



Dr. Sr. Magie Jose,
Principal

Strong roots like the banyan tree and stronger wings to conquer the world !!

Marian pulse is the real pulse of St. Mary's college. It is a journey backward to perceive the beauty, strength and achievements of our college. Our alma mater completed 71 years of excellence. This year nearly 2000 students and around 200 staffs are caring and nurturing her and are nurtured by her.

St. Mary's college aspires all students to succeed in their world. It offers a wide variety of challenging, enjoyable and successful curricular opportunities, athletic programmes, performing arts and musical programmes with various clubs and activities. It is my belief that the campus life should be the experience of a lifetime. Our college's experience sets the stage for success later in life and provides a lifetime of positive memories for our students.

All St. Mary's under the special mantle of Mother Mary, holding on to the great vision and mission of our college, with all the richness of our past and blessings from our founders and ancestors... can achieve nothing less but the very best. We are committed in taking constructive and purposeful actions to produce optimistic, independent, passionate life long learners and leaders who will bring glory to the college, state and the nation.

It is rightly said that "Two are better than one; because they have a better reward for their labour".

May we continue to give our students strong roots like the banyan tree and stronger wings to conquer the world!!!

Ranked Invention

Dr. Deepa G. Muricken and 5 students from Dept. of Microbiology participated in Yuva master mind Competition, a joint venture of Malayala Manorama, IBS with technical support by Amal Jyothy Engineering College and won third prize for our new invention "EMERGENCY WATER PURIFICATION CATRIDGE"

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MARIAN PULSE



St. Mary's College, Thrissur

"If you want something said, ask a man; if you want something done, ask a woman."

- Margaret Thatcher

St. Mary's College has been the torch bearer of knowledge for 72 years; imparting education and life skills to thousands of women from all over Kerala. It was established in 1946 and is administered by CMC educational society. The college is re-accredited (3rd cycle) with 'A' grade by National Assessment and Accreditation Council (NAAC) in 2015.

Presently the college offers 14 UG Courses and 10 PG Courses. We also have 2 UGC sponsored Add-on Courses, 11 Skill Enhancement Programmes, 11 Departmental Certificate Courses and an ASAP Foundation Course this year.

Ranked best 55th among the Colleges in India



St. Mary's College was ranked 55 among the colleges in India, in the ranking of higher educational institutions based on performance by NIRF, Ministry of human resource development, Govt. of India



Gladwino Ousjes participated in the Thal-sainik Camp conducted at Delhi and awarded Gold Medal for national level quiz competition organized for NCC cadets

New PhD Awardees

- Dr. Malathy V.M., Asst Professor (on contract) in Biotechnology, University of Mysore
- Dr. Anu P.A., Asst. Professor (on contract) in Biotechnology, M.G. University
- Dr. Sini Thomas M., Asst. Professor (on contract) in Economics, University of Calicut

Best Women's College in sports

St. Mary's is crowned as one of the Best Women College's in Kerala who excels in sports.

District Level Monitoring committee

Dr. T. Geetha has been selected as a member of District Level Monitoring committee of Shastraposhini Scheme

All India Inter University Championship

RIYA T.C. secured silver medal and REVATHY PRAKASH secured Bronze medal in All India Inter University Championship in Power lifting competition.

Social Scientist

Dr. Binu K, Department of Sociology, has been appointed as a social scientist in the Land Acquisition Board, Government of Kerala.

IQAC HUB & SOCIAL OUTREACH

Endowment Talk by Dr.Sr.Rani George

Organised 5th Dr.Sr. Rani George Endowment Lecture and Paper and Poster presentation competition for UG students on the topic 'Go Green Stay Healthy'. The lecture was delivered by Dr. T.N. Jagadeesh Kumar, Retd. Professor and Director of Students' Welfare, KAU. An expert in Solid Waste Management and Organic farming and was the Chief Consultant and Co-ordinator of the solid waste Management Project of Thrissur Corporation.

Faculty Training Programmes

- Two day faculty Development Programme on- Effectiveness in Teaching and Efficient Management was conducted led by Dr Joslet Mathew (Retd. Principal) Nirmalagiri College, Kannur.
- Orientation on Academic Quality Enhancement Initiatives and Academic Administrative Audit was organized led by Harry Cleetus, Former Principal, St Albert's College, and NAAC peer team member.
- A one day Workshop on Digital Based Learning and E-content Development was arranged for the faculty. The session was led by Sri. Anurag K G, Faculty, De Paul Institute of Science and Technology, Angamali

Mahitha Award Ceremony

In honour of Sr. Dr. Chrislin (Former Principal) the MAHITHA award will be given every year to a Woman of Merit in recognition of her services to the society and the nation. It is a matter of utmost joy and satisfaction that

the second MAHITHA award was given to Smt Bhanumathi P, Founder of Association of Mentally Handicapped Adults, Thrissur in recognition of her committed service to the under privileged in the society.



Second MAHITHA award was given to Smt Bhanumathi P

Gem of St.Mary's



Gem of St. Mary's competition was organized by the alumnae association and Ms. Sadiya Bathul II MSc. Psychology was selected as 'Gem of St. Mary's'.

Books Published



A book on Butterfly conservation written by the coordinators was released by Dr. Binoy C Babu Veterinary surgeon, state museum and Zoo.

The books Titled Flutters and Chirakazhakinu Oru Malar Veedu Authored by Dalie Dominic, A, Dr. Sr. Meena K.Chervuvathur, Dr. Regi Raphael K., Dr. Rekha K.

St. Mary's Square Outreach Sponsorship

• St. Mary's College, Thrissur has implemented a sponsorship project for the under privileged school children of St. Mary's Convent U.P. School, Chiyaram. The project aims at preparing the school children for interacting in a continuously changing world and boost their confidence through Personality Development and Skill Enhancement programmes. Students and faculty of the college visit the school and organize classes, and other programmes for the progress of the children. Financial support is also provided by the college. A MOU is signed between St. Mary's College, Thrissur and St. Mary's Convent U.P. School, Chiyaram in this regard.



• Organised a free eye camp in collaboration with the departments of Microbiology and Botany together with Vijayasree Eye hospital, Thrissur, at ST. Theresa's C L P school, Kanimangalam this regard.

Life Guidance: Pro-Life Exhibition



To enhance the moral and spiritual growth of each and every member of the institution various activities are organized. The life guidance cell arranged a one day pro life exhibition at college in association with prolife movement and social work apostolates of convent. It created awareness among students about the value of life from embryonic stage.

Social Extension

The institution has always given importance to students participation in helping the needy in the community.



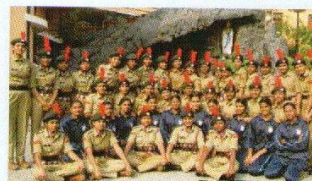
- A group of staff and students with Principal visited the Okhi affected areas like Eriyad near Kodungallur and distributed food items and clothes among the victims.
- Marian Monsoon Fest-2017, was held successfully raising an adequate amount to help the little unfortunates among St. Marians.



- Conducted hair donation camp in association with Hair Bank Thrissur.
- To commemorate the year of Mercy of the Catholic Church, the College had introduced 'Karunardram'- serving lunch to the people in the streets once in a week.

"Small acts of Service can Transform the World"

NCC: 2017-18



- Celebrated NCC Day by conducting a rally with slogans and by cleaning up Thekkinkad Round.
- NCC Cadets volunteered in the State Youth Festival held at Thrissur
- NCC Cadets of our college had created a Short Film based on the theme 'SwachhBharath'
- Participated in Marathon organised on behalf of BSF Martyr's.
- Attended a mega event "ONE MILLION GOAL" as a part of FIFA World Cup Kochio
- Our NCC cadets have successfully completed 35 regular parade sessions and ceremonial parades on Republic Day and Independence Day.
- 36 Cadets attended Annual Training Camp at Ramavarnapuram.
- CPL. Maythri Gosh and CPL AnjanaAshokan attended National Integration Camp at Varnasi.
- 19 of our cadets passed B' Certificate exam this year and 15 cadets attended B'Certificate exam this year.
- 17 cadets attended the C' Certificate exam and 17 cadets attended C' Certificate Exam this year.
- We got 100% pass in C' Certificate exam and in B'Certificate Exam all cadets got 'A' grade.

NSS UNIT



- NSS Volunteers Prepared butterfly garden in anganavadi of adopted village.
- Two NSS Volunteers actively participated in the home care treatment of palliative care unit.
- NSS Units organized a dashapushpam exhibition and also exhibited it's medicinal values.
- NSS programme officer's meet of thrissur district was conducted in the college.
- In association with salimali foundation NSS.Volunteers participated in Kootayottam for sustainable development
- Conducted a seven day Special camp
- Prepared vegetable gardens to the inmates of adopted village and butterfly garden to anganavadi's.
- In Connection with swachhbharath , Cleaning was conducted in the premises of collectorate and district Taluk Office
- Volunteers participated in the "Speak for india" debate competition organized by Mathrubhoomi and Federal Bank

Day Celebrations



- Organized a silent Procession in the campus in remembrance of **Quit India Movement**
- Blind Walk: Distribution of walking sticks to blind in association with Jubilee Mission Medical College and Project Vision as a part of **World Sight Day**. His Excellency Bishop Mar Raphael Thattil Inaugurated the program.
- Observed **World Population Day** with competitions in Essay Writing on Population and Sustainable Development . Elocution- on Human Resource Management and Poster Designing on Caring the Aged.
- On **International Day against Illicit Trafficking and Drug Abuse** street play was held in Sakthan Stand.
- International Day of Yoga** was commemorated by performing Yoga.
- Celebrated **Environment Day** on June 5th by planting trees on College ground and by conducting Inter Departmental poster making competition.
- Heart Day** was celebrated by our cadets at ThekkinkaduMaidhan.
- In connection with **World Blood Donor's Day**, district medical office and NSS Units of St. Mary's College jointly organized an awareness seminar and blood donation camp in college

Inter-state Literary Carnival

The English Department conducted an Inter -State Literary Carnival Hip Hop 2K18 and also a book exhibition in collaboration with library, to promote the literary and cultural talents of college students. 300 participants from different colleges participated in the diverse literary competitions.



Hip Hop 2K18 Inaugurated by Mr. Santhosh Echikkanam



A Library for ZMLP School by Department of English



Setting up Play Corner at Z.M.L.P.S, Kolazhy

Inter University December Fest



Department of commerce organized an Inter University December Fest- a platform for the students of various colleges to show their artistic abilities.

Workshop on Angular JS

Two day workshop on "Angular JS" associated with Acuin Global Pvt Ltd. was led by the Department of B.Voc

Photography Intercollegiate

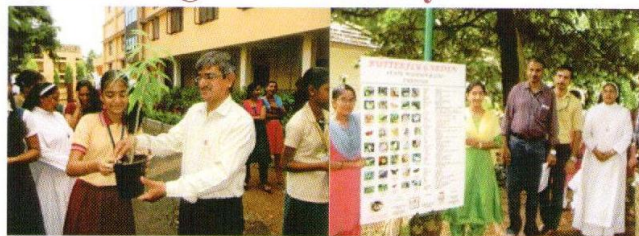
A workshop on the topic Photography intercollegiate was conducted in Collaboration with ACE Visual Media by the Department of B.Voc

Children's Science Congress



Department of Chemistry Organized District Level Children's Science Congress in association with National Green Corps Society

Enhancing Bio-diversity Gardens



Department of Botany distributed plants for enhancing Bio-diversity Gardens in Schools and also created a butterfly garden at State Museum and Zoo.



Department of Mathematics conducted three day KSCSTE sponsored National workshop on " Graph Domination and Labelling"

E-waste clearance



E-waste clearance mission- 2017 was organized by the Dept. of Computer Science and Applications

Substance Abuse

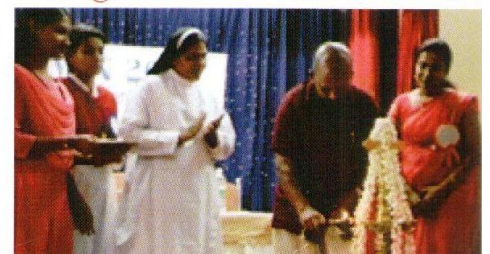
A skit on "Substance Abuse" was performed by the students of Social Work Dept, at Nenmanikkara Grama Panchayath.



Media Workshop for Professional Social workers

Department of Social Work Organize 'A Media Workshop for Professional Social workers' in association with KAPS and Mathrubhumi SEED at St. Joseph's Seminar Hall. Mr. Ratheesh Ravi, Sub Editor, Mathrubhumi, inaugurated the seminar.

Management Fest Karmin-2017



Management Fest "KARMIN-2017", a one day Intercollegiate Competition was inaugurated by Sri. Adv.V.S. Sunil Kumar (Honorable Minister For Agriculture, Government Of Kerala)

College Union 2017-18

College Chairperson: Aparna Sojan, Vice-Chairperson: Aney M.G., General Secretary: Blessy Biju, Joint-Secretary: Aiswarya M.J., Fine Arts Secretary: Safidha Nurfal, Magazine Editor: Renu Pavoo, UUC: 1) Aswathy P.S., 2) Sariga K.S., Sports Captain: Anusha S.



CELEBRATIONS



The Fine Arts Association 2017-18 of St. Mary's College, Thrissur was inaugurated by the Cine Artist Shri. Neeraj Madhav.



The Fine Arts Festival of St. Mary's college, THARANGAM 2017 was held during the first week of December 2017.



Kerala Piravi



Malayali Manga Competition



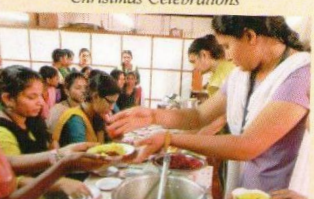
Onam Celebration



Christmas Celebrations



Principal's Day



Food Fest

RANK HOLDERS



Greeshma Das
M.Sc. Microbiology
1st Rank



Reshma K.R.
M.Sc. Microbiology
1st Rank



Surabhi V.S.
MA Applied Economics
1st Rank



Jasni V.A.
M.Sc. Biotechnology
1st Rank



Minu C. Jose
M.Sc. Computer Scienc
2nd Rank

Campus Recruitment



Many students were placed through Campus Recruitment in the academic year 2017-18

IMPORTANT RECRUITERS

• WIPRO • AXIS BANK • ICICI BANK • IDBI BANK • JAIN UNIVERSITY • WORLD MALAYALI COUNCIL • FRANKFINN • EHH

NUMBER OF STUDENTS PLACED

• WIPRO-5 • IDBI BANK-35 • ICICI BANK-37 • AXIS BANK-28

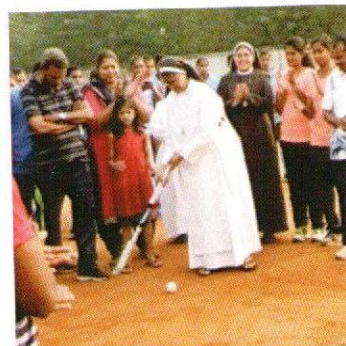
Launched Digital Library

The College Library has launched a digital library with a digital collection of rare books and palm leaves. Old question papers, St.Mary's College magazines, Publications and Dissertations of the faculty of St.Mary's College are also available

there. The library is also give services to the outside libraries and such other institutions to digitize their collection on demand. The members of St.Mary's College also can have access to the e-resources provided by the UGC INFLIBNET Centre.

Sports Achievements

- Our College team were the Champions in Hockey, Kabbadi, Powerlifting and Judo in Inter collegiate championship organized by Calicut University and also secured second position in yoga and runner up's in swimming.
- Our team were also the Champions in MARIAN CUP- All Kerala Inter collegiate Hockey championship organized by St.Mary's College, Thrissur
- Our Hockey teams were champions in South Zone Inter Collegiate Championship organized by UC College, Aluva
- Riya T.C., Anusha S, Revathy Prakash and Jyothilakshmi bagged gold medal in the Power lifting in Calicut university inter collegiate championship.
- Riya T.C., Revathy Prakash, Anusha S and Muneera M.S. represented Calicut University in the Power lifting competition in all India inter university championship
- Kavya Shanmughan, Athira Selvan, Soorya M.R. and Anjana L. represented Calicut University team in Kabadi competition.
- Our College Judo team Sanisha N.B., Binisha N.B and Johny P.K. bagged bronze medal in All India Inter University Championship competition.
- Sonika P. and Preeshma P.R. were selected to the Calicut University team for participating in the All India Inter University yoga Championship.
- Archana G., Nithina N. and Deepa R. represented Kerala in the Senior and Junior water polo swimming Championship.
- Ann Mariya T.C. represented Calicut University in the All India Inter University Championship in Weight lifting and bagged silver medal and Ann Mary secured silver medal in the Junior nationals.
- Anly Stephen represented Calicut University in the All India Inter University Championship in KhoKho and bagged second position in the competition.



"EDUCATION IS NOT PREPARATION FOR LIFE; EDUCATION IS LIFE ITSELF"