

Value Education Programme (2017- 2018)

St Mary's College, Trichur-20

St Mary's College takes utmost care to instill moral and spiritual values in young Marians besides excellent education. Value education classes are conducted weekly on every Monday. Prescribed text books are followed for UG students and reading materials are also provided to PG students. At the end of the academic year, evaluation is done by examination and certificates are distributed to the topper and other students who score the pass mark. In addition to the weekly classes, tutorial and classes based on moral, spiritual, social values are also conducted to help students to acquire true knowledge and wisdom in their life. Life guidance and other programs including motivational talks and short film shows are also conducted for all students to cater their needs.

Value Education Committee Members (2017-2018)

Sr Dr Magie Jose	: Principal
Sr Meena K Cheruvathur	: Vice Principal
Dr Meera C R	: Co-ordinator
Smt Swapna K P	: Member
Smt Anu mary Kalliath	: Member
Smt Hima C N	: Member

Value Education classes for UG and PG students started on 10th July 2017. Classes are from 12.30 pm to 1.25 pm, every Monday. List of Teacher's- in- charge as well as Class rooms allotted are attached. UG students are registered under Chair for Christian studies & Research, University of Calicut and a registration fee of Rs 40/- collected from each student. Following books were provided for the UG students.

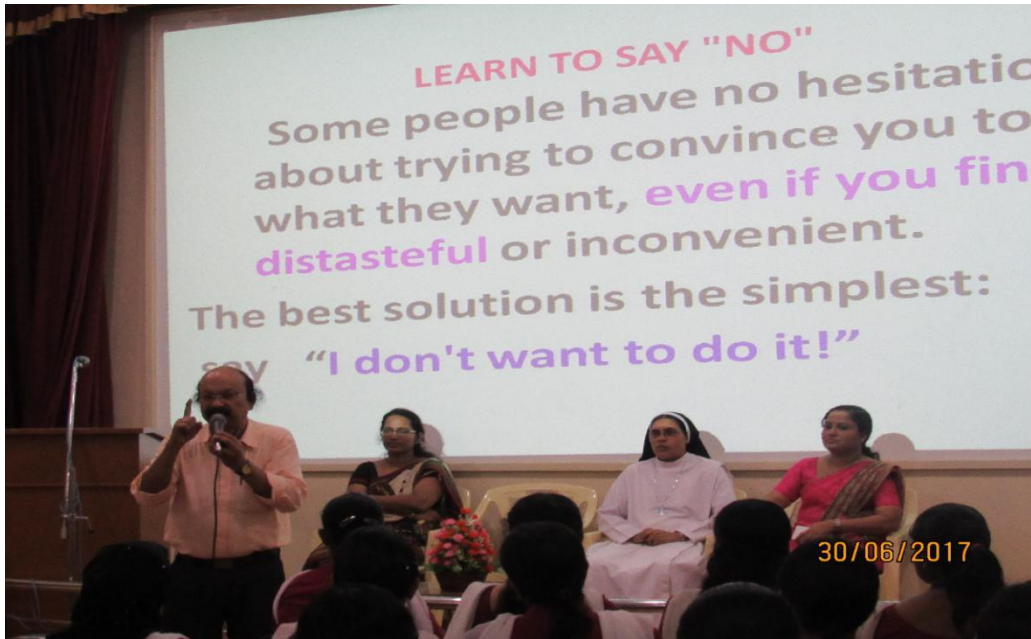
Batch	Name of Book	Author
I UG	Value education Programme	Mathew Michael SDB Benny Niliara SDB Joffie Puthuva SDB

II UG	Values and Society	Dr Paul Pulikkan Dr Jiphy Mekkattukulam Dr Mary Regina F Dr Joy Nellissery
III UG	Values for a successful life	Dr Paul Pulikkan Joshy Puduva SDB Benny Niliara SDB Bino P Jose

Following programs were also conducted for PG and UG students, in addition to the weekly value education classes.

Date	Batch	Resource Person
30 June 2017	II UG	Mr Zachariya M V Former Assi. Registrar, Calicut University. Dr Binu Assistant Professor, Dept. of Sociology, St Mary's College, Thrissur.
20 October 2017	I UG	Short Film Show "Theruvu nakshathrangal" "The right path"
22 and 23 January 2018	III UG and II PG (Life Guidance Programme)	Fr. Paul Pottackkal CMI (9.30 am to 3.15pm)
7 February 2018	I UG	Fr. Paul Pottackkal CMI (9.30 am to 3.15pm)

30 June 2017



A value education class was conducted on 30th June 2017 in the St Joseph AC Seminar hall from 9 am to 3.15 pm. All non-Catholic students of II UG attended the programme. The sessions were handled by Mr Zachariya M V, Former Assi. Registrar, Calicut University. Dr Binu, Assistant Professor, Dept. of Sociology, St Mary's College, Thrissur. The session was very interactive and effective and was mainly focused on the importance of maintaining values in life, personality development, stress management as well as on the importance of education in present scenario. Session also included group activities, relaxation exercise and motivational videos were shown.

10-07-2017



Value Education Programme - Co-ordinators' Meeting was held in our college at 2.00pm on 10.7.2017. The decisions/ proposals of the meeting are as follows:

1. To make power point presentations of all the three texts of Value Education. Different colleges were entrusted with this task. I year - Carmel, Vimala; II year - Mercy, St Joseph's; II year - Little Flower, St Mary's.
2. Power points presentations will be enriched with video clippings and narrations of personal experiences, group discussions etc.
3. There could be one or two practical questions in the examination. There will be positive approach in drafting the questions regarding family.
4. There will be another gathering at the beginning of August 2017.
6. It is advised that in the month of May itself, the group of teachers for each batch may be decided and orientation given.
7. The exam for the third years will be conducted in the first week of January. The results must be submitted by the respective Colleges by 20th January and the certificates will be given by the Chair on Feb 28th.

10-07-2017

Value Education Programme - Co-ordinators' Meeting was held in our college at 2.00pm. Discussion and planning on providing Power point presentation for III Years UG were done.

20-10-17

On 20/10/17 Friday, the I DC students of all Departments were gathered in the Jubilee Hall at 9.30 am for short film show. Two short films, "Theruvu Nakshathrangal" and "The Right Path" were shown. "Theruvu Nakshathrangal" was about the street children and their life. Another film was about women safety and misuse of mobiles.

22nd and 23rd January 2018



A two day Life Guidance programme was conducted for III DC and II PG students on 22nd and 23rd January, 2018. Class was taken by Rev. Fr. Paul Pottackkal CMI. Mrs Liji Maliakkal welcomed the gathering. Topics included the emotional. Intellectual and sexual aspects of marriage, financial maturity, men and women- psychology and biology, etc., which was followed by interactive session. The programme was from 8.30 am to 3.15 pm on both days. Value education exam was conducted for all students at the end of the academic year. I and II UG exams were conducted on 9th January, 2018. III UG exam was on 12th January, 2018. On 9th February, 2020, exams for I & II PG were conducted.