



## **WALK WITH A SCHOLAR (WWS) PROGRAMME**

**ST. MARY'S COLLEGE, THRISSUR**

**Programme of the New Initiatives  
Directorate of Collegiate Education**

# **ANNUAL REPORT OF ACTIVITIES: 2019 – 20**

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## 1. INTRODUCTION

The WWS Programme for this year was initiated at St. Mary's College during the month of July 2019 as per the direction of DCE, Kerala (P4/65679/2019/Colle. Edn dated 22/06/2019). The monitoring committee conducted a meeting on 30<sup>th</sup> of July 2019 in Conference Hall at 2.30 pm. Dr. Sr. Smitha Rose C G, Assistant Professor in the Department of Mathematics, continued as the WWS Coordinator. The list of 15 Internal Mentors were also finalized in the meeting. This year we have 30 students from I year UG, 30 students from II year UG and 30 students from III year UG as WWS mentees. The whole allotted amount (137600+70000) was utilized as per the given guidelines. This year the Motivational Visit was to CHRIST (Deemed to be University), Bangalore and Visweswarayya Museum, Bangalore.



## 2. MONITORING COMMITTEE

Sl No	NAME	Designation
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<b>1</b>	<b>CHAIRMAN</b>	<b>DR. SR. MAGIE JOSE PRINCIPAL</b>
<b>2</b>	<b>IQAC COORDINATOR</b>	<b>DR. JULIE P LAZAR, ASSISTANT PROFESSOR &amp; HOD, ECONOMICS DEPARTMENT</b>
<b>3</b>	<b>SENIOR MOST FACULTY 1</b>	<b>DR SR MEENA K CHERUVATHUR, VICE-PRINCIPAL ASSISTANT PROFESSOR, DEPARTMENT OF BOTANY</b>
<b>4</b>	<b>SENIOR MOST FACULTY 2 AND INTERNAL MENTOR</b>	<b>DR LITTY MATHEW IRIMPAN, ASSISTANT PROFESSOR, DEPARTMENT OF PHYSICS</b>
<b>5</b>	<b>WWS COORDINATOR</b>	<b>DR SR SMITHA ROSE C G, ASSISTANT PROFESSOR, DEPARTMENT OF MATHS</b>
<b>6</b>	<b>SUPERINTENDENT</b>	<b>SR. PREETHA P L SUPERINTENDENT</b>
<b>7</b>	<b>MEMBER FROM COLLEGE UNION</b>	<b>TIBINA GEORGE, MEMBER OF COLLEGE UNION</b>

### **3. LIST OF I YEAR MENTEES**

This year 30 mentees were selected from 5 departments of I year students

<b>LIST OF MENTEES – SECOND YEAR</b>				
<b>SL. NO</b>	<b>REG. NO</b>	<b>NAME</b>	<b>COURSE</b>	<b>NAME OF INTERNAL MENTOR</b>
1	4181	ABHIRAMI RAVI	BSC MATHS	DR LITTY MATHEW IRIMPAN
2	4200	HRIDHYA K B	BSC MATHS	
3	4190	JINET MARIA JOJY	BSC MATHS	
4	4071	PARVATHY ANIL	BSC MATHS	
5	4272	SANIA C JOSEPH	BSC MATHS	
6	4275	SUMI ANTONY K	BSC MATHS	

7	4062	AMITHA SEBASTIAN	BA HISTORY	SHINY V K
8	4072	ANJALI KRISHNA M	BA HISTORY	
9	4163	ANU MARIA J	BA HISTORY	
10	4036	CHRISTY ROSE SHAJAN	BA HISTORY	
11	4079	RESHMA R	BA HISTORY	
12	4080	VARSHA K	BA HISTORY	
13	4340	AISWARYA C S	BSC CHEMISTRY	BETSY CHAKKO
14	4089	AMRUTHA V M	BSC CHEMISTRY	
15	4060	AMSULA NAIR V	BSC CHEMISTRY	
16	4034	DEVIKA M K	BSC CHEMISTRY	
17	4067	FATHIMA SHILNA C K	BSC CHEMISTRY	
18	4339	VYSHNAVI G	BSC CHEMISTRY	
19	4334	APARNA RAMAKRISHNAN	BSC MICROBIOLOGY	DR DHANYA K C
20	4087	JASMIN C	BSC MICROBIOLOGY	
21	4077	NEERAJA K	BSC MICROBIOLOGY	
22	4044	SHAFNA SHARIN M A	BSC MICROBIOLOGY	
23	4085	SNEHA SANTHOSH	BSC MICROBIOLOGY	
24	4061	SNEHA V P	BSC MICROBIOLOGY	
25	4057	APARNA BAIJU	BA ECONOMICS	RAKHI CHANDRAN
26	4053	CHANDANA SATHYAN	BA ECONOMICS	
27	4065	FATHIMA FAZRIN T K	BA ECONOMICS	
28	4058	FATHIMA NOORA	BA ECONOMICS	
29	4050	MAYA C T	BA ECONOMICS	
30	4086	SHAHANAS P M	BA ECONOMICS	

**4. LIST OF II YEAR MENTEES**

This year 30 mentees were selected from 5 departments of I year students

<b>LIST OF MENTEES – SECOND YEAR</b>				
<b>SL. NO</b>	<b>REG. NO</b>	<b>NAME</b>	<b>COURSE</b>	<b>NAME OF INTERNAL MENTOR</b>
1	3588	ANKITHA PRASAD	BSC MATHS	SOWMYA K
2	3827	APARNA RAJAN	BSC MATHS	
3	3725	CHANCHAL K SUNIL	BSC MATHS	
4	3968	DEVIKRISHNA M	BSC MATHS	
5	3763	GEETHU K R	BSC MATHS	
6	3631	KEERTHANA S	BSC MATHS	
7	3902	APARNA U	BSC BOTANY	DR DALIE DOMINIC A
8	3627	KRISHNAPRIYA O S	BSC BOTANY	
9	3748	MERIN GEORGE	BSC BOTANY	
10	3624	NANDHINI JAYASANKAR	BSC BOTANY	
11	3643	SR. JOYCY AKKARA	BSC BOTANY	
12	3915	THASLIN K H	BSC BOTANY	
13	3757	ANKITHA K A	BSC CHEMISTRY	DR MANJU SEBASTIAN
14	3599	DEVIKRISHNA K	BSC CHEMISTRY	
15	3724	HANNA O P	BSC CHEMISTRY	
16	3619	HYMA ANILKUMAR	BSC CHEMISTRY	
17	3828	JEENA M S	BSC CHEMISTRY	
18	3696	SMRITI SIVAKUMAR	BSC CHEMISTRY	
19	3578	ANGEL MARIA P WILSON	BSC MICROBIOLOGY	DR DEEPA G MURICKEN
20	3692	ANUSHA T U	BSC MICROBIOLOGY	
21	3635	FARHANA PAREED	BSC MICROBIOLOGY	

22	3839	RIYA ROY P	BSC MICROBIOLOGY	SWAPNA K P
23	3693	SHAHALA K V	BSC MICROBIOLOGY	
24	3690	SHIJILI P	BSC MICROBIOLOGY	
25	3716	ASHA T E	BA HISTORY	
26	3598	GAYATHRI SANTHOSH K	BA HISTORY	
27	3591	HIRANYA C S	BA HISTORY	
28	3633	SONIA PHILIP	BA HISTORY	
29	3609	TIBINA GEORGE	BA HISTORY	
30	3616	VARSHAMOL V	BA HISTORY	

## 5. LIST OF III YEAR MENTEES

This year 30 mentees were selected from 5 departments of III year students.

<b>LIST OF MENTEES – THIRD YEAR</b>				
<b>SL. NO</b>		<b>NAME</b>	<b>COURSE</b>	<b>NAME OF INTERNAL MENTOR</b>
1	3195	ALEENA MATHEW	BSC MATHS	DIANA MARY GEORGE
2	3199	ANEENA JHONY	BSC MATHS	
3	3203	ATHULYA T J	BSC MATHS	
4	3344	ASWANI PRAKASH T	BSC MATHS	
5	3197	GREESHMA JOHN THADATHIL	BSC MATHS	
6	3187	MALAVIKA T RAJAN	BSC MATHS	
7	3426	AKHILA BABU	BSC BOTANY	DR REKHA K
8	3474	AISWARYA T S	BSC BOTANY	
9	3440	ARSHA SHAJI	BSC BOTANY	
10	3244	CHITHRA V M	BSC BOTANY	
11	3400	IRENE BABU	BSC BOTANY	

12	3270	THINGAL A K	BSC BOTANY	DR. BINCY JOSEPH
13	3256	ANJANA P	BSC CHEMISTRY	
14	3326	ATHIRA MURALEEDARAN	BSC CHEMISTRY	
15	3390	HUSNA ALIKUNJU	BSC CHEMISTRY	
16	3425	KAVYA K D	BSC CHEMISTRY	
17	3310	MELNA JOY	BSC CHEMISTRY	
18	3388	SHAMNA K A	BSC CHEMISTRY	
19	3334	AMEENA SHERIN P S	BSC MICROBIOLOGY	
20	3297	AMRUTHA P S	BSC MICROBIOLOGY	
21	3294	ANISHA M N	BSC MICROBIOLOGY	
22	3339	ASWATHY R	BSC MICROBIOLOGY	
23	3382	BINU SHAHLA V	BSC MICROBIOLOGY	
24	3346	MAGNA JOM	BSC MICROBIOLOGY	
25	3191	KEERTHANA HARIDAS	BA ECONOMICS	DR DHANYA SANKAR K S
26	3184	LIYA ELIAS	BA ECONOMICS	
27	3174	RENJITHA PANDARI	BA ECONOMICS	
28	3182	SREELAKSHMI K R	BA ECONOMICS	
29	3279	SREELAKSHMI P R	BA ECONOMICS	
30	3192	SUKANYA E S	BA ECONOMICS	

## 6. INDUCTION PROGRAMME

- An induction programme was organized for the 15 selected internal mentors on 25/09/2018 around 9:00 am at Conference Room of the college. 12 internal mentors participated. All the rules and regulations were discussed and detailed planning done for the internal and external mentoring sessions.



- The WWS Programme for the year 2019 - 20 was inaugurated in the college on 25/09/2019 2:00 pm at St. Josephs Seminar Hall of the college. Our Principal Dr Sr Magie Jose inaugurated the programme and WWS Co-ordinator Dr. Sr Smitha Rose C G gave a detailed presentation about the scheme to the 90 selected mentees.



## **7. DETAILS OF EXTERNAL MENTORING PROGRAMMES CONDUCTED**

### **Talk 1:**



External Mentor: Dr. Satheesh K,  
Retd. Professor,  
Department of Mathematics,  
Vidhya Engineering College, Thrissur

Topic: How to read and review an academic book

Date: 21 / 09 / 2019 - 10.00 am to 2. 00 pm – 4 hours

No. of Students Participated: 30 (I Years)



**Talk 2:**

External Mentor: Mr. Sharon Thomas,  
Assistant Professor,  
Department of Commerce & Management,  
St. Thomas College, Thrissur - 20

Topic: SWOT Analysis

Date: 12 / 10 / 2019 - 10.00 am to 2.00 pm – 4 hours

No. of Students Participated: 30 (I Years)



**Talk 3:**

External Mentor: P C Santhosh Kumar  
Trainer

Topic: On Democratic Values and Constitution and Interaction with the Expert

Date: 9 / 11 / 2019 - 9.00 am to 3.00 pm – 5 hours

No. of Students Participated: 30 (I Years)



**Talk 4:**

External Mentor: P C Santhosh Kumar  
Trainer

Topic: On Democratic Values and Constitution and Interaction with the Expert

Date: 9 / 11 / 2019 - 9.00 am to 3.00 pm – 5 hours

No. of Students Participated: 30 (I Years)



**Talk 5:**

External Mentor: Dr. Minimol K Jose,  
Associate Professor,  
Department of Social Work,  
Vimala College, Thrissur - 20

Topic: Art and Self Expression

Date: 11 / 1 / 2020 - 9.00 am to 12.00 pm – 3 hours

No. of Students Participated: 30 (I Years)



**Talk 6:**

External Mentor: Dr. Fr. Sabu Thomas,  
Assistant Professor,  
Department of English,  
Vimala College, Thrissur - 20

Topic: Interaction with an expert Session

Date: 11 / 1 / 2020 - 1.00 pm to 3.00 pm – 2 hours

No. of Students Participated: 30 (I Years)



**Talk 7:**

External Mentor: Mr. Justin Charles,  
Language Trainer,  
Blooms Academy, Thrissur - 20

Topic: Communication Skills

Date: 1 / 1 / 2020 - 9.00 am to 12.00 pm – 3 hours

No. of Students Participated: 30 (II Years)



**Talk 8:**

External Mentor: Dr. S Shankar,  
Retd. Scientist, KFRI  
Palakkad - 20

Topic: Research Aptitude

Date: 11 / 1 / 2020 - 9.00 am to 12.00 pm – 3 hours

No. of Students Participated: 30 (II Years)



## **8. DETAILS OF INTERNAL MENTORING SESSIONS**

This year we had 15 internal mentors for the WWS programme. The internal mentoring sessions were conducted on either holidays or evenings of working days. The spirit of the motto “Teacher as a Friend and a Mentor” was maintained and sessions were held as per the guidelines given.



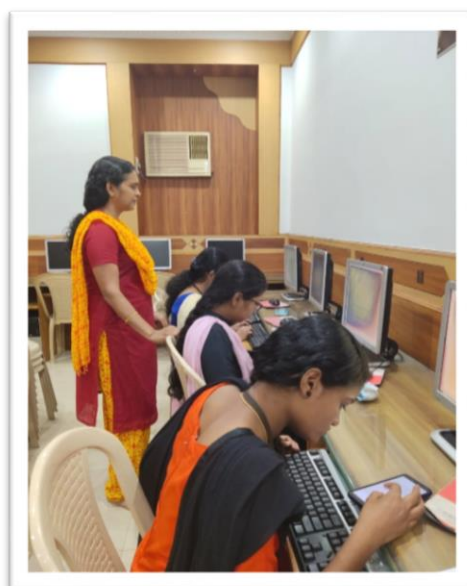
### **A. INTERNAL MENTORING PROGRAMMES - (Third Year)**

NO	NAME OF INTERNAL MENTOR	DESIGNATION	NO OF HOURS
1.	DIANA MARY GEORGE	ASSISTANT PROFESSOR IN MATHEMATICS	6
2.	DR REKHA K	ASSISTANT PROFESSOR IN BOTANY	6
3.	DR BINCY JOSEPH	ASSISTANT PROFESSOR	6



		IN CHEMISTRY	
4.	DR MABEL MERLEN JACOB	ASSISTANT PROFESSOR IN MICROBIOLOGY	6
5.	SWAPNA K P	ASSISTANT PROFESSOR IN HISTORY	6

No.	TOPICS EXECUTED	HOUR
1	Self Introduction and Biodata Preparation	1
2	Interview Techniques	1
3	Personal Development Plan Setting	1
4	Mock Interview for 2 Mentees	1
5	Mock Interview for 2 Mentees	1
6	Mock Interview for 2 Mentees	1



### **B. INTERNAL MENTORING PROGRAMMES - (Second Year)**

NO	NAME OF INTERNAL MENTOR	DESIGNATION	NO OF HOURS
1.	SOUMYA K	ASSISTANT PROFESSOR IN MATHEMATICS	7
2.	DR DALIE DOMINIC	ASSISTANT PROFESSOR IN BOTANY	7
3.	DR MANJU SEBASTIAN	ASSISTANT PROFESSOR IN CHEMISTRY	7
4.	DR DEEPA G	ASSISTANT PROFESSOR	7

	MURICKEN	IN BIOCHEMISTRY	
5.	SWAPNA K P	ASSISTANT PROFESSOR IN HISTORY	7
No.	TOPICS EXECUTED		HOUR
1	Basics of Research		2
2	On Research Journals		1
3	Research Opportunities & Scholarships		3
4	Personal Development Plan		1



### **C. INTERNAL MENTORING PROGRAMMES - (First Year)**

NO	NAME OF INTERNAL MENTOR	DESIGNATION	NO OF HOURS
1.	DR LITTY MATHEW IRIMPAN	ASSISTANT PROFESSOR IN PHYSICS	10
2.	DR DALIE DOMINIC	ASSISTANT PROFESSOR IN STATISTICS	10
3.	BETSY CHACKO	ASSISTANT PROFESSOR IN COMPUTER SCIENCE	10
4.	DR DHANYA K C	ASSISTANT PROFESSOR IN BIOCHEMISTRY	10
5.	SHINY V K	ASSISTANT PROFESSOR IN HISTORY	10
No.	TOPICS EXECUTED		HOUR
1	Self Introduction		1
2	Philosophy of the Discipline		1.5
3	Self Directed Learning		1.5
4	Critical thinking		3

5	<b>Identifying Strengths &amp; Limitations</b>	<b>1</b>
6	<b>Personal Development Plan</b>	<b>1</b>
7	<b>Book Review</b>	<b>1</b>



## **9. REPORT OF MOTIVATIONAL VISIT**

WWS is a Government Initiative in order to motivate the toppers towards their higher goals. As a part of the programme, there was the option for the motivational camp and visit, funded by the Government. We submitted a proposal and got a permission letter from the Office of New Initiatives to continue with the procedures for the Camp.

Thus, the WWS coordinator of the College, Dr Sr. Smitha Rose C G, arranged a one day Motivational Visit (Jan 29, 2020) at CHRIST (Deemed to be University), Bengaluru for the 30 of the II year WWS scholars who are included in the scheme. We went to Bangalore in a hired bus and stayed at CHRIST University for one day. At the very outset of the journey, at 6.00 pm, Dr Sr. Smitha Rose gave the students a small orientation to make use of opportunities of the Visit, and conducted an ice breaking session near Grotto. After a small prayer session at the grotto of Our Lady, we started the journey by 9.30 pm. WWS Internal Mentor Dr Deepa G Muricken also accompanied us along with the WWS coordinator



We reached Bangalore by 8.00 am on Jan 29, 2020. The facilities for refreshing was arranged in the dormitories of the University. The visit was planned in the Campus in association with Centre for Education Beyond Curriculum (CEDBEC), CHRIST University. The Director of CEDBEC, Dr Kennedy Andrews and staff in charge for our cause Christeena, gave an introduction about the University, its vision and mission and the motto “Excellence and Service”. They welcomed us to the college and to its magnificent campus.



The main attraction of the visit was the campus tour which included Library-Knowledge Centre, Parivarthana – Waste Recycling Centre, Moot Court, the Auditorium, the Studio and all Science labs. Interaction with staff and student of the university was effective and inspiring. The students could interact with the Vice Chancellor for few minutes.





Two motivational talks were arranged on the topics “Research Using Modern Technology” by Dr. Rinju George, Assistant Professor, CHRIST and on “Career Guidance” by Ms. Lizil Jhonson Kodyath. Both sessions were inspiring and informative.

**Visit: Visweshwarayya Museum**

The Coordinator took the scholars to Vishweshwarayya Museum on Jan 29, 2020 afternoon. It was really a scientific experience for them. We spent around 3 hours (3.00 pm to 6. pm) there. We started return journey by 9 pm.

