NSS volunteers (50) participated in Flash mob organized by DMO in connection with eradication of Leprosy at Students corner Thekkumkadu Maidanam Thrissur on 04/12/2018. To provide awareness among public about the ailments of Leprosy.

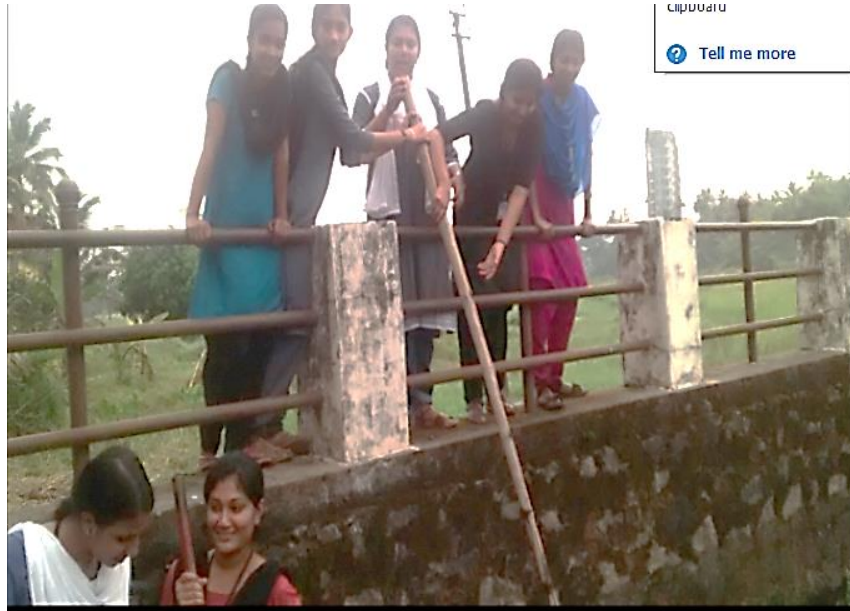
Awareness Rally on Leprosy Town Hall Thrissur

NSS volunteers participated in a rally (65) to Town hall in connection with Aswamedha Leprosy Detection program on 05/12/2018.



Pond cleaning at Thannekkad area in Thrissur

On 26/12/2018, 80 Students were divided into groups for the optimum functioning of the central task. Weed removal, Sweepers, Emergency Cobweb and Furniture removal were done. Volunteers that remained after the labor division were sent to gain funds for the camp operations. Students were given gloves and masks so as to prevent them from falling ill.



Swacchatha Mission at Ramavarmapuram Govt. Dispensary

On 30/12/2018, 30 volunteers along with the N.S.S Program Officers visited the Government dispensary, Ramavarmapuram for cleaning the vicinity. The students interacted with the authorities and learned about running of the hospital. The task of cleaning up the hospital premises was taken by the students.



Renovation of St. Francis L.P School Viyyur

30 NSS volunteers were good at drawing and painting. A task of Remodeling the campus of the St. Francis L.P School was assigned to them. On 27/12/2018 the day witnessed the students drawing and painting a variety of cartoon characters in the classrooms of the L.P School.





Distributed two Bio-bin to homes in our adopted village as a part of Green Kerala Mission

In collaboration with Haritha Kerala Mission, Our NSS units distributed Bio bin to homes in our adopted village to provide awareness about the disposal of bio waste on 5/6/2019.



Celebrated blood donation day

A blood donation camp was organized in St. Mary's college as part of the World Blood Donation Day on 14/6/2019 in collaboration with BODHI INDIA & HDFC Bank. A team of doctors and nurses from IMA was supported the camp. Hundreds of our volunteers were actively participated in the programme and thirty units of blood was donated.



Talk on Building a Green Kerala in association with Peringavu Socio-Economics Centre

80 NSS Volunteers participated in the talk on 'Building a Green Kerala' in Perangavu Socio-Economics Centre on 28/12/2018. Mr.Uniikrishnan gave a speech on Vermicomposting followed by Renukha miss who gave a speech on the importance of a Green Kerala and the need for women empowerment. This was followed by a session on the importance of the students in building a new Kerala, by Sri. Princy.member. SrimathiLekha gave the volunteers information about the association and ended her introduction by advising the students to look at everything with a positive attitude, and that we may achieve success through the path of truth and kindness.



SVEEP(Systematic Voters' Education and Electoral Participation) campaign

As a part of Parliamentary election 2019, our volunteers conducted a flash mob in Sakthan stand, Thrissur to ensure the active participation of public in the election, supported by collectorate and city police on 29/03/2019.Fifty of our volunteers were participated in the same.



Abhayam – a project for constructing house for a needy

Students under the National Service Scheme in our College have turned an epitome of social service by constructing a house for a poor family during the academic year 2018-19.



Yoga

demonstration and training for sacred heart school students on International yoga day celebration

International yoga day celebration: 51 of our cadets and NCC Cadets of Sacred Heart school performed yoga including various Asanas and meditation in connection with International Yoga Day on 21 June 2018.



Rally and public counselling to the villagers on importance of Clean India

Awareness campaign on Swachh Bharath: In Collaboration with Madakkathara Panchayath 35 NCC cadets conducted an awareness rally and public counselling on spreading awareness on Swachh Bharat on 12 October 2018



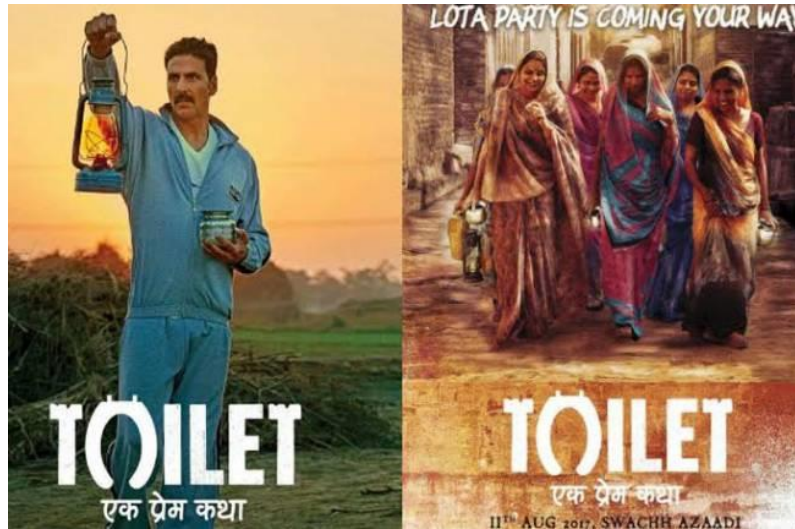
Public screening of the movie toilet, panel discussions creating awareness on health and hygiene

Movie show awareness: TOILET: EK PREM KATHA was screened in Madakkathara UP school to incite awareness to students about the necessity of sanitation and the harms of open defecation. 35 NCC cadets took part in the same on 19th October 2018.



Collection and demonstration to public on segregation of solid waste at Madakkathara village

35 NCC cadets from our college went hand in hand with the Madakkathara panchayath villagers in segregating the waste and managing it on 6th August 2018



Street cleaning, drain cleaning, cleaning of back alleys

35 cadets along with the NCC Officer actively joined the public in collecting and cleaning the streets, drains and back alleys located at Madakathara Panchayath and effectively eradicated the waste on 2nd October 2018



Making of compost pits

35 NCC Cadets imparted the awareness on the need of having proper waste management techniques to the Villagers in Madakkara Panchayathon 8th September 2018



Door to door awareness campaign on Swachh Bharat and Anganwady interaction

35 NCC Cadets went and assessed the situation of Anganwady's and made them aware about the Swachh Bharat mission at Madakkathara Panchayath on 22nd June 2018.



Students donated Blood in Blood Donation camp at City commissioner, Thrissur

Blood donation camp on commemoration day celebration: In Collaboration with City police and 15 NCC cadets of our college, donated blood for giving awareness about the importance of blood donation on June 16, 2018.



Flood Relief camp activities with Rescue and relief mission Thrissur Govt. of Kerala for 12 days

43 NCC Cadets actively participated in the relief camp set in Government Engineering College Thrissur, in collaboration with the Rescue and relief mission. The cadets effectively collected and packed the relief materials from (15.08.18-02.09.18)



Hands of help for rehabilitating flood affected families at Mulankunnathukavu

20 Cadets helped in rehabilitating families who were affected by the flood and by cleaned their houses. The cadets effectively helped them by distributing relief materials on 30 August 2018.



Cleaning of pond in Thrissur corporation

30 NCC Cadets and Botany students took part in the cleaning drive by cleaning the ponds in Thrissur corporation. The cadets were given awareness about the need to keep water bodies clean on 16th Feb 2019.





Cleaned the flood affected areas at Adaat Village

17 Cadets actively participated in cleaning houses that were gravely affected by the flood and helped them restore it to the previous state. They also helped in distributing the relief materials on 14th September 2018.



Cleaned the flood affected areas at Tholoor Village

10 cadets from our team participated in cleaning of flood affected areas of Tholoor village on 20th September 2018. They were a great mental and physical support to the villagers on rescuing themselves from after effects of flood.

