

NSS Report 2014-2015

Unit No 44 &220

- Environmental day celebration –N S S units of St.Mary’s College organized a tree sapling programme in the campus and the new Sports ground on 5th June 2014. Various kinds of plants were distributed to the volunteers. The programme was inaugurated by the Principal Dr. Sr. Jacintha C C. The NSS programme Officer gave an environmental day message to the Volunteers. All the Staff and students of the College Participated in this Programme



- In collaboration with State Youth Welfare Board and Thrissur District NSS , the NSS units of St. Mary’s College organized a one day Civil Service Orientation programme on 10th June. The function was formally inaugurated by Sri Harisankar IPS, Assistant City Police Commissioner Thrissur. The Welcome speech delivered by Smt. P R Sreelekha, the District Youth Welfare Officer. The presidential address was made by Sri Yujin Morali , the member of State welfare board .and Principal Dr. Sr. Chrislin gave the Keynote address. NSS PO Smt. Swapna gave felicitation to the programme.The orientation classes were led

by Sri Mir Muhammad Ali IAS (Sub Collector ,Thrissur)and Sri Shyju Alogan (Faculty of eduson Civil service Accademi ,Delhi),Sri Muneer A P (Faculty Eduson civil service Accademy Thiruvanthapuram) .NSS Voulnteers from other colleges and other selected members from various Panchayaths also attended the programme.



- On 14 th july NSS Volunteers cleaned the Vegetable garden and planted ginger, green chilli and peas.
- In Collaboration with Govt. Medical College the NSS Units of St. Mary’s College Conducted a Blood Donation Camp on july 30. Principal Dr. Sr. Jacintha C C inaugurated the Function and gave the message of the importance of Blood Donation. 53 donors including Staff and Students donated Blood.



- On 4th august 2014, NSS volunteers prepared the vegetable garden with elephant yam , banana plant , peas etc.



- NSS & NCC of the St. Mary's college jointly celebrated the independence day . Principal Dr. sr. Jacintha C C hoisted the National Flag and gave the message. NSS Volunteer Amritha from II DC Maths also gave the message .
- In connection with International Youth week Kerala Youth Welfare board organize a seminar on Mental Health among the Youth on 19 th August. The Classes were led by Saji Simon (Member from district Mental health center Thrissur). Eleven Volunteers from our College attended the seminar.
- In collaboration with District Medical Office Thrissur, NSS Units of St. Mary's college conducted a cancer awareness Programme on 22 nd August by Smt. Haritha from the department of District Medical Office Thrissur .



- NSS Volunteers participated in the District level Onam Celebrations under the banner of collegiate education on 9th September. The volunteers performed Thiruvathira during the procession.
- Seven-day camp of unit NO: 44& 220 of St. Mary's College Thrissur started from 8/09/2014 at ST. PIUS U. P School Velupadam.
- On 9th September, the camp was inaugurated by Sri Vincent Moozhikulam, the ward member of Varantharapilly Panchyath. The Principal Dr. Sr. Jacintha C C presided over the function and gave the presidential address. The chief guest of this programme was Sri. I. V. Soman, Co-Coordinator of Rajagiri College Social Science and orientation Centre. At the end of the Inaugural Ceremony Principal Dr. Sr. . Jacintha C C hand over the packets of vegetable seeds to Sr. Sanidhya H.M of St. Pius School.



- A cancer awareness programme was conducted by the NSS units for the natives of Varantherappilly on 9/9/2014. It was led by Dr. Augustin Antony, retired professor of agricultural university Mannuthy. He made awareness about the symptoms and necessary precautions of cancer. This session was followed by another session handled by smt. Soja about the child right issues. This programme mainly aimed to spread awareness among the children about their rights and duties. The cultural programmes of students were also conducted.





- On 10 th September volunteers Conducted a socio-economic survey among the paddies of Palapilly rubber estate to understand the laborers life style, food, necessary requirements like water, toilet etc. The volunteers also visited regional agro –metrological observatory. It was followed by an analysis session carried out by the survey co ordinator Dr Dennis Vadakkan.



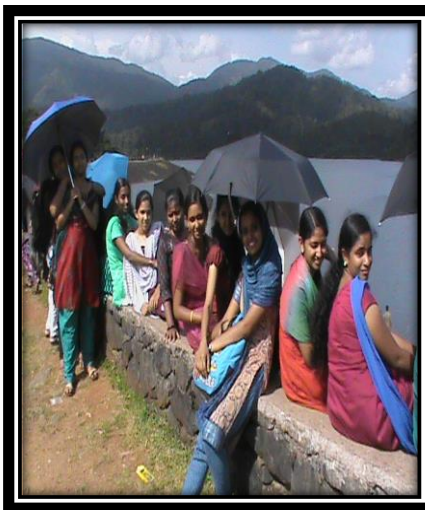
- A talk on the topic ‘personality development’ by Smt. Willy Jijo ,Child welfare committee member on 11 th September .It was followed by a talk on ‘responsible Parenthood’ by Sasi Immanuel. The parents of students of ST. Pius School participated in the session.



Conducted an interactive session with Sony T L ,NSS District Coordinator



- On 12 th September ,visited Bamboo Forest and Chimini Dam



- A talk was given by Smt. Simi A. M, Department of Social work, St Mary's College on the topic 'values in social life' on 13 th September and the NSS Volunteers prepared the Vegetable garden at St Pius school.



- The valedictory session of the camp was inaugurated by former NSS Co-coordinator Sri. K. N Ramesh. Principal Dr. Sr. Jacintha C C, presided over the function. The camp magazine was released by Ramesh Sir.



- In connection with National Blood donation Day, District Medical Office, Thrissur and National Service Scheme of thrissur District conducted a procession. Various colleges from thrissur district participated in it. The procession started from St. Mary's college. The District panchayath President Sri Sreekumar inaugurated the procession by hoisting the NSS flag. Principal Dr. Sr. Jacintha C C of St. Mary's college, NSS district Co-ordinator Smt. Soni T.L and PO's and Volunteers from other colleges represented in the function. 180 Volunteers from the St. Mary's College Participated in the Procession with their special uniform, heart shaped balloons, pluck cards which gives the message of the importance of the blood donation. The Volunteers started their march from St. Mary' college and covered the half of the Swaraj round and ended in the science block of the St. Thomas College. The DMO gave Prizes for the best procession to the colleges. Sree Kerala Varma College Secured Second Prize and St. Mary's College won the first prize. The prizes are distributed by the Principal of St. Thomas Higher Secondary school.



- As a part of Gandhijayanthi NSS and CSS of the St. Mary's College Cleaned the campus on 2nd October. NSS Volunteers took initiative to the Programme. The Principal Dr. Sr. Jacintha C C led the oath taking session, Staff and students repeated it. Dr. Hemamalini gave the message of Gandhi jayanthi and the need and importance of "Swachatha Mission". NSS volunteers sang a patriotic song after that the students divided in to groups and clean their Classes, courtyards ,library, and lab. 20% of students from each department and a teacher went to the sports ground and cleaned there. NSS Volunteers Clean the back Side of the library and the Vegetable garden of the NSS.



- As a part of Swachatha mission the NSS Volunteers of St. Mary's College Started their cleaning work on 10th October 2014. It was a one month Programme. Every day the Volunteers of each department cleaned the premising roads of the college. The Programme continued up to 30th October 2014. The LAMBS and Thrissur Corporation gave support to the programme.an orientation was given by prof Jagadeesh Kumar, LAMBS Coordinator. The Volunteers separately collected the plastic waste and biodegradable waste. Hundred Volunteers participated in the programme. The wastes collected by the Volunteers are taken away by the Corporation. Councilor Prof. Annam John gave full Support to the programme.



- A walkathon was organized by the Alpha Palliative care and NSS of Calicut University on 23 rd October. After the inauguration, the Procession started from the student’s corner of the Thekkinkad Maithani. The students walked through the ground and procession ended in the students corner itself. 179 volunteers were participated in the walkathon.



- In Connection with Children’s day, the NSS Units in Collaboration with women cell conducted a film Show on 14 th November. It was a two hour programme. In this Five short films are presented. The first one highlighting the problems of Adivasi children – named “kanavu”. Kanavu is a voluntary organization which provides educational opportunities in informal ways .The second film depict the scarcity of water which was a heart breaking seen that a child satisfied his thrust by drinking his mother’s tear. The third film relating to the scarcity of food and the value of food. The fourth one focused on the

victims of the Endosulfan of the Kasargode District. From this show the volunteers could understand the problems faced by the children. It helps to get a new light in the minds of the volunteers.



- **Inauguration of the activities of the NSS Unit for the academic year 2014-2015.**

The NSS Programme Officer of Vimala College Thrissur Smt. Mary inaugurated the activities of the NSS units on 22 nd November and gave an orientation to the first year NSS Volunteers.



- In connection with Human rights Day , the NSS Volunteers hand over the Collected dresses for the tribes of the Athirapilly to Social activist of Thrisur Mr. Hafeesh of Vibgyor film Institute on 4 th December



- As a follow up of the NSS Camp, the NSS Volunteers of the St. Mary's College Visited St.Pius X U.P School of Varantharapilly on 9 th December. A meeting was organized for hand over the Survey report to the Varantharapilly Ward member. H.M Sr. sanidya of St.Pius X School, Mother Superior Sr. Suma, Survey Coordinator Dr.Dennis Vadakkan ,Programme Officer Smt. Swapna ,Rakhi Chandran and 35 NSS Volunteers attended the function. The Voulnteers Collected an amount for the children of the orphanage, and also gave sweets and Christmas gifts to the young children



- In Connection with the Campaign of the value of voting and the importance of election the state election commission conducted a quiz competition and pencil drawing competition on 14 th January in the collectorate conference hall. We depute the following students to the programmme.

1.Athira M.R-III Microbiology

2.Aleena Babu _III Microbiology

3. Sreeja A.R-I M.A History

- In Connection with the world Palliative care day ,the NSS Units of St. Mary's College in Collaboration with the District Palliative Care of Thrissur conducted an awareness campaign on 15 th January in the campus it was followed by the distribution of pamphlets.



- In connection with the National games Inauguration there was a balloon flying programme on 15 th january in the Thrissur round. The second year NSS volunteers had the duty of balloon distribution to the students of various School. The total number of students participated in the programme was 1350.
- In collaboration with Red F.M & department of Microbiology , NSS Units Conducted a hair donation programme on 15 th January for the cancer patients .31 students donated their hair to the cancer patients.



- In Collaboration with Salim Ali Foundation, the vellangallur panchayath organized a big project to make vellangallur panchayath a bio-diversity panchayath of Thrissur district. As a part of this project Dr. Vijayan and Dr. Lalitha gave an Orientation class to the volunteers on 20 th january.
- As a part of National Games the NSS volunteers from our college participated in the Run Kerala Run Programme on 20 th January.
- On 21 st and 22 nd January ,Participated in Socio- Economic survey in the vellangallur Panchayath . 90 volunteers along with five teachers participated in it .The survey coordinator distributed the survey forms and directed each groups in to different places. Each volunteers finished 20 forms.
- NSS Units celebrated Republic day on 26 th January at college. Principal Dr. Sr. Jacintha C C hoist the National Flag and gave a message. A parade of the NCC cadets was there.

Ms. Aneta Mathew the Volunteer Secretary gave a message, and II year NSS volunteer Ms. Kripa Raj sang a Patriotic Song.



- In collaboration with the NSS units of St. Mary's College ASAP conducted an Orientation class on 31 st January to the Final Year Degree and P.G students. The Classes were led by the District Coordinator of the ASAP ,Sri Nasar .



- NSS Units conducted an AIDS awareness class on 16 th March to the first year NSS Volunteers. The talk was given by sri .Vinod T.L ,Positive speaker .



- Valedictory session of the NSS activities of the academic year 2014-2015 was conducted on 26 th March. Principal Dr. Sr. Jacintha C C ,Survey coordinator Dr. Dennis Vadakkan ,Dr. Treesa K.I, Programme Officers Smt. Swapna.K.P and Rakhi Chandran gave felicitation to the outgoing NSS Volunteers

NSS Programme officers: Soumya k& Swapna K P