

Extension activities by NCC/NSS

2016-17

Blood donation camp

In Connection with World Blood Donor's Day, District Medical Office, Thrissur and NSS Units of St Mary's College is jointly organized District level meeting and an awareness Seminar at college auditorium on 14/6/2017. Blood Donation camp was also conducted. 100 units of blood were collected from the same.



Survey on Waste management systems:

St Mary's College and Agricultural university, Mannuthy jointly conducted a survey on "Waste management systems" in Paravattani, Thrissur on 14th and 16th July. The volunteers kept a questionnaire with them and surveyed around 600 families in the area. The volunteers interacted with natives about their waste management systems 62 Volunteers participated in the survey.



Blood donation camp

Pooram city junior chamber & NSS Units of St Mary's College Jointly organized "The centennial bleeding of Sri Tiny Francis on 1st August 2016. He donated his blood 100 th time. Blood donation camp was also held in the college on the same occasion .101 students donated blood



Cleanliness Awareness Programme

79 NSS Volunteers and PO'S SmtRakhiChandran&Vandana A B visited the adopted village on 6th August 2016.They interacted with the 65 families in the village and gave them an awareness towards cleanliness.Volunteers distributed hand wash to the 65 families and anganavadi as free cost.



Donated the harvested plantains to Pain & Palliative care

36 NSS volunteers donated the harvested plantains to Pain & Palliative care, Thrissur. NSS volunteers had maintained a vegetable garden in the limited space of our college and they planted plantain trees there. The first ever harvested plantains were given to the pain and palliative care, Thrissur. NSS programme officers Ms. Rakhi Chandran & MS. Vandana A B also participated in the programme on 9th June 2017.



Distribution of toys to the kids of kindergarten at Swapnabhoomi colony, Kolazhy.

On 10th September 2016 NSS volunteers distributed toys to the kids at kindergarten at Swapnabhoomi colony, Kolazhy. The volunteers collected new toys, pencils, scales from their friend and family circle and distributed among the children.



Construction of the road in Kolazhy Panchayath

NSS Volunteers constructed the road on 11th September under the leadership of Smt. Jessy, ward member of Kolazhi panchayat and NSS programme officers Miss Rakhi and Miss Vandana. Everyone including children joined in the construction.



Flash-mob in Thrissur Round -Theme-Blood Donation

The flash-mob of 29 NSS volunteers was conducted on 12th September 2016 as a part of the blood donation camp. The mobile blood donation camp was also under the leadership of Tiny Francis and Lions club in collaboration with IMA.



Awareness Programme of waste management

As a part of LAMPS programme Dr.D.Girija the chief coordinator of LAMPS conducted an awareness programme about waste management on 12 th September at Atthekad anghanavadi followed by a talk on “problems faced by the adolescent girls” by Dr.Midhun. 78 NSS volunteers participated in the programme



Emerging crimes in the cyber world” at Gandhi Nagar, Kolazhy

On 13 th September Cyber cell S. I. Roy.C.George gave a talk on the topic “Emerging crimes in the cyber world” at Gandhi Nagar, Kolazhi. 54 volunteers attended the same.



Programme at Thrissur Medical College

52 NSS Volunteers cleaned the renovated ward and surroundings of Mulankunnathukavu Medical College on 24 th September in collaboration with Joy Alukkas foundation.



Hands of help

On October 21st Volunteers collected food packets and distributed it to the poor people in the streets. 127 food packets were collected by the volunteers.



Flash mob to convey the message of Blood donation

NSS Volunteers conducted a Flash mob to convey the message of Blood donation at Thekkegopura Nada Vadakkumnthaan Temple. 32 NSS volunteers participated in it on 14th October 2017. It was conducted in association with blood donor's Kerala, Thrissur chapter.



Organised cultural activities for the children's of Kannara GUP School

On 14th November, In connection with Children's day celebration 25 NSS volunteers participated and performed various cultural activities like Drama games for the children's of Kannara GUP School, Pattikkad Higher secondary School. In that Programme NSS volunteers tried to give the awareness about child abuse, Cybercrime among the children and youth. NSS volunteers also celebrated the children s day by distributing sweets and balloons to the children.





Food Packets distribution to patients and bystanders in Medical College, Mulankunnathu Kavu, Thrissur

On 22nd November, In collaboration with Lions club, Thrissur 100 NSS volunteers of our college distributed food to around 123 patients and bystanders in Medical College, Mulankunnathu Kavu, Thrissur.



Antidrug awareness campaign flash mob

In connection with World AIDS Day, NSS volunteers participated in the awareness rally and they also performed a flash mob at Town hall as part of the public function on 1st December. The theme of this year was 'Hands up for HIV prevention'. The volunteers also spread the messages on its prevention through their act.



Pamphlet distribution and public awareness creation on Cashless India

Cashless India - NCC cadets distributed leaf-lets to all staff, students and public to spread an awareness about CASHLESS INDIA. It was Inaugurated by handing over the leaf-let to Principal Sr. Dr. Mariette A. Therattil. 37 of our cadets alongside a PI Staff was present during the programme. –on 13th January 2017.



Blood Donation in Blood donation camp conducted by Lion's club

Blood Donation camp was conducted by Lion's club-15 of our NCC cadets participated and give awareness about the importance of blood donation 9th August 2016.



Yoga training for sacred heart school students on yoga on International yoga day celebration

International yoga day celebration- 56 Cadets our College and NCC cadets of Sacred Heart School participated in the International Yoga Day Celebration on 21st June and performed Protocol Yoga.



Awareness against the usage of Plastic at Vimala College Thrissur

Awareness against the usage of Plastic at Vimala College Thrissur- 17 Cadets took part in the awareness drive conducted in Vimala College. The cadets were given awareness about the excessive usage of Plastic and the ways to prevent the pollution caused by it On 13th February 2017.

