COLLEGE REPORT 2017-18

"I will give thanks to the Lord, with my whole heart. I will tell of, all Your wonderful deeds."

Ps 9:1

St. Mary's College has been, the torch bearer of knowledge for 72 years, imparting education and life skills, to thousands of women, from all over Kerala, starting as the pioneering first grade women's College, of Thrissur district in 1946. Today when we celebrate our College day, I am sure our patroness Mother Mary, with her son Jesus, is closely watching each and every activity going on here, and thus helping us to aspire for greater things in life.

The rich tradition that she is proud of, is to a great extent the product of the dedicated service, of the staff of this institution. But every year she is a sad witness to the retirement of her staff who have been a part and parcel of this College for many years. This year, we are bidding farewell to our beloved herbarium keeper Smt. Valsa Johnson, who rendered 32 years of dedicated and fully committed service to the institution. She is of a very calm personality who always puts her heart and soul into her work to attain perfection. She lives a life close to God and also strives to keep everyone around her, taste the love of god. Her retirement is going to be a great lose to our institution. I wish her a peaceful, healthy and happy retired life.

Now, to the activities and achievements of our college.

I am so proud to announce that St. Mary's College has been ranked 55th among Colleges in India, in the National Institutional Ranking Framework (NIRF) 2017 by the Ministry of Human Resource Development, Govt. of India.

Another milestone in the history of the College was the institution of Mahitha award by the PTA Staff and Elder St. Marians in the honour of the former Principal Sr. Dr. Chrislin. It is a matter of utmost joy and satisfaction that the second Mahitha award was presented to a worthy recipient Prof. Bhanumathy P, founder of association of Mentally Handicapped Adults in recognition of her committed services to the unprivileged in the society.

Our College participated in **YUVA Mastermind** Competition, a joint venture of Malayala manorama and IBS with technical support by Amal Jyothi Engg., College and won 3rd prize for our new invention, "Emergency Water Purification Cartridge"

We were crowned as the best women colleges in Kerala which excels in sports.

Rs.1,00,000 was shared by colleges who got the same overall points.

A long cherished dream of ours was materialized when we blessed the Marian Auditorium, which can accommodate all 2000 of our students at a time.

Dr. Binu K, Department of sociology has been appointed as a social scientist in the land acquisition Board, government of Kerala.

Dr. T. Geetha, has been selected as a member of District level monitoring committee, Sastra Poshini Team.

Meseys. Anu P. A, Dept. of Biotechnology, Ms. Malathy V M, Dept. of Biochemistry and Ms Sini Thomas Dept. of Economics have been awarded Doctorate during this academic year.

Our medicinal plant exhibition by Dept. of Botany in the flower show organised by Thrissur Corporation has been chosen as the best stall in the educational institutions category.

In order to extend our helping hands to the needy principal staff and NCC cadets visited the Okhi affected areas near Kodungallur and distributed grocery and other essential items.

Two months of Vacation Programs for empowerment of women were conducted at our newly purchased land and house for Jubilee Memorial Kudumbakshema Padhathi in Mission Quarters.

As a part of wetland day celebrations, sponsored by KSCSTE, Dept. of Botany and swimmers of health hub, jointly participated in cleaning a public pond at Chembukkavu, for creating an awareness about conservation of water resources.

I take this opportunity to congratulate Ms. Gladwino Ous Jes, who has won 1st prize in all India Level Quiz Competition during the Thal Sainik Camp at New Delhi.

Our sports students have made us proud by their outstanding achievements

Riya TC Secured Silver Medal and Revathy Prakash secured Bronze Medal, in the All India Inter University Championship in Power Lifting Competition.

Sanisha N. B, Binisha N. B. and Johncy P. K bagged bronze medal, in the all India Interuniversity Championship, in Judo Competition.

Ann Mariya T C represented Calicut University in the All India Inter University Weight Lifting Championship and bagged Silver Medal.

Anly Stephen represented Calicut University in the All India Inter University KHO- KHO Championship and bagged second position.

Presently the college offers 14 UG Courses and 10 PG Courses. It is indeed a great joy to pronounce that we are doing quite well in the overall success rate. We have 2 UGC sponsored Addon Courses, 1 UGC sponsored diploma course, 2 UGC sponsored advanced diploma course, 11 Skill Enhancement Programmes, 12 Departmental Certificate Courses and an ASAP Foundation Course this year.

Two of Our faculty have published books and also wrote chapters for books. year we have 30Publications and 23 Paper Presentations to the credit of our faculty. Our faculty updated themselves by attending various Seminars and Workshops.

Consultancy services are provided by various departments:

Associations of various departments were inaugurated by eminent personalities: file sent separately

The institution has always given importance to student participation in helping the needy in the community:

- To commemorate the year of Mercy of the Catholic Church, the College had introduced **'Karunardram'** serving lunch to the people in the streets once in a week. All the departments take turns to distribute more than 100 food packets to the destitute in the streets.
- Marian Monsoon Fest-2017 was inaugurated by Sri. Rafiq Ahammad, the famous lyricist and it was successful in raising an adequate amount to help the little unfortunates among St. Marians.

IQAC, PTA, Alumnae and SMART are the four pillars which support the College in all its activities.

IQAC of the College monitors all the curricular, co-curricular and extracurricular activities of the institution.

IQAC Committee meets periodically and evaluates the activities of the institution and provides necessary suggestions and guidance.

- Two day faculty Development Programme on Effectiveness in Teaching and Efficient Management by Dr. Joslet Mathew (Retd.Principal) Nirmalagiri College, Kannur
- Two day Orientation on Personality development for students by Rev. Fr. Jino Plathothattil, Director, De Seles Academy of talent Assistance, Aluva
- A one day Workshop on Digital Based Learning and E content Development was arranged for the faculty. The session was led by Sri Anurag K G, Faculty, De Paul Institute of Science and Technology, Angamali
- Redesigning of Certificate and Skill Enhancement Courses
- Uploading of AQAR 2016-17
- Orientation on Academic Quality Enhancement Initiatives and Academic Administrative Audit by Harry Cleetus, Former Principal, St Albert's College, and NAAC peer team member
- Conducted Entry Level Test for I sem UG students and prizes were awarded to the toppers in General Paper
- Organised two day Marian Monsoon Fest for Student Entrepreneurship and welfare. The fest was inaugurated by Sri Rafeeq Ahmed, Writer
- Organised orientation on MOOCs .18 MOOC courses were submitted by faculty of Different Discipline to University of Calicut
- Conducted Toppers Day to celebrate the achievement of students in University Exams. Sri Wahid, Asst Commissioner of Police, was the guest of the Day
- Organised Vth Rev. Sr. Dr. Rani George Endowment Lecture and Paper and Poster presentation competition for UG students on the topic Go Green Stay Healthy. The lecture

was delivered by Dr T N Jagadeesh Kumar, Retd Professor and Director of Students' Welfare, KAU. An expert in Solid Waste Management and Organic farming and was the Chief Consultant and Co-coordinator of the solid waste Management Project of Thrissur Corporation.

- University Level Paper Presentation Competition was organised for the faculty on topic- Go Green Stay Healthy.
- Spectrum 2018- Paper presentation Competition was conducted for UG students of the College
- Organised IQAC Student interaction
- One day Workshop for Administerial staff on Office Automation Refresher By Sri Jyothidas K S

PTA stands as a backbone for all that is happening in the College:

- Apart from PTA general body meeting and executive committee meeting, class level meetings were held regularly.
- Contributed 1000 chairs to the new Auditorium.
- Active participation in the Monsoon fest and contributed Rs 50,000 /for Student Welfare Fund Collection
- Contributed Rs 35,000/ to conduct Marian Hockey Cup.
- Contributed Rs. 75,000/ for D.Zone competition.
- Allocation of Rs. 15,000/ towards finishing school programme.
- Organised an interaction session with student council and class representatives

Elder Marians

- Conducted a talk and a demonstration class (Thumburmuzhi model) on the topic "Solid waste recycling" by Ms. Indira Gopinath (1963-64)
- Participated in Marian Monsoon fest with the sale of Amla juice, bags, soaps and degradable sanitary napkins.
- Organized Lecture Series on "Capital Market Derivatives" by Smt. Sini Thomas M, a Research Scholar.
- Conducted a talk on "Life style diseases and Remedies" by Dr. E. R Rakesh, Lecturer of International Sujok Association.
- Organised a free eye camp in collaboration with the departments of Microbiology and Botany together with Vijayasree Eye hospital, Thrissur, at ST. Theresa's C L P school, Kanimangalam
- Conducted a talk on "Trend and Pattern of Foreign Trade in India" by Dr. Thushara George, Asst. Prof, Dept of Economics, St Teresa's College, Ernakulam
- Organized a demonstration class on Mushroom cultivation by Dr. Deepa James, Teaching Assistant, College of Horticulture, Mannuthy .
- Demonstration session on "Khichdi and Beetroot salad" by Mrs. Santha Rajagopal

(Elder Marian-1975-77), the renowned host of Cookery Shows.

- Gem of St. Mary's' competition was organised and Ms. Sadiya Bathul II MSc. Psychology was selected as 'Gem of St. Mary's'.
- Cover page designing competition for "Reverie", the annual newsletter of Elder St.marians was organized
- Distributed "Health Cards" to all I DC students
- Arranged a Talk on "Family wellbeing through women health education" by Dr. Roni Ignatius (1985-87).

SMART

- The retired teachers' association members meet occasionally in the college and celebrate Christmas, Onam, and other important events.
- Make an active involvement in social activities of the College.

COLLEGE UNION AND FINE ARTS

- New College Union was elected on August 10, 2017. The college union members are Chairperson - Aparna Sojan Vice Chairperson - Ancy M G General Secretary-Blessy Biju Joint Secretary- Aiswarya M J Fine Arts Secretary- Safeeda Noufal Magazine Editor- Renu Pavoo
 Oath Taking ceremony was conducted on August 11, 2017.
- The Fine Arts Association 2017-18 of St. Mary's College, Thrissur was inaugurated by the Cine Artist Shri. Neeraj Madhav.
- The Fine Arts Festival of St. Mary's college, **THARANGAM 2017** was held during the first week of December 2017.
- College Union in association with the Department of Malayalam celebrated Kerala Piravi by organizing various cultural programmes.
- As a part of Kerala Piravi Malayali Manga competition was conducted
- College Union celebrated Christmas by organizing various cultural events and carol competition
- The College Union also celebrated Principal's Feast
- In connection with **World Environment Day** a number of Programmes were conducted by various departments
- Swachh Bharat Abhiyan (SBA) is a campaign in <u>India</u> that aims to clean up the streets, roads and infrastructure of India's cities, smaller towns, and rural areas and all the departments of this college were involved in Swatch Bharath activities.

St. Mary's Square Outreach Sponsoring Project

• St. Mary's College, Thrissur has implemented a sponsorship project for the under privileged school children of St. Mary's Convent U.P. School, Chiyyaram. The project aims at preparing the school children for interacting in a continuously changing world and boost their confidence through Personality Development and Skill Enhancement programmes. Students and faculty of the college visit the school and organize classes, and other programmes for the progress of the children. Financial support is also provided by the college. A MOU is signed between St. Mary's College, Thrissur and St. Mary's Convent U.P. School, Chiyyaram in this regard

Campus Ministry and Spiritual Enlightenment Programmes

To enhance the moral and spiritual growth of each and every member of the institution various activities are organised:

- An Orientation Programme was organised for teaching staff by Dr.Josetta, Rtd. Principal Nirmalagiri College, Koothuparambu.
- Five day retreat for all batches.
- Holy mass and confession on every first Friday.
- Rosary procession at the end of the month of October
- Feast of Mother Carmel was celebrated with an an inspirational talk by Rev. Fr Benny Kidangan and with the distribution of sweets and scapulars to all Catholic staff and students.
- Christmas message and celebrations were arranged
- A group of staff and students with Principal Dr .Sr. Magie Jose visited the *Okhi* affected areas like Eriyad near Kodungallur and distributed food items and clothes among the victims.
- A day of adoration was arranged for the Catholic staff and students of the college.
- Organised Blind Walk in association with Jubilee Mission Medical College and Project Vision as a part of World Sight Day. His Excellency Bishop Mar Raphael Thattil inaugurated the program.
- Condolence meeting was arranged on the demise of Smt. Saramma Thomas, Rtd Professor &H OD of the Dept of History
- Held a prayer meeting was held in connection with New Year celebrations.

Xavier Board of Higher Education in India & AICUF

- Participated in seminars, workshops, prayer sessions and Bible courses
- AICUF of the college organized an orientation programme for the new comers of the college.
- Dr.Mabel Merlen Jacob participated in a meeting of the Directors of Campus Ministry at

Mount St. Thomas, Kakkanad.

- Participated in the National Youth Conference at Marian College, Kuttikkanam and Priyanka Rajan Chirayath (I B Com) won III prize in the paper presentation competition on the topic 'Impact of Climate Change in the last Ten Years in Thrissur District'
- Members of AICUF visited Govt. old age home at Ramavarmapuram.

Jesus Youth

Jesus Youth is one of the active movements among Catholic students of this campus. Members of Jesus Youth support Catholic and value oriented programmes conducted in campus and took leadership for its effective establishment. They also participated in various regional and state level leadership programmes, prayer meetings, formation programmes and extension activities.

- Members of Jesus youth celebrated October month of rosary by actively participating in daily rosary at the grotto. They led the rosary procession of the College and arranged mysteries of the rosary as tableau
- Arranged a one day prolife exhibition at college in association with prolife movement and social work apostolate of convent. It created awareness among students about the value of life from embryonic stage.
- Participated in the celebration of important feast days and they organized a 25 days' spiritual preparation programme for students in association with Christmas.
- Our students regularly participated in the prayer programme conducted Every 2nd Saturday in which Jesus group members of various colleges meet at different venues and spent 3hours in prayer.
- Jesus youth members conducted prayer meetings on every Wednesday during noon interval in the prayer room

Administrative Staff

- Our administrative staff participated in State Level workshop –Effective Institutional Administration
- Two of our Administrative staff participated in a seminar. at Vimala College.
- Four of our Administrative staff participated in a State Level workshop –Effective Administration at Vimala College.
- Six of our Administrative staff along with the Principal visited Okhi affected Kodungallur to donate groceries and clothes to the needy people.
- Catholic Administrative staff attended a talk about Shekinah News Channel by Santhosh Karumathra.
- Two of our Administrative staff participated in a seminar "Workshop on Capacity Building Initiatives at St. Thomas College.
- Conducted Office Automation Refresher workshop by Sri. Jyothi Das.

Library

- Shift of library software from paid software to open source software KOHA
- Library club members were introduced to ഇ അരങ്ങ് മലയാളത്തിൻടെ ഇ മഖ by Fr. Jerin Louise and Sri Anthony Varghese
- Attended a One day State Seminar for Library attenders by Sri Humayoon Kabeer, Librarian, Govt. Arts and Science college, Kozhikode.
- Conducted Best Reader Contest

Counselling Centre

Counselling Centre of the College has been working incessantly to provide psychological counselling to the students and the public. About 1250 people including 600 students, 150 youth and 100 couples have benefitted from the counselling services of the main counsellor, Sr. Grace Thomas.

Departmental Highlights

Department of History

- Conducted a postal stamp Exhibition of "National Freedom Fighters" in St. Mary's U P School, Chiyaram in connection with the 71st Independence Day celebrations and was inaugurated by Head mistress Sr. Suba Chacko.
- Organized a drama performance enacting the play "Pattabahaki" at Konathakunnu Govt.U.P School.
- Organized a silent Procession around the college campus in remembrance of Quit India Movement
- Conducted an invited lecture on the topic "Writing Local history" by Dr.P.S Manoj Kumar.
- A talk on the topic ,"Quit India Movement" by Dr.Rajan, Former HoD of History ,Sree Kerala Varma College, Thrissur .
- Conducted an "Inter -university Extempore competition" in relation with National Youth Day.

Department of Economics

- Observed Literary Week with an oral presentation of Discipline based Journal Article reviews
- Observed World Population Day with competitions in Essay Writing on **Population and Sustainable Development.** Elocution –on **Human Resource Management** and Poster Designing on **Caring the Aged**

- An Eye Camp was held in collaboration with Drishyam Eye Care, Thrissur for all faculty and students
- Conducted a Survey on **Higher Education: Interests Among Undergraduate College Students** in Thrissur City.
- Arranged an invited talk on Organic farming A move towards Sustainable Development by Ms. Anila C, Assistant Professor in Economics , Sree Kerala Varma College, Thrissur
- Organised a **talk on Capital Market Derivatives** by Sini Thomas M
- Celebrated **International Day of Girl Child** with Skit and opinion sharing by staff and students of the College
- Organised an Exhibition of seasons greeting cards made by students to develop skills and create a sense of oneness.

Department of Mathematics

- Conducted a Three day KSCSTE sponsored National workshop on "Graph Domination and Labelling".
- Discussion on the topic "The role of women's colleges in women empowerment and protection
- Shifa K.M, attended MTTS level 0 camp at Regional Institute of Education.
- Our students participated in the Mathematics Enrichment programme at CUSAT.
- Our team secured Third prize in Intercollegiate Statistics Quiz competition organized by KSA at Vimala College.
- IV sem PG students attended one day workshop on "Basics of Real Analysis "at Vimala College.

Department of Botany

- Distribution of plants was organized for enhancing Biodiversity Gardens in Schools and was inaugurated by Dr. Ignatious Antony, Vice Principal, St. Thomas College, Thrissur.
- Created a butterfly garden at State Museum and Zoo.
- Dr. Regi Raphael K. inaugurated Biodiversity Garden of Mother Arts and Science College, Peruvallur followed by a talk on "Medicinal Plants".
- Exhibited medicinal plants in the Flower Show conducted by Thrissur Agrihorticultural Society held at Thekkinkadu ground
- Organized a talk on Vermicomposting by Dr. Mayadevi R, Teaching assistant, Dept. of Soil Science, Kerala Agriculture University
- A talk on "Medical coding and billing" by Mr. Deepak, Managing Director, Arown Academy, Thrissur.
- A talk and demonstration class on "Mushroom cultivation" by Dr. Deepa James, Teaching Assistant, College of Horticulture
- Talk on 'Wetland birds' by Dr Jain J Therattil in connection with world wetland day celebration

- A talk on the topic "Remote sensing technology" by Ms. Indu V.S, , Research faculty, KAU, Mannuthy Talk on the topic "Programmed cell death" by Dr. Ravikumar, Research Fellow, Amala Cancer Research Center.
- A demonstration class on "Tissue culture techniques" by Ms. Anusree K. Dharman, Research Scholar, UC College, Aluva
- Talk on "Taxonomic identification of Plants" by Prof. Jacob Abraham
- Visited Hitech farming institution, KAU, Mannuthy
- Organized a field trips to Athirappily and Vazhachal
- A plant collection trip to Perumala.
- A plant collection trip was conducted to Thumburmuzhi-Sholayar
- Conducted Plant breeding station visit to The College of Horticulture, Vellanikara

Department of Chemistry

Organized a two day programme in connection with Ozone day celebrations with the support of KSCSTE and DST, Govt. of India on the

Series of talks by eminent personalities for students

- Talk by Dr K K Bharathan on the topic "Solid State".
- Talk by Prof. Dr. Shaji Thomas, Federal University of Parana Brazil and interaction with Elis Angelasouzapinheiro, High Centre studies of Amazon focal theme *Caring for All Life Under the Sun*
- Federal University of Parana Brazil
- Talk by Dr. K R Janardhanan , District Coordinator of National Green Corps, Thrissur to create an awareness among students about the importance of Ozone layer and its current status
- Talk by Dr. Lisa Sreejith, Associate Professor & Head of the Department of chemistry, NIT, Calicut on the topic"Depletion of the Ozone Layer and solutions to preserve it"
- Electrical safety programme, was inaugurated by Mr.Ajithkumar.N, Electrical inspector, Electrical Inspectorate Department, Thrissur.
- Organized District Level Children's Science Congress in association with National Green Corps Society
- Talk by Dr Ramesh Kumar of National institute of oceanography in connection with <u>'</u>Kerala Rally for Science ' organized by the Kerala State Council for Science, Technology & Environment, the Kerala Sasthra Sahithya Parishad (KSSP) and the State Library Council.
- Talk by Dr Vijayaragavan, St Aloysius College Elthuruth, on the topic "Thermodynamics"
- Conducted industrial visit for third BSc students to Excel Industry Pazhayannur

Department of Biotechnology

- Conducted a talk by Saranya Mohan, Alumni, St. Mary's College on the topic-Phytoremediation in relation to the World Day to Combat Desertification and Drought.
- Organized a visit to Science Express exhibition organized by Department of Science and

Technology (DST), Govt. of India when it reached Thrissur railway station

- Established a "bottle garden" in the department as a part of World Nature Conservation Day
- Organized a visit to Alzheimer's day care centre, "Smrithipatham", Kurukkanpara, Kunnamkulam on World Alzheimer's Day,
- Organized a poster exhibition based on the theme "Caring for all life under the sun" in connection with International Day for the Preservation of the Ozone Layer.
- Attended a programme organized in collaboration with District Aids Prevention and Control Division, District Health and Welfare department on World Aids Day.
- Commemorated the 96th birthday of HarGobind Khorana,renowned Indian-American biochemist with a seminar by Prasanna R. Kovath, Assistant professor, Department of Biotechnology
- Conducted Science Popularization Programme "Swastha Sudhdhi" Sustainable, Innovative and Scientific solid waste management, supported and sponsored by
- KSCSTE and was officially inaugurated by Dr. D. Girija, Professor and Head, Department of Agricultural Microbiology, KAU, Vellanikara followed by booklet release, distribution of vermicomposting kit by Mr. K. Mahesh, Municipal Councilor, Ward no.12, Thrissur and an exhibition on various composting methods by Clean city group, Thrissur group.

Department of Microbiology

- Conducted Monsoon awareness class for NCC and Sports students
- An awareness programme on the disease *Tubercle bacilli*, was conducted with informative skit in collaboration with District TB Hospital
- Bacteriological content of drinking water and tap water samples used in St Mary's college was analyzed and report was submitted.
- Organised talk on "Life Style Diseases" (Sujok) by Ragesh sir.
- Donated 30 umbrella worth Rs. 5000/- to the Lower and Upper Primary School Students of St Mary's Convent UP School, Chiyyaram.
- Conducted a career guidance programme in collaboration with Aron Academy, regarding Medical coding.
- Conducted an Inter-University Power point presentation Competition and Quiz.
- Arranged an exhibition on "Stay Healthy in Monsoon".
- Organized an invited talk, on the topic "Liver Diseases in Women". by Dr Praveen Kumar, Govt: Medical College, Thrissur
- Conducted hair donation camp in association with Hair bank Thrissur

Department of Computer Application

- Conducted class on "Automatic traffic detection" by Sri.Shyam, as part of research project demonstration
- An Inter collegiate quiz competition-Q'zoid 2017 was held in collaboration with Computer Society of Kerala
- Conducted Gender sensitization programme by Joseph Sir, excise officer Thrissur with a

talk on 'Increasing use of drugs among students'

- DEBIAN 9 RELEASE PARTY was held and Mr.Mujeeb introduced Debian 9 with PowerPoint Presentation.
- A Quiz competition in association with NABARD was held and the program was inaugurated
- Conducted An E-waste management mission to collect E-wastes with talk on Digital Marketing by Mrs. Deepa Pillai, Asst. General Manager of NABARD

Department of English

- In collaboration with Lion's Club, Thrissur, the Department tried to create awareness in the local community on the hazards of drug addiction by staging a Street Play at Sakthan Bus stand as a part of Anti- Human Trafficking and Anti-Drug Abuse Day and S.I. A. O. Babu, rendered an Awareness Talk also
- Organized an Invited Lecture on the Topic Approach to Research in Language and Literature by Dr. C. G. Shyamala, Assistant Professor, Mercy College, Palakkad
- As part of Career Guidance activities, an Invited Lecture was organised on English Communication Skills: A Key to Better Career by Dr. J. Karthikeyan, ELT Trainer and Assistant Professor Senior, VIT Vellore
- Teachers from the Department have given ELT training to final year students of College of Forestry, Vellanikkara, Thrissur.
- Vayanavaram was celebrated by organizing a Story Telling Workshop for students of Sacred Heart English Medium L.P. School
- Organized DEAR (Drop Every Activity and Read) as part of Vayanavaram
- To instill social commitment in our students, a scheme Gift a Book and Gift a Toy was implemented. Old books and toys in good condition were collected and a Library and a Play Corner were set up in ZM L. P. school, Kolazhy, a school with limited financial and infrastructural resources.
- Organized Manuscript Magazine Competition
- Conducted Interdepartmental Journal making competition
- Research Forum and Readers' Forum meet periodically to foster research and creative skills in the students.

Department of Commerce

- Organized an inter-collegiate fest PECUNIA 2K17 as part of World Savings Day celebration by conducting various programmes like Power Point Presentation, Collage Making and Elocution .
- Organized an Inter University December Fest, DHAMAKA 2K18 conducting various programmes like Photography, Just A Minute, December Mash-Up, Solo Dance and Cake Fiesta. Competitions like D4 Dance, Just a Minute, December Photography.

Department of Psychology

• Ventured to provide motivational classes, free tuitions etc. by founding an organization, Rakshaa that acts on the motto: We Listen, We Act, We Care

- Conducted an awareness act on the topic 'Mental Health in Workplace' in relation to World Mental Health Day.
- Visited Christ Villa Poor Homes, Thrissur,

Department of Vocational Studies

- Conducted a State Level Competition in Clay modeling & Digital Painting as a part of World Animation day.
- Conducted a two day workshop on "Angular JS" associated with Acuwin Global Pvt Ltd.
- Conducted a workshop on the topic Photography intercollegiate in Collaboration with ACE Visual Mediawe
- Visited an orphanage THANALV.M.V, Kalathode, home for physically and mentally challenged children.
- Organized a program titled 'MAZHAPOLIMA' with a talk on 'Well Recharge' by Mr. Ramdas K (DRHM)
- Conducted a Special YOGA Performance in connection with the International Yoga Day.
- Visited Toonz Animation India PVT LTD, Techno Park, Thiruvananthapuram.
- As part of vist to Industry visited to UST Global, Techno Park, Thiruvananthapuram.

Department of Social Work

- A street play was performed on the topic "Cancer" to create awareness among School children, at DBCLC, Bishop House, Thrissur
- Crime Mapping was conducted at Kolazhy Grama Panchayath.
- Observation Visits to various Social work organizations such as Child line, Christina Home, Mahila Mandiram, Children's Home, Observation Home and Ashabhavan.
- A series of talks on "Suicide Prevention" in collaboration with Jubilee Mission Medical College, Thrissur. were conducted by Dr. James Antony, Dr. Neethi Valsan, Dr. Merin and Mr. Abdul Rahman.
- Conducted an essay competition on the topic "Demonetisation"
- Organized 'A Media Workshop for Professional Social workers' in association with KAPS and Mathrubhumi SEED at St. Joseph's Seminar Hall. Mr. Ratheesh Ravi, Sub Editor, Mathrubhumi, inaugurated the seminar.
- A field survey was carried out by third year BSW students among tribal graduates in association with Swami Vivekananda Medical Mission Hospital, Attappadi.
- Conducted a class on GPS as a part of State level District Panchayath Asset Mapping programme at Chavara Seminar Hall. Mr. Vinod Kumar, District Panchayath Superintendent, Ayyanthole, Mr. Anoop, Software Technician, Collectorate, Ayyanthole took the sessions
- A flash mob on "Waste Management" and a skit on "Substance Abuse" was performed students at Nenmanikkara Panchayath.
- Conducted a class on ' Innovative Ideas on Social Projects' at St. Mary's Community Extension Centre, Thrissur. Mr. James, Director, "Creative I", Mr. Saijith, Assistant

Professor, Christ College, Irinjalakuda handled the sessions.

- In connection with 'Jalanidhi Project', "Shreyas" Social Action, Wayanad and NABARD conducted surveys on "Water availability to the Farmers", "Crop Management"
- As a part of Help Desk activities of our college, students took survey on 'Medical issues and Scholarship Availability' in Mayilippadam, Thrissur
- In collaboration with AVARD, Chalakkudy, a survey was conducted on 'Aadugramam' Project
- Conducted eye camp in association with Shreyas. Wayanad and ASSO, Attappadi with the help of Ahalya Hospital.
- Organized"Karshaka Sammithi Parisheelana Paripady" on various government grants at Attappadi, in collaboration with NABARD and Swami Vivekananda Medical Mission Hospital
- Conducted various awareness classes on the topics, Substance Abuse, Cancer, Crop Management among communities at Kolazhy Grama Panchayath, Kodakara Panchayath, Kadukkutty Panchayath, Aloor Panchayath, Wayanad, Chalakkudy and Attappadi.
- Financial aid for Cancer patients and orphanage children
- Library Renovation was conducted as part of College Community Extension Programme at Kolazhy Panchayath with the help of Library of St. Mary's College, Thrissur. Department of Management Studies
- Visited St. Joseph's old age home, Pullazhi
- Conducted collage making competition
- Organized an industrial visit to Anna Aluminum factory at Kizhakkambalam, Aluva and Kitex Garments Ltd.

Department of Sociology

- 3 PAN service Camps were conducted for 189 students and 10 Administrative staff.
- Organized extension talks
- Free PSC and Career Guidance coaching classes were organized by Lakshya in Villadam Church, Mukkattukara church and Vilvattom Co-operative Bank, Cheroor .
- Organized a State level intercollegiate debate competition, in association with Marhrubhumi SPARK -2017.
- Conducted a talk for PERSONALITY DEVLOPMENT AND CAREER GUIDANCE for SPC CADET at Guruvayoor
- Conducted a Personality Development and Motivational talk for Librarians of Thrissur District

Department of Zoology

- A butterfly garden has been established in the State museum and zoo for the popularization of butterfly conservation and for creating public awareness.
- The best butterfly garden award contest for Habitat restoration and Butterfly Conservation, A home for the Tender wings- Indigenous Butterfly Conservation and Habitat Preservation" was conducted as a part of Science Popularization Programme

- A book on Butterfly conservation written by the coordinators was released by Dr. Binoy C Babu Veterinary surgeon, state museum and Zoo.
- Release of book Chirakazhakinu Oru Malarveedu on butterfly gardening
- Distributed butterfly plants to 27 schools
- A session on proper disposal of solid waste was organized in which convenor of Clean City Group Smt Sheeja interacted with the students.
- Indigenous Fish Exhibition Conducted
- Ornamental Fish Exhibition And Sale Conducted
- Conducted Butterflies of Kerala photography Exhibition and class on butterfly conservation at St Pauls Public School
- Organised Class on wetland birds by Dr Jain J Therattil, Assistant professor St. Aloysius college
- Conducted Wetland bird watching
- Organised Class on fish diversity of Kole wetlands of Thrissur by Swapana Johny, Assistant professor Little Flower College, Guruvayoor
- Organised Class wetland conservation by Sindhu N V, Assistant professor Vimala college

Department of Physical Education

- All Kerala Hockey tournament- MARIAN CUP at sports land was Inaugurated by ShriWilsonV.A,Commandent,KAP.
- Celebrated Inter National Yoga day
- Conducted Calicut University Hockey Championship and Kabbadi championship at Sports Land.
- Organised Calicut University Yoga Championship.
- Organized a booklet exhibition on Women's world Cup 2017.
- In Connection with National sports day our college and dist. Sports council jointly organised a friendly hockey match and it was inaugurated by Shri.Vincent Katookaran, President, Dist. Sports Council, Thrissur

Club Activities

Entrepreneurial Development Club

- The activities of Entrepreneurial Development Club was inaugurated by Sri Saji S., Deputy Director, District Industries Centre
- A one day Entrepreneurial Awareness Programme was organised in collaboration with District Industries Centre
- A Demonstration session cum hands on practice on preparation of liquid toilet cleaner was arranged for the students by Sri Linto C V, Faculty, Commerce Department and marketed under Brand name Clean Wiz
- Our Own Exhibition cum sale of handicraft items, fruit juices, processed food and Organic vegetables prepared and cultivated by students.
- Organised a Competition "Design An Ad" to inculcate skill in marketing

- Our faculty members Jisha V. P., Shemy Varghese and Fiji Francis attended Faculty Development Programme on Entrepreneurship conducted by KITCO at Vimala College Literary Club
- Literary club of St Marys college was inaugurated by renowned writer Sangeetha Srinivasan who delivered a talk on creative writing

Library Club

- The club members were introduced to e-arangu malayalaththinte e-mukham by Fr. Jerin Louise
- Activities in library club include, Reading literary pieces, discussing literary issues, reciting poetry, watching movies on classic literature etc.
- Organized 'Meet the writer programme' with eminant poet Sri Varghese Antony and conducted best writer contest

Music Club

- Club was inaugurated by Smt. Manju Warrier
- Club Members participated in Dr. APJ Abdul Kalam Memorial Cultural Competition and M B Sreenivasan Memorial Music Programme
- Music Club and College Union 2017-18 jointly conducted an interdepartmental Carol Song Competition

Career Guidance Cell

- Organized quality based enhancement programs like personality development, interview techniques, etc.
- In collaboration with Jain University, Bangalore conducted a career discovery and guidance session by Prof. Abraham Philip and Prof Manvendra Sharma
- Conducted recruitment drives by WIPRO and IDBI, TVS Training & Services and conducted District career guidance programs
- Organized orientation classes by Frankfinn Institute of Air Hostess and EHH
- Organized a Seminar in association with CMA Thrissur chapter on "CMA the opportunity and scope" by Dr.Mayil Murugan
- Through campus recruitment, 37 of our students were placed in ICICI Bank, 35 in IDBI Bank, 28 in AXIS Bank, 5 in WIPRO, and 3 through PSC

Blood Donors Forum

• The blood donors' forum was inaugurated by Smt. Praseetha, Consultant Dietician, Daya general hospital and organized a voluntary blood donation

Bhoomithra Club

- Conducted competitions on intercollegiate powerpoint presentation and poster making and Organized an exhibition-cum-sale on Organic farming.
- Dr.Rekha K participated in State level training programme organized by DECC, Govt. of

Kerala held at Thiruvananthapuram

• A training programme was held by Immowse Training Centre, Viyyoor on making Paper files and paper pen.

Research Forum

- Our research scholars were very active this academic year and they presented papers in National and state level seminars.
- Dr.Parvathy K.S.was a resource person for three seminars

Planning Forum

- The activities of Economics Association and Planning Forum was inaugurated by Dr Vimala M.
- Arranged an invited talk by Dr Thushara George on Trend and Pattern of Foreign Trade in India, Released Manuscript Magazine entitled 'Third Eye', observed Human Rights Day with procession and Tableaus and Organised Poster Exhibition entitled Rising Kerala

IT Club

- The ITclub was inaugurated by Smt.SareenaRose, with talk on 'ARTIFICIALINTELLIGENCE IN ACTION'
- Conducted on field awareness programme 'BODHI-2017' as part of e-waste clearance mission.

Red Ribbon Club

- Red Ribbon Club in association with Department of Biotechnology organized an invited talk on HIV by Mr. P.K. RAJU
- National Youth Day was observed on 12th

Tourism Club

- conducted discussion on Current Environmental Issues in connection with World Environment Day.
- Organized Invited talk by Smt. Celine P C on 'Eco- Tourism'.
- A quiz competition on awareness about World Tourism
- An elocution competition on 'Responsible Tourism'.
- A pencil drawing competition on 'My Village'.

Archeology Club

• Organized a visit to Sakthanthampuran Museum

Quiz Club

- Conducted St. Euphresia Quiz in collaboration with St. Euphresia pilgrim centre.
- Organised General quiz
- Participated in various quiz programmes

NCC

• NCC cadets Celebrated International Day of Yoga, Environment Day, Heart Day and NCC Day with various activities

- They volunteered in the State Youth Festival held at Thrissur and had created a Short Film based on the theme 'SwachBharath'
- Poster Making, Essay Writing and Speech Competition were held related to SwachBharath. Students participated in Marathon organised on behalf of BSF Martyr's.
- 36 Cadets attended Annual Training Camp at Ramavarmapuram.
- CPL.Maythri Gosh and CPL AnjanaAshokan attended National Integration Camp at Varnasi.
- We got 100% pass in C' Certificate exam and all cadents got A grade in B' Certificate Exam

NSS

• NSS Units conducted Inter Departmental poster making competition in connection with environmental day, Prepared butterfly garden in anganavadi of adopted village, Volunteers actively participated in the home care treatment of palliative care unit, organized a dashapushpam exhibition, in association with salimali foundation Volunteers participated in Koottayottam for sustainable development, distributed Handwash, Conducted a seven day Special camp, Cleaning was conducted in the premises of collectorate and district Taluk Office in connection with swatch bharat, participated in the power point competitition organized by Govt arts College, organized an awareness seminar and blood donation camp in association with district medical office

• NSS programme officer's meet was arranged at our College,

Sports Achievements

• Our College team were the Champions in Hockey, Kabbadi, Powerlifting and Judo in Inter collegiate championship organized by Calicut University and also secured second position in yoga and runner up's in swimming.

• Our team were also the Champions in MARIAN CUP – All Kerala Inter collegiate Hockey championship organized by St.Mary'sCollege,Thrissur

• Our Hockey teams were champions in South Zone Inter Collegiate Championship organized by UC College, Aluva

• Riya T.C., Anusha S, Revathy Prakash and Jyothilakshmi bagged gold medal in the Power lifting in Calicut university inter-collegiate championship.

• Kavya Shanmughan, Athira Selvan, Soorya M.R. and Anjana L. represented Calicut University team in Kabadi competition.

• Sonika P. and Preeshma P.R. were selected to the Calicut University team for participating in the All India Inter University yoga Championship.

• Archana G.,Nithina N.and Deepa R. represented Kerala in the Senior and Junior water polo swimming Championship.

• Anly Stephen represented Calicut University in the All India Inter University Championship in KhoKho and bagged second position in the competition.

CONCLUSION

The College has been marching forward with grit and determination to meet the challenges imposed by globalization and information technology revolution in the society. She has equipped herself with modern technological advancements in order to educate the new generation of digital natives.

No institution can prosper without the active participation of all the stake holders. Hence I take this opportunity to thank all the stake holders - teaching and ministerial staff, parents, elder St. Marians students and all the well-wishers for sustaining and enhancing the quality of this institution.