

NCC Annual Report, 2019-2020

Total Strength :56
Unit :7 Kerala Girls Bn. NCC,

Cadet Appointments:

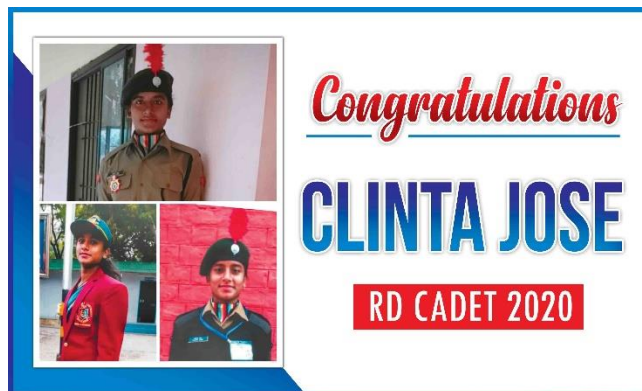
SUO : MANEESHA P.V.
JUO : SUSMITHA VASU
SGT : SINU JOSE
SGT : MARIYA K. SAJU

Parades:

We successfully completed 35 regular parade sessions. The parades were guided by instructors and GCI'S from 7 Kerala Girls Battalion and had drill and theory classes. In addition to the regular parades, cadets conducted ceremonial parades on Independence Day and Republic Day. Sr. Dr. Magie Jose, Principal was the Chief Guest for both.

Camps

- Cdt.Clinta Jose participated in Republic Day parade at NewDelhi on January 26th 2020.



- 32 Cadets attended the Annual Training Camp conducted at Carmel College Mala & Vallakom, Vaikom.
- Cdt Shobitha- attended the RDC Second Camp held at Govt. Achuthamenon college, Kuttanellor.

- Cdt. Vyshna – attended the TSC- IGC camp held at UC College, Aluva
- Cdt Sreelekha – attended TSC First camp, and NIC Camp held at MD College, Pazhanji
- Cdt Angel- attended RCTC camp in Gwalior

Activities of NCC Cadets

- Cleanliness Drive - IN CONNECTION WITH SWATCHATHA PAKWADA NCC Cadets of St. Mary's College conducted Cleaning Programme which was inaugurated by The Commanding Officer of 7 Kerala Girls Battalion, Thrissur.



- The Senior Under Officer Maneesha P.V conducted a session with regard to the topic What Can I do to Clean My City at Sacred Hearts School, Thrissur.



- Handwash Day- Personal Hygiene and maintenance of cleanliness was acknowledged through rallies and pamphlets were made. Leaflets were handed over to students and they were made aware of its importance.



- NCC cadets of ST Mary's College Thrissur celebrated Rashtriya Ektha Divas on 31 October 2019. Various programmes were held to commemorate the same. The function began with principal's address about the importance of the day and about great achievements of Indian Leader Sir Sardar Vallabhai Patel. NCC cadets took the pledge which gave us an outlook about the unity and integrity of our nation. Awareness programs were conducted to educate common people about the spirit of unification and to spread the message of unity, integrity, fraternity and brotherhood.



- International Yoga Day - NCC Unit of St.Mary's College, Thrissur observed the International Yoga Day on 21st of June adhering to the Yoga Protocol. A yoga demonstration of 37 cadets followed by Musical yoga was the highlight event of the day. 7 Kerala NCC Battalion Administrative Officer Maj Sheela Mathew addressed the gathering and motivated young cadets to make yoga part of their daily life. Associate NCC Officer Lt Anu D. Alappat, GCI Asha and NCC officers from the Battalion took part in the event. The event concluded with a pledge to practice yoga for mental and Physical wellbeing. The pledge was rendered by Dr. Sr. Sandra, Vice-Principal, St. Mary's College, Thrissur.



- On October 2nd a mass rally was arranged around Thekkinkadu Maidhan to give awareness about Clean India to the society. Our cadets cleaned palace Road and collected the waste and handed over to municipality.



In our College we cleaned the Gandhi park and surroundings. Cadets took a pledge on Swatchatha. Sr.Dr.Magie Jose rendered the pledge. Our cadets performed a flash mob on the topic clean India.



- On 26th July we celebrated Kargil Vijay Diwas by a demonstration. Martyrs of Kargil Diwas were commemorated with *Pushparchana*. Principal, Sr. Dr. Magie Jose; Teaching and ministerial staff and students of St. Mary's college, Thrissur took part in the ceremony.

We are indebted to Col Joseph Antony our Officer Commanding and Maj. Sheela Mathews for their constant support from 7Kerala (G) BN NCC.