



**St. Mary's College, Thrissur**



# **NSS ACTIVITY 2019-20**

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## 5 June 2019

In connection with World Environment day, the NSS units of St Mary's College in collaboration with 'Haritha Kerala Mission' organized 'Green Protocol' implementation ceremony on 5<sup>th</sup> June 2019 Sri P.S Jayakumar the district coordinator of 'Haritha Kerala Mission' inaugurated the function. Our college principal Sr. Dr. Magie Jose delivered the presidential address. As part of the official declaration of Green Protocol the NSS units distributed steel bottles to the students and bio-bins. 'Used pens' were collected from the students as part of the 'Pen Friend' program. 79 NSS volunteers participated the program.



## 10 June 2019 – 31 July 2019

Swachh Bharath Summer Internship Program was conducted from 10<sup>th</sup> June 2019 - 31<sup>st</sup> July 2019. Our NSS volunteers participated the same. As a part of Internship volunteers cleaned the College premises and public roads, public places in order to avoid garbage collection. Volunteers also cleaned the roads, drains of Mission Quarters Area and its premises.



## 21 June 2019

**International Yoga Day:** Celebrated International Yoga Day on 21<sup>st</sup> June and provide a class on importance of Yoga & women health to our volunteers. A demonstration class was also conducted by Dr. Dhanya.150 of our volunteers were participated for the same.



## 25 July 2019

NSS volunteers participated in the packing of Fertilizer produced by Botany Dept. on 25/07/2019

## 14 June 2019

**Blood donation day:** In connection with World Blood Donation Day, NSS units of St. Mary's college in association with DMO of Thrissur and Bodhi India organized a Blood donation camp on 14<sup>th</sup> June. Our college principal Sr. Dr. Magie Jose, delivered the presidential address. District medical officer Dr. Reena KJ felicitated the ceremony and spoke about the importance of blood donation .The chief guest was Manikandan Manchampath, patron and president of BODHI INDIA. NSS units of St. Mary's College received Voluntary Blood Donation Organization Award 2019. Mr. Promod AK, one of the prominent workers of BODHI INDIA also attended the function. A total of 84 students volunteered to donate blood. 28, including two teachers donated blood.



## **2 August 2019**

Steel bottles were distributed to the students as a part of plastic-free campus on 2<sup>nd</sup> August 2019. 120 of our volunteers participated.

## **16 August 2019**

Collected and distributed to the relief materials in flood-affected areas by the NSS volunteers of St. Mary's college in association with 'Oruma' Thrissur On 16/08/2019. Notebooks were collected and distributed to the needy. 137 of our volunteers were participated for the same

## **20 August 2019**

45 NSS volunteers actively took part in the flood relief activities associated with BSW Dept. in Kunduvvara area on 20/08/2019. They helped in the cleaning, chlorinating and provided disinfectants.



## 2 September 2019

Two of our volunteers participated in a discussion called by our District collector on the topic “My Thrissur”.

## 19 September 2019

An awareness program for newly joint NSS volunteers. Class was led by Ms. Deepa from Chemistry Dept. 125 volunteers were participated for the same.

## 24 September 2019

In connection with NSS day celebration Dr. Bindu Ann Philip, HOD English spoke on the “Importance of community service in current scenario”. On 24<sup>th</sup> September 2019, a rally, extempore competition and quiz were conducted in relation to the NSS day celebration. Dr. Kayeen Vadakkan moderated the quiz. 120 NSS volunteers were participated in the program.



## 30 September 2019

As a part of pro **Rashtiya Poshan Maah** program NSS units conducted an awareness class led by Dr. Deepa G. Murikkan on the topic “ Food and Nutrition” on 30<sup>st</sup> September 2019. Poster making competition was held for the students. 115 volunteers were participated.



### **30 September 2019**

Conducted a cleaning program @ campus as a part of Gandhi Jayanthi Week celebrations on 30/09/2019 .76 volunteers were actively participated.

### **3 October 2019**

Gandhi Jayanti was celebrated in the campus on 03/10/2019. 135 volunteers took an oath and campus premises and nearby roads.



### **17 October 2019**

A blood donation camp was organized on 17<sup>th</sup> October in St. Mary's college as part of the 'Mega blood donation camp 2019' in collaboration with City police Thrissur, HDFC Bank and M I M hospital, Choondal. About 33 students volunteered to donate blood out of which 20 of them donated blood. The camp aimed at spreading the message 'Share life, Donate blood'.



### 13 October 2019

In connection with International Day for Disaster risk reduction, a rally was conducted by IAG &ESAF Banks on 13/10/2019 @ Swaraj round.

### 21 October 2019

On 21<sup>st</sup> October the **Commemoration day** was observed and an awareness class was organized for the students regarding their activities by Sri. Sajeev Kumar, SI traffic enforcement unit, Thrissur.



### 25 October 2019

In connection with UN week celebrations a Disaster Management Training Program was organized by Nehru yuvakendra on 25/10/2019. Five of our Volunteers attended the same.

## 31 October 2019

**National Unity** day was celebrated in our campus on 31<sup>st</sup> October. The students took an oath and participated in a marathon, "Run for Unity". Smt. Swapna K.P (Dept. of History) took a session about the "Importance of unity and integrity". 163 volunteers were participated.



## 14 November 2019

DMO Thrissur conducted program in Connection with World Diabetes Day. Our volunteers participated in Flash mob & Rally @ Thekkegopura nada.

## 21 November 2019

An awareness class on anti-begging was conducted on 21<sup>st</sup> November by Mr. Rahim of Ek Pravasi Charitable Trust, APJ Abdul Kalam, Mission 2020. A rally was conducted to create awareness on anti- begging @ Swaraj round. 142 of our volunteers were participated.





## 25 November 2019

NSS volunteers participated in Vimukti activities of 2019 on 25<sup>th</sup> November 2019 at St. Mary's college. The students participated in a rally and attended awareness class led by excise department Thrissur. It was a 90 day awareness program.



## 27 November 2019

The constitution day was observed on 27<sup>th</sup> November 2019. The students took a pledge and conducted a flash mob at Sakthan Bus stand Thrissur. A class was conducted by Dr. Binu of Sociology Department on the topic "Indian constitution and women's rights". 122 of our students were participated.



## 30 November 2019

NSS units in association with Police department of Thrissur conducted a rally and an awareness program on **30/11/2019**. The program was inaugurated by D. K.J. Reena, District Medical Officer, Health, Thrissur. 120 volunteers were participated.



## 2 December 2019

In connection with world Aids Day, NSS volunteers of conducted a flash mob in our campus on 02/12/2019.



## 25 December 2019 – 31 December 2019

The NSS unit no 44 & 220 (KL -01-118) of St. Mary's College Thrissur organized a seven day camp 'Navathara' with the objective 'Drug free Kerala' from 25th - 31st December 2019. The following activities were conducted during the seven day

program. Sri. K. Mahesh, councilor of division 12 of Thrissur Corporation who inaugurated the camp by lighting the lamp and addressed the audience. He spoke about the importance of proper waste disposal and the social implications of drug and alcohol abuse. Sri. Sajeevkumar, Sub Inspector of police delivered the presidential address. Sr. Joel, librarian of St. Mary's college felicitated the ceremony.

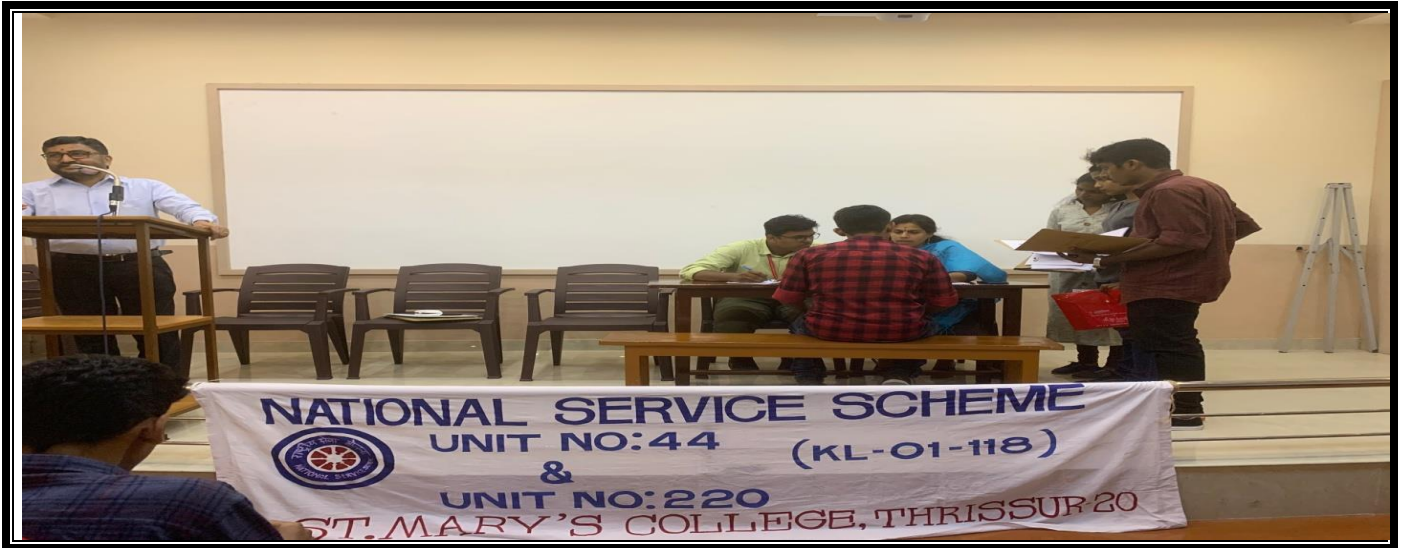
- Survey on Drug and Alcohol abuse
- Silent procession against drug and alcohol abuse
- House hold Awareness Program
- Women safety Awareness Program
- Opportunity to experience solar eclipse for the public
- Green city clean city - cleaning of Thekkinkad Maithanam & Mailipadam
- Renovation of Anganvadi
- Polio Immunisation in associated with Health Dept.
- Paper bag making & Plastic Eradications
- Cleaning of Mission quarters and premises





## 7 January 2020

A meeting was arranged on 7<sup>th</sup> January for the participants of 23<sup>rd</sup> National Youth Festival 2020 at St. Mary's College. The program was chaired by Sri. G P Sajith Babu, regional director of NSS. The chief guest of the day was Sri. Ramesh, NSS program coordinator Thrissur district. 45 of our volunteers were participated.



### 15 January 2020

NSS volunteers of our college in association with Pain and Palliative care unit conducted a rally pledging support to pain and palliative care on January 15<sup>th</sup> 2020.



### 16 January 2020

On 16<sup>th</sup> January the NSS volunteers of St. Mary's college took a pledge against the use of drugs a part of the anti- drug campaign, "Vimukti" launched by the state government of Kerala. 98 volunteers were participated.

## 16 January 2020

In connection with Road safety Week celebration conducted a Poster Making Competition on 16/01/2020.

## 20 January 2020

**Road Safety week** was observed in our campus. 20th January 2020 an awareness class on" Road Safety" led by Sri. O.A. Babu SI, Mobile Traffic Police (Awareness unit), was conducted for the NSS volunteers. 80 students were actively participated for the awareness program for Public. Distributed flyers and brochures among drivers.



## 26 January 2020

Republic day was observed by the NSS volunteers Of St. Mary's college on 26<sup>th</sup> January 2020. Our Principal Dr. Sr. Magi Jose hoisted the national flag.



## 28 January 2020

An awareness class was conducted as part of the Swachhata Action plan in association with the field outreach bureau on 28<sup>th</sup> January 2020. The program was inaugurated by Sri. George Mathew Assistant Director of field outreach bureau, Government of India. An awareness class on the disposal of plastic waste was conducted by Sri. Jayakumar, District coordinator of Haritha Keralam Mission. A class by Dr. Binju was conducted. A Mohiniyattom performance of the poem “Amma” by O N V Kurup was performed by the post graduate students of Kalamandalam. 157 volunteers participated.



## 17 February 2020

NSS volunteers actively involved in Food packing on 17/02/2020.

## 20 February 2020

Actively participated in college Day Celebrations on 20/02/2020.

## 10 March 2020

On 10<sup>th</sup> March 2020, NSS conducted a First Aid Demonstration class for NSS volunteers. Class was led by Dr. Ajay Kumar C.V, DMO ,Chavakkad. 168 volunteers were participated.

