

# COLLEGE REPORT 2016-2017

St. Mary's College has been the torch bearer of knowledge for 71 years; imparting education and life skills to thousands of women from all over Kerala. Like a phoenix, she rose from the ashes of Pre- degree delinking to soar high and reclaim her glorious status as the pioneering and prestigious institution of higher education for women in Thrissur district.

The rich tradition that she is proud of is to a great extent the product of the dedicated service of the staff of this institution. But every year she is a sad witness to the retirement of her worthy staff who have been a part and parcel of this College for many years. This year we are bidding farewell to our beloved Vice- Principal Sr. Mareena, Department of Chemistry, who has proved that academic and administrative capacities need not be formal and official but can be more productive through personal interaction. She exudes a motherly concern and love towards her students and staff at all times. In addition to the ten significant years she spent at St. Mary's College, she has a meritorious service record of sixteen years at Vimala College. On this occasion let me place on record the deep gratitude and indebtedness that the CMC Management has towards Sr. Mareena for her sincere commitment to the cause of higher education.

St. Mary's college has been the recipient of many awards and accolades over the years and one more laurel was added to her collection when Sr. Dr. Chrislin, the former principal of the college won the AIACHE Best Principal Award. She received this prestigious award at the Golden Jubilee Celebrations of the AIACHE.

Another mile stone in the history of the college was the institution of the MAHITHA award by the PTA, staff and Elder St. Marians in honour of the retiring principal Sr. Dr. Chrislin. The MAHITHA award will be given every year to a Woman of Merit in recognition of her services to the society and the nation. It is a matter of utmost joy that the first MAHITHA award was presented to a worthy recipient, the former district collector of Thrissur, Smt. M. S Jaya I.A.S.

St. Mary's College received Consumer Protection Award 2016-17 from Honourble Minister for Agriculture, Adv.V. S. Sunilkumar.

We received special appreciation from the Centre for Environmental Education and Rural Development, St. Stephen's College, Uzhavur for our valuable services towards the promotion of environmental education, protection and conservation in the state of Kerala.

The dedication and sincerity of the teaching and administrative staff is our foundation.

Their ceaseless and selfless dedication contributes invaluable service. Our faculty members regularly update their knowledge and improve skills in teaching.

Dr. Binu K of the Department of Sociology was conferred Vivekananda Puraskar 2016, instituted by Sewabharathi Anchal Kollam for his contribution teaching, research and extension.

Dr. May Flower K. A of the Department of Hindi was awarded Youth Translators award for her translation of ten stories from various languages.

Lt. Anu D Alappatt, Dept of Physical Education was conferred the VANITHRATNAM award by JCE Thrissur.

Ms Jaisie, Department of Malayalam, Ms Sudha E, Department of Chemistry and Ms Sajitha K. L., Department of Biotechnology have been awarded Doctorate during this academic year.

Dr. Sr. Magie Jose of the Department of Mathematics chaired a session in one International Seminar and two National Seminars.

Dr. Deepa G Muricken of the Department of Biochemistry was selected as Board of Studies member of Biochemistry, University of Calicut and she is appointed as academic advisory board member of Biotechnology department, Sahrudaya College, Kodakara.

Our student Athira V. P. of II Bsc Microbiology received Karshakasree Award in Marian Agri Fest an initiative of the College.

Our college achieved international acclaim when Muneera M.S. of our college represented India in the Common Wealth Weight Lifting Championship at Malaysia and secured bronze medal.

We organized Marian Cup Hockey Tournament in our Sports land. Four teams participated in the event and we became the winners.

I take this opportunity to congratulate Ms.Aparna Eswar for scoring 100% in all the subjects in B.Sc.Mathematics.

Now to the major activities of our college during this academic year...

Online Digital Library was installed with the assistance of MP fund and was inaugurated by Honourable MP, Sri. C. N. Jayadevan.

Digital inauguration of our College Sports Land and inauguration of Environment Day celebration was carried out by Honourable Minister for Agriculture, Adv.V. S. Sunilkumar.

Karmin 2016, a business fair expo was inaugurated by Honourable Minister for Power and Devaswom, Sri. Kadakampally Surendran.

District Level School Eco-Club Teacher's Workshop organized by KSCSTE and the Department of Chemistry was inaugurated by Honourable Minister for Education, Prof. C. Raveendranath.

A two day National Seminar on "Habitat Restoration and Butterfly Conservation" organized by the Department of Botany was inaugurated by District Collector, Dr. A. Kowsigan IAS.

Students are provided with the best and latest infrastructural facilities which includes well equipped Labs, Smart Class rooms, Digitalized Library and Hostel facility.

Presently the college offers 14 UG Courses and 10 PG Courses. It is indeed a great joy to pronounce that we are doing quite well in the overall success rate. We have 3 UGC sponsored Add-on Courses, 10 Skill Enhancement Programmes, 11 Departmental Certificate Courses and an ASAP Foundation Course this year.

**6 Seminars** were organized by various Departments and Associations of various departments were inaugurated by eminent personalities:

15 Publications and 62 Paper Presentations are there to the credit of our faculty.

Consultancy services are provided by various departments:

Our faculty updated themselves by attending various Seminars and Workshops.

The institution has always given importance to student participation in social needs:-

- To commemorate the year of Mercy of the Catholic Church, the College had introduced '**Karunardram**'- serving lunch to 100 people in the streets once in a week.
- **Marian Monsoon Fest-2016** was successful in raising an adequate amount of 1 lac to help the little unfortunates among St. Marian. All the staff and students, PTA , Alumnae, SMART took active part in it .
- **Thanal** : Free stitching training was provided by the college to the general public with the intention of women empowerment.
- **Sparsam** : A program of donating 16 smart canes to blind people, the fund raising was solely from staff and students.

IQAC, PTA, Alumnae and SMART are the four pillars which support the College in all its activities.

IQAC of the College monitors all the curricular, co-curricular and extracurricular activities of the institution. IQAC Committee meets periodically and evaluates the activities of the institution and provides necessary suggestions and guidance.

- Invited Lecture on Project Funding and Research Culture by Dr Mani K P, Prof & Head, Department of Economics, University of Calicut.
- An entry level test was conducted for 1<sup>st</sup> degree students to examine their general ability and ability in core discipline.
- Organised the III<sup>rd</sup> Marian Monsoon Fest for student entrepreneurship and welfare .The fest was inaugurated by Sri. Balachandran Chullikkad, Film actor, lyricist and Malayalam poet.
- Topper's Day Celebration was inaugurated by Dr Mary Regina F, Associate Professor, Kerala Agricultural University.
- A one day orientation programme in Communicative English by Sri Sunny Varkey was arranged for the faculty.
- Conducted the IV<sup>th</sup> Sr. Dr. Rani George Endowment Lecture and National Level Paper Presentation Competition.

**PTA** stands as a backbone for all that is happening in the College:

- PTA General Body meeting was held on 22-10-2016 and Sri R V Ramakrishnan was re-elected as Vice President of the PTA
- 8 PTA Executive Committee meetings were held
- 21 departmental level PTA Meetings were organized
- Contributed Rs 4.5 lakhs towards renovation of College
- Orientation to parents of I<sup>st</sup> DC students

- Collection of Rs 22,600 through food fest and sale of Christmas cakes towards student welfare fund

### **Alumnae**

- Organised talks on various topics:
  1. Medicinal uses of pulses by Alumnae.
  2. Medicinal importance of Amla by Dr. Varsha, Oushadi Pancha Karma hospital, Thrissur.
- Organised a talk on Fortification of Health Drink by Dr K S Rajithan, Superintendent of Oushadi Pancha Karma hospital, Thrissur.
- Organised Alumnae Lecture Series, on Indian Agriculture: Trends and Challenges by Smt.Sini Thomas M. (BA Economics 2005-2008) II<sup>nd</sup> Rank holder , pursuing research in University of Calicut .
- Three members of Alumnae Ms. Risa Paulson, Ms. Merin Rajan, Ms. Deepika V. provided enabling classes to the MA Applied Economics students, for Three days.
- Mrs. Santha Rajagopal, Alumna renowned host of Cookery Shows conducted demonstration session for the students.
- Extension Talk on Medicinal plants for parents by Dr. Roni Ignatius at St. Mary's U P school, Anjeri
- Sponsored an amount of Rs 25000/- for setting Aviary and Aquarium( Ornamental Fishes and aquatic plants for setting aquarium) at Carmel Mount Special school, Mullurkara
- Organised an awareness class on “Women’s Health – Nation’s Wealth” by Dr. Roni Ignatius.
- Distributed of health card for I DC students.
- Gem of St. Mary’s competition was organised
- Contributed an amount of Rs. 30000/- towards instituting scholarships for the student achievers of the department of BBA and BSW
- Organised a free eye camp in collaboration with the departments of Microbiology and Botany together with Vijayasree Eye hospital, Thrissur, at St. Mary’s CBPS, Kottekkad
- Cover page designing competition for “Reverie”, the annual newsletter of Elder St.marians was organized
- Haemoglobin determining camp for IDC students
- Dr. Deepthi, Gynecologist, West fort Hospital, Thrissur, consulted the needy students of 2013- 17 batch based on Health card distributed.

### **SMART**

- The retired teachers’ association members meet occasionally in the college and celebrate Christmas, Onam, and other important events.
- Make an active involvement in social activities of the College.

- Organized an elocution competition on the topic Availability of fresh water in Kerala ‘with a cash prize of 3000/-,2000/-&1000/-

### **College Union and Fine Arts**

- New College Union was elected on October 20, 2016, Oath Taking ceremony was conducted on 21<sup>st</sup>, Dr Praveenlal, Principal of JM Medical College was the chief guest.
- The Fine Arts Association 2016-17 was inaugurated by the Cine Artist Shri. Asif Ali.
- The fine arts competition **ADHVAYA 2016** was held during the first week of November 2016.
- As part of *Onavirunnu* 2016 the students participated in the Thiruvathirakali competition organized by Malayala Manorama and Sobha City at Sobha Mall and won the third prize in the competition and received Rs.7500/- as cash prize.
- Ms. Beleza 2016 competition conducted by union members and Ms. Aleena Rose Franklin was the winner.
- Conducted an intercollegiate Carol Song Competition, Christ College IJK was the winner.
- College Union in association with the Department of Malayalam celebrated Kerala Piravi by organizing various cultural programmes.

In connection with **World Environment Day** a number of Programmes were conducted by various departments:

All the departments were also involved in **L’aria Fresca and Swatch Bharath** activities.

### **St. Mary’s Square Outreach Sponsoring Project**

- St. Mary’s College, Thrissur has implemented a sponsorship project for the under privileged school children of St. Mary’s Convent U.P. School, Chiyaram. The project aims at preparing the school children for interacting in a continuously changing world and boost their confidence through Personality Development and Skill Enhancement programmes. Students and faculty of the college visit the school and organize classes, and other programmes for the progress of the children. Financial support is also provided by the college.

### **Campus Ministry and Spiritual Enlightenment Programmes**

To enhance the moral and spiritual growth of each and every member of the institution various activities are organised:

- An Orientation Programme of 3 days was organised for teaching and ministerial staff.
- Five day retreat for all batches of students were organized.

- Holy mass and confession on every first Friday.
- All Catholic teachers gather in the prayer room at 12:00 Noon on every Thursday for praying the rosary.
- All Catholic students and ministerial staff also conduct rosary on allotted days.
- On the 31<sup>st</sup> of October there was a rosary procession.
- Carmel Day was observed.
- Christmas message and celebrations were arranged.
- As a part of the life guidance programme, the college has conducted two-day seminar for the final year students.

### **Xavier Board of Higher Education in India & AICUF**

- Staff and students participated in seminars, workshops, prayer sessions and Bible courses held at various centres.
- Two of our faculty members have participated in the “Regional Meet 2016 of Kerala North Region”.
- Two of our faculty members attended the Major Archiepiscopal Assembly held at Mount St. Thomas, Kakkanad.

### **Jesus Youth**

Jesus Youth is one of the active movements among Catholic students of this campus. Members of Jesus Youth support Catholic and value oriented programmes conducted in campus and took leadership for its effective establishment. They also participated in various regional and state level leadership programmes, prayer meetings, formation programmes and extension activities.

- Jesus Youth members actively participated in all Catholic activities of the college and took leadership in many programmes.
- Celebrated important feasts and Christmas in the campus under the active leadership of Jesus Youth members.
- Weekly prayer meetings in the prayer room on Wednesdays.
- Members prepared different attractive charts from December 1-23 and kept them in front of the grotto to motivate students to do some practical activity and prayer in preparation for Christmas.
- One day prayer meeting “SHEKINAH” was organized.

### **Administrative Staff**

- Our administrative staff participated in the different workshops held at St. Thomas College, Thrissur.
- Conducted an orientation program “Cashless Economy and Digital Payment” by Catholic Syrian Bank Thrissur.
- Organised a talk on Digital Banking by South Indian Bank.

- Three of our administrative staff participated in IQAC National Seminar on Academic and Administrative Audit for Quality Enhancement at St. Joseph's College, Irinjalakuda.
- Attended a one day training program for administrative staff of Aided College for Effective Office Administration at Farook College, Kozhikode.
- Organised a state level workshop on "Effective Administration" in which about 20 Colleges participated.

## **Library**

- Organised a talk by Dr. A.T. Francis, Librarian, Kerala Agricultural University, Mannuthy for the PG students on the topic Information Retrieval for teaching and Research.

## **Counselling Centre**

Counselling Centre of the College has been working incessantly to provide psychological counselling to the students and the public. About 1250 people including 600 students, 150 youth and 100 couples have benefitted from the counselling services of the main counsellor, Sr. Grace Thomas.

**WWS and SSP** are two new initiatives in Higher Education under Directorate of Collegiate Education, Trivandrum. Scholar support program (SSP) is designed to improve the learning capacity of students and equip them in acquiring additional knowledge. The objective of this program is to provide additional mentoring classes for elected students of 5 different departments of our college. It was started in our college in 2014 and now we have 150 students. The programme is found to be very effective and useful for the students, in addition to the regular mentoring classes they have various additional advantages like study materials and useful external mentoring classes for personality development and career building.

## **Departmental Highlights**

### **Department of History**

- Organized a debate on the topic "**Need for a balance between development and environment: with special reference to Athirapilly Electric Power Project**".
- Organized a talk on Career Opportunities in History which was delivered by Dr. E Kumar, retired faculty of University College, Thiruvananthapuram.
- The Department of History and Physical Education organized an exhibition on "**A Voyage through the History of Olympics**".



- Organized a candle light procession with a peace music in connection with Hiroshima-Nagasaki Day
- Conducted an extension programme at Govt H.S.S Perumbillisseri, and Govt. Model Boys School, Thrissur.
- In Connection with the 70<sup>th</sup> Independence Day celebrations, conducted an Exhibition of postal stamps of “National Freedom Fighters” at G.U.P.S Konnathakunnu, Vellangallur.
- Conducted a National seminar in collaboration with Archaeological survey of India ,Thrissur circle
- Organised a research oriented talk by Prof. K. Rajan Victoria College Palakkad.
- An exhibition ‘MAMA KERALAM ARIVADAYALANGAL’ was inaugurated by Prof.T.R.Venugopal in connection with the 60<sup>th</sup> year of Kerala Piravi.
- Release of a book published by Department of History – ‘MAMA KERALAM ARIVADAYALANGAL’

### **Department of Economics**

- Celebrated Readers Week with a Literary Quiz competition.
- Observed World Population day with Competitions in Essay Writing, Elocution and Poster making relating to the year’s theme of Investing in teenage girls.
- Arranged an invited Lecture on Statistical Tools for Social Science Research by Dr Rani Sebastian, Asst Prof, Dept of Economics, St Thomas College, Thrissur to inculcate research culture.
- Alumnae Lecture Series was organised on different relevant topics.
- As part of Meet the Entrepreneur programme, Ms. Rema Devi of Good look Beauty Parlour and Ready Wear gave an enlightening session.
- Conducted a survey on Financial Inclusion –A Comparison between Rural and Urban Kerala
- Organized an exhibition on the topic ‘Environment Vs/And Development.
- Organized a one day workshop – ‘Keep the Earth Alive’ in collaboration with CMFRI, Kochi.
- A review and discussion on the Union Budget 2017-18 and possible outcome was discussed.

### **Department of Mathematics**

- Conducted Rosary making competition among five batches of students of the Department
- A special appreciation was bestowed upon Ms. Aparna Eswar for scoring 100% in all the subjects in B.Sc.Mathematics.
- Marian Research Centre for Mathematics conducted a workshop on Latex for research scholars by Dr. Anjaly Kishore, Assistant Professor, Vimala College.

- Dr. A Noufal, Assistant Professor Dept. of Mathematics, Cochin University of Science and Technology, gave a talk on the topic “Wavelets”, in connection with Ramanujan Day celebrations
- Pie Day Celebration

### **Department of Botany**

- Organized a talk by Sri. M. I. Varghese, IFS on the topic “Illegal Trafficking of Wild Animals” .
- Conducted an inter collegiate Power Point Presentation Competition.
- Arranged a half day program on Wildlife Conservation and a field trip for selected school students.
- Conducted ‘Shaloboltsavam’, a butterfly conservation program, in association with the Dept of Zoology.
- Two talks by eminent personalities were arranged as part of celebration of ‘2016-International Year of Pulses’.
- Arranged an exhibition on “Pulses and their Importance in Life”.
- Arranged three invited talks and a workshop by subject experts.

### **Department of Chemistry**

- Conducted a Series of talks by eminent personalities for students.
- A talk on *Spectroscopy* by Dr.V.D. John, Professor, Dept of Chemistry, Christ Engg. College, Irinjalakuda.
- Talk by Prof. K.R. Janardhanan on the topic “Hundred years of chemical bonding”
- Retired Prof. K.K. Bharathan, MES College, Mampad delivered a lecture on the topic “Group theory.”
- Bag making demonstration and training for I DC students by Smt. Vincy E.V

### **Department of Biotechnology**

- As part of extension activity, Ms Jasni V.A. and Ms Aiswarya K. J. took classes on “Principles and Application of Biotechnology” at Model Girls Higher Secondary School, Thrissur.
- Arranged a talk on “What I Need to Know About Hepatitis A???” by Dr. Sheeja N. A, Junior Administrative Medical Officer Thrissur, as part of World Hepatitis Day observation.

- Arranged an awareness talk on “Alzheimer’s and Related Disorders” by Mr.Sureshkumar O. P, Representative from Alzheimer’s and Related Disorders Society of India and Kerala State Initiative on Dementia.
- Arranged an awareness talk on “Diet and Nutrition for Young Women” by Ms.Cindin John, Nutritionist and Dietician, Elite Mission Hospital, Thrissur.
- To commemorate World AIDS Day, the department conducted various awareness programs like Flash mob and Poster Exhibition.
- Various programs organized in the sponsorship of KSCSTE.

### **Department of Microbiology**

- Organised a talk on “Stress Management” by Dr.Sindhu Pradeep, Special Counsellor Women Cell, Thrissur, Organised various inter departmental competitions in connection with World AIDS Day.
- Ms. Meera V. M. of III DC Microbiology was elected as “Gem of St.Mary’s 2016-2017”
- Organised a 3 day training program on “Hazard Analysis and Critical Control Point Concepts”.

### **Department of Computer Application**

- Organized two day faculty development workshop on “Android Programming”.
- Conducted a talk, in association with Women Cell, on the topic “Cyber Crime and its Impact on Youth” by Mr. Roy C. George, S.I. of Police, District Cyber Cell, Thrissur
- Conducted the 4<sup>th</sup> track of annual seminar series ‘Byteclix 2017’.
- The Computer Science Association of Little Flower College, Guruvayur, was inaugurated by Ms. Betsy Chacko, Head of the Department, and she delivered a talk on ‘Bigdata’.
- Four of III BCA students are placed in UL Technologies, Techno Park Trivandrum.
- E-literacy program organized for differently abled students of St. Josephs School, Cheroor.

### **Department of English**

- Organized ‘DEAR’ (Drop Every Activity and Read) to promote reading habit among the staff and students in connection with ‘Vayanavaram’.
- Organised a talk by Mr. Anshad Guruvayoor, a leading fashion photographer and a well-known social worker, as part of Santhwana Sparsham, an organ donation programme.
- In association with Library and Literary Club, conducted a Letter Writing Competition as part of the Teacher’s Day Celebrations.

- Students visited Flowers channel as part of experiential learning.
- Book Exhibition cum Sale was organised in association with Green Books, Thrissur.
- Conducted a literary quiz based on the life and works of five Booker Prize winning authors.
- An interdepartmental Manuscript Magazine competition was conducted.
- The students from the Department of English won the second prize in Spectaculum 2016, an intercollegiate Shakesperean drama competition organized by the Dept of English, St Joseph's College, Irinjalakuda.
- Wonder Woman Contest was organized as part of gender sensitization programme.
- The interdepartmental Best Journal Competition was conducted.
- The faculty of the English Department as part of improving the English communication skills among the teaching and administrative staff took Communication Skill Enhancement Classes.

### **Department of Commerce**

- Conducted a talk on the topic "Introduction to Capital Market", sponsored by Bombay Stock Exchange by Mr. Venugopal.
- Conducted a seminar on Statutory Accounting Principle by Mr. Gireesh (Placement Division Manager of IPA).
- Organised FEMESSIONALS –a business fest of 2 days, in which intercollegiate competitions were held.
- Industrial visit to Modern Bread, Edapilly.

### **Department of Psychology**

- Organised an inter collegiate Poster Making and a Quiz Competition followed by a talk on Mental Health by Sr.Tesna George, Assistant Director, Santi Dham Counselling Centre, in connection with World Mental Health day.
- Conducted a Career Aptitude Test for Final year students of St. Mary's College.
- Provided individual career counselling for the students on the basis of Career Aptitude Tests.
- Conducted a survey on "Knowledge and Awareness of Child Abuse" at Sacred Hearts CGHSS, Thrissur,
- Organised a talk on "Realisation of Self" by Sr. Dr. Dalmatia, NLP Therapist and former director of Carmel Santi Dham Counselling Centre, Thrissur.
- Conducted an intelligence test for 18 students of St. Mary's CUP School, Chiyaram.
- Conducted a class on "General and Pre-menstrual Stress Management" for the students of Sacred Heart CGHSS, Thrissur.

## **Department of Languages**

- Department of Malayalam in collaboration with Edasseri Smarakasamithi conducted a seminar on Edasseri GovindanNair. KERALA SAHITHYA ACADEMY secretary Dr K P Mohanan inaugurated the function. Our students presented a dance drama of Edasseri's poem 'Poothapattu'.
- In connection with Vayanavaaram, the Dept. of Malayalam conducted a talk on reading by famous Malayalam poet and lyricist Sri. Engandiyur Chandrasekharan.
- Department of Malayalam together with College Library organized a programme –Meet the Author and famous writer Dr. Ambikasuthan Maangad shared the experiences behind his novel 'Enmakaje' with the students.
- Department of Malayalam celebrated Kerala Piravi by organizing various cultural programmes on November 1, 2016.
- Department of Hindi conducted Hindi Day celebrations.
- Department of Sanskrit, in association with International Centre for Folklore Studies and Kerala Folklore Academy, conducted paper presentations on the topic, 'Health and Culture: Folk Perspectives in a Modern World'.
- Department of Sanskrit celebrated Sanskrit day and a Bible Script Exhibition was arranged.

## **Department of Vocational Studies**

- Organised a Met 'd' Director programme for Multimedia students.
- Organized One-Day Intercollegiate Soft Boot Camp on Futuristic Software Development Practices.
- Organized One-Day Industrial visit to Flowers Television Channel under Insight Media City, Ernakulam.
- Organized a one day International Seminar on "Photius - The Magic Touch of Light – photography".
- Organized an Album Releasing Ceremony in Govt. Old Age Home, Ramavarmapuram in connection with the Snehatheeram Visit along with the inmates of old age home.
- Organized a three day 'Nature Camp' at Chulannur Peafowl Sanctuary.
- Arranged a class on 'Hidden Magic in C' for the students by Ms. Blessy Paul of Carmel College, Mala and Ms.Reena A. R. went to Carmel College, Mala and took a class on "How to become a great Software Engineer".
- Organized a 2 day Nature Camp in collaboration with Kerala Forest and Wild Life Department at Vazhachal.
- Conducted a health orientation class "Menstrual Cycle and its Related Problems" by Dr. Agnes Cleetus, Senior Medical Officer, Govt, Ayurvedic Dispensary, Pullur, in association with Indian System of Medicine.
- Organised On Job Training Programme for Sarvodayam VHSS.

- Organised Nature Photography Camp at Peechi-Vazhani Wildlife Sanctuary.
- Organized one day programme “Betti Bachavo Betti Padavo” in association with Social Welfare Department as part of National Women’s Day celebration.
- Associated in the 14<sup>th</sup> Mumbai International Film Festival (MIFF) organized by Film Division, Thrissur Chalachithra Kendram.
- Organized Manual and Digital Greetings Card Making Competition.

## **Department of Social Work**

- Conducted a class on substance abuse which was handled by Mr. Dinesh, S.I. special Branch Thrissur and Mr. Arun, Civil Police Officer, Special branch Thrissur.
- Organized a one week Organ Donation Campaign in association with Kottappuram Integrated Development Society (KIDS), Kottappuram and K. Chittilappilly Foundation. The function was inaugurated by Rev. Fr. Dr. Francis Alappat (Director, M I Hospital, Engandiyoor). The hand written magazine named ‘KARNNANUGAMI’ was released by Sr. Mercy.
- Organised an orientation class on activities of KAPS- Kerala Association of Professional Social workers, was done by Mr. Lims, Assistant Professor, Department of Social work, St. Thomas College, Thrissur.
- Conducted an essay competition on the topic “Youth in 21<sup>st</sup> Century” in connection with International youth Day.
- Conducted Second Kerala Social Work Students’ Meet.
- Conducted flash mob on ‘Human Rights’ in association with other Social work departments of St. Thomas College, Thrissur, St. Joseph’s College, Irinjalakuda, Christ College, Irinjalakuda and Mercy College at Thekke Gopura Nada, Thekkinkadu Maidanam, Thrissur.
- Organized various observation visits to social work institutions such as Child Line, old age homes, destitute homes, children’s home.
- III<sup>rd</sup> year BSW students participated in an awareness programme conducted and organized by child Line, Thrissur in association with District Legal Service Authority and District Labour Office.
- As part of Children’s day, Department of Patients relation and Department of Pediatrics of Jubilee Mission Hospital organized a District level Drawing Competition, ‘JUBILEE COLOURS – 2016’.
- As part of community Extension Activities, students focused on School based activity named as BALEYA and conducted various programmes.

## **Department of Management Studies**

- Conducted BUSINESS FAIR - EXPO Karmin-16 and it was inaugurated by Honorable Minister Sri. Kadakampally Surendran.
- Organized an industrial visit to Periyar rice mills and Merriboy ice creams.

## **Department of Sociology**

- Organised a PAN service camp
- Arranged extension talks to various governmental and other institutions
- Free PSC coaching classes are provided.

## **Department of Zoology**

- In collaboration with Kerala State Council for Science Technology and Environment organized a Science Popularisation Program “A Home For Tender Wings” As part of Indigenous Butterfly Conservation Awareness program conducted Intercollegiate and Inter-School Competitions.
- Organised an exhibition on Butterfly Plants.
- Conducted a training program for Butterfly Gardening.
- Conducted a Butterfly Conservation Program at St. Ann’s High School at West Fort and Carmel College Mala.
- Conducted a two day National Seminar on HABITAT RESTORATION AND BUTTERFLY CONSERVATION in collaboration with Kerala State Council for Science Technology and Environment.

## **Department of Physical Education**

- Conducted All Kerala Hockey Tournament- MARIAN CUP at sports land. Which was inaugurated by Shri. Jayadevan M.P.
- Celebrated Inter National Yoga day on June 21<sup>st</sup> by performing Yoga in the jubilee hall.
- Annual Sports Day at sports land was inaugurated by Shri.C.V.Pappachan - Inter National Football player.
- Department of Physical Education with Department of History, jointly organized a **Photo Exhibition** on History of OLYMPICS at Jubilee hall.

## **Department of Biochemistry**

- Conducted a training session by Mr. Manoj Kumar, Yoga trainer, Chethana Academy, Thrissur.
- Formulated the herbal mosquito repellent and sale of herbal mosquito repellent was conducted in our college campus
- The project of Biochemistry department entitled ‘Biogenic Wound Healing Material’ was selected for the final round of Yuva Mastermind, a joint venture of Malayala Manorama, IBS and technical support by Amal Jyothy Engineering College and received the certificate of appreciation during the program

## **Club Activities**

### **Entrepreneur Development Club/ Creative Club**

- The Entrepreneur Development Club organized an exhibition cum sale of craft items and agricultural products “Our Own”.
- Organized a class on “Flower Making”
- Conducted a class on “Jewellery Making”.

### **Road Safety**

- Conducted a seminar on Road Safety Awareness in collaboration with Kerala Kaumuthi, Thrissur and Thrissur Regional Motor Vehicle Department.
- Conducted an essay writing competition on “Road Security as Human Duty”
- A slogan writing competition was conducted.
- Road safety week is celebrated
- Organised a ‘Road-Sense Safety on Roads’ programme.

### **Literary and Library Club**

- Inauguration of the library and literary club was on by Smt. Rema Menon, writer and translator.
- A letter writing competition was conducted on the topic ‘A letter to your favourite teacher’.
- A book exhibition and quiz competition was conducted in collaboration with Green Books.
- A book mark competition was conducted on 16<sup>th</sup> February 2017.

### **Music Club**

- One of the sole functions of the Music Club is the selection of students for morning prayer.
- The club members also take part in the various music competitions and programmes conducted in & outside the campus.

### **Performing Arts Club**

- Commemorated Sree Kavalam Narayana Panicker.
- Screened the drama, “Karnabharam”.
- A workshop was conducted by Avanoor Jayan



## **Career Guidance Cell**

- Organized quality based enhancement programs to equip the students in the areas of personality development, interview techniques, and online registration for various posts of PSC and UPSC.
- Conducted 9 different programs with the assistance of well reputed training organizations in Kerala.
- As part of Career Guidance Outreach Programme, LAKSHIYA, free PSC classes has been extended through 5 different Centers Mannmkadu,Varakkara church, Koorkenchery, Punkunnam , Villadam church and around 300 educated rural unemployed candidates took part in the program.
- Through campus recruitment, 17 of our students were placed in ICICI Bank, 7 in South Indian Bank and 8 in UL Technology Solutions.
- Conducted a Mega Campus Drive “Corporate Connects” by participating various colleges in Kerala on 28<sup>th</sup>January 2017.

## **Blood Donors Forum**

- Organised an orientation class for the new members of the Blood Donor’s Forum.
- Two voluntary blood donation camps in collaboration with Indian Medical Association (IMA) and NSS units of St.Mary’s College were organized.
- A new venture, ‘Know Your Blood Type’ was started in collaboration with the department of Biotechnology to identify the blood groups of staff and students of St.Mary’s college from June 14, 2016.
- Organised centenary bleeding of Tiny Francis, 100 member donated blood.

## **Bhoomithra Club**

- In connection with World Environment day, club members planted tree saplings in the college sports ground to reduce carbon imprints.
- Organized an interdepartmental competition on the theme “Bhoomi ”.
- Club members were taken to Kerala Agriculture University for generating awareness on various organic farming techniques. Classes were given on various biofertilizers and biocontrol methods. They also visited vermicompost unit, integrated farming unit and Forestry museum of KAU.
- As part of ‘2016-International Year of Pulses’, Bhoomithra club conducted an inter-collegiate poster making competition on the topic “Pulse of Life” and an inter-Departmental competition on “Innovative food and recipe using pulses.

## Research Forum

- Our research scholars presented papers in International seminar organized by IMRF from at Goa.
- Smt. Sukanya K P & Sr. Dr. Maggie Jose published a paper in Bulletin of Kerala Mathematics Association.
- Dr.Parvathy K.S.chaired a session in the National seminar at St Thomas College.
- Dr. Sr. Maggie Jose chaired a session of paper presentation in the National seminar on “Recent Trends in Mathematics” at Vimala College Thrissur.

## Women Development Cell

- Organised a talk on ‘Women and Law’ by Dr. Mercy, Rtd. Principal, Law College.
- Women Cell in collaboration with Department of Sanskrit arranged a talk on *Health in New Era – Swasthavritta* by Dr.Anjali U Nair.
- Organised Wonder Woman Competition in collaboration with Department of English
- Conducted a Quiz on Famous Women Personalities.

## Planning Forum

- Planning Forum was inaugurated along with Economics Association by Dr. Remya R., Assistant Professor, Dept of Economics, C Achutha Menon Memorial Govt College, Thrissur.
- Arranged an invited lecture on Demonetisation and Cashless economy by Ramachandran V R , Financial Counsellor, Financial Literacy Centre, Thrissur
- In collaboration with Forum of Free Enterprises organised A. D. Shroff Memorial Elocution Competition on topic Make in India- As I see it.
- Release of a manuscript magazine entitled Faceim De Kerala on Kerala Economy was brought out.
- Human Rights Day was observed on 9<sup>th</sup> Dec 2016 with an Invited Lecture on Child Rights by Sri C.R Das, Child Rights Activist and Children’s literature writer.
- Mime was presented by students to highlight the need to prevent human rights violation. Faculty and students took out a procession in the town with slogans against human abuses.

## Science forum

- United Nations declared 2016 as International Year of pulses and in par with it Science Forum’s theme for the year 2016-17 is Year of Pulses. The main focus is to generate general attention on the nutritional advantages of pulses and to advocate the usage of pulses in daily life. Science forumorganized an exhibition “Pathayam”.

- Pulses floral carpet and model of Thrissur round and Vadakkum Nathan temple with pulses added to the beauty of the exhibition. Different food items made from pulses are exhibited and sold in the Thattukada section which motivate all to eat pulses and love pulses.
- In addition to Cartoons, Quotes and Poems, a Film show on the nutritional values of Pulses was also screened.

### **IT Club**

- Arranged a talk on '3D Animation and softwares' by Mr. Ajith Balan P, VFX Supervisor at 'Real Deals'.
- Released Newsletter Techfiesta- The Tri-monthly insight into the world of IT, a joint venture of IT club and the Department of Computer Science and Applications.
- In connection with 'Keralappiravi', IT Club took an initiative to initiate students with Malayalm typing.

### **Red Ribbon Club**

- Red Ribbon Club was inaugurated by Mr. Ramachandran, DYSP, Vigilance and anti-corruption Cell
- The students and faculty of Department of Sanskrit in association with Red Ribbon Club conducted a visit to Karuna Human Enforcement Society, Wadakanchery, an NGO for HIV infected persons.

### **Innovative Cell**

- Serial actor Renjen Rajan inaugurated RFM live Radio 'Rhythm Fun & Music' supported by club F.M 104.8 in our college.
- Started a *Help Desk*, inaugurated by Corporation Mayor, Smt. Ajitha Jayarajan.

### **NCC**

- NCC cadets of our college performed Yoga in the Jubilee hall in connection with International Day of Yoga.
- Celebrated Environment Day by planting trees in College premises.
- Participated in Kargil Vijay Diwas- 17<sup>th</sup> year of Kargil victory day at Amar Jawan Jyothi, Ayyanthole, Thrissur, by giving Salutes to martyrs and Indian Army.
- Distributed leaflets to all staff and students of our college to spread an awareness about 'Cashless India'.
- Donated blood in the blood donation program.
- Celebrated NCC day by conducting a rally with slogans which inspires the spirit of National Integrity.

- Successfully completed 35 regular parade sessions. In addition to the regular parades we conducted ceremonial parades on Independence Day and Republic Day.
- 36 Cadets attended Annual Training Camp at UC College, Aluva
- Cdt. ParvathyWarrier attended National Integration Camp at Alappuzha.
- Sgt.MeeraV. M. and Sgt. Laya Jolly attended Trekking Camp at Himachal Pradesh.
- UO. Christina Jose attended National Integration Camp at Punjab.
- 17 of our cadets passed B' Certificate exam this year.
- 16 cadets attended the C' Certificate exam and 22 cadets attended B' Certificate Exam this year.

## **NSS**

- In collaboration with IMA, as a part of blood donor's day organized a blood donation camp
- IMA gave an award to the NSS Units for our great participation in the camp.
- Conducted Survey on "waste management" in Paravattani.
- Centennial bleeding of Tiny Francis and blood donation camp.
- Distributed hand wash in the adopted village Kolazhy by giving the small bottles collected from the caterers to promote the habit of hand washing and to promote the reuse of plastic bottles.
- Conducted a rally to create awareness on the importance of cleanliness
- Conducted an eye camp in association with Ahalya eye foundation
- In Connection with old age day volunteers performed a street play to create an awareness on the protection of old people.
- Volunteers participated in Speech Competition Organized by Palliative care Society.
- Conducted a flash mob in association with blood donor's forum to convey the blood donation message to the society at Thekke Gopura Nada, Vadakkunathan temple.
- Participated and performed various cultural activities like Drama games for the children of Kannara GUP School and Pattikkad Higher secondary School in connection with Children's day celebration.
- A Seven Day Camp was organised.
- 50 volunteers participated in the Womens Day Programme held at Sahitya Academy.

## **Sports Achievements**

Our students participated in 7 events in the Calicut University Inter Collegiate Championships out of which we got first in Powerlifting and Hockey and secured second in Yoga and weightlifting and third in and Kho-kho. We were also runners up for Judo and Swimming.

- Special appreciation to Muneera M.S. who was selected the Best Lifter in the All India Inter University weightlifting Championship Competition. She set a New Record in the Competition.
- Ann Mary secured first in 75+ category in the same championship.
- Riya T.C. was declared the Strong Woman of Calicut University Inter Collegiate Power Lifting Championship.
- Riya T.C. represented Kerala in the senior national Power Lifting Championship and was declared the Strong Woman of Kerala.
- Easwari C., Riya T.C., Anusha S., Ann Mary bagged gold medal in the Calicut University Inter Collegiate Power Lifting Championship.
- Sinudas P. was selected to the Calicut University team for participating in the All India Inter University Yoga Championship.
- Deepa and Divya K.Raj represented Calicut University in the All India Inter University Swimming Championship.
- Our College Chess team participated in the Calicut University Inter collegiate championship.
- Two of our players represented Calicut University in the All India Inter University Judo Championship

## **Conclusion**

Visionary zeal combined with committed service and action undoubtedly bears fruit. This is the secret of the glorious achievements that the College has gained in this academic year. But no institution can prosper without the active participation of all the stake holders. Hence I take this opportunity to thank all the stake holders – teaching and ministerial staff, parents, Alumnae and the students for sustaining and enhancing the quality of this institution.