

# St. Mary's College, Thrissur-680020

## **Day Celebration 2016-17**

#### **World Environmental Day**

## Planting tree sapling in College Campus

Celebrations was inaugurated on 3<sup>rd</sup> June, 2016 by Principal Dr. Sr. Marriette by planting Agathy tree saplings in College ground. She motivated the students to imbibe the pulse of conservation through active participation in conservation activities.





## Invited talk on 'Organic farming in families'

**Dr. S. Estelitta**, Professor and Head, Communication Centre, Kerala Agriculture University, Mannuthy gave an invited talk on the subject "Organic farming in families" on 3<sup>rd</sup> June 2016.



#### **Film Screening**

Department of Zoology screened a Short Film on 'Illegal Trade of Wild Animals'



## **Elocution Competition**

An Elocution Competition on 'Individual Contribution to Nature Conservation' was conducted in connection with the World Environment Day on 6th June 2016. The first prize was bagged by Anjana K of III DC English and Briji Maria of II DC BBA. The second prize was secured by Akhila M.G. of II DC B.Com. The third prize was won by Parvathy Warrier of II DC English.



#### **Interdepartmental Poster Making competition**

Department of Commerce conducted an Interdepartmental Poster Making competition on the topic 'One Earth One Family' on 7th June 2016, 15 students from various departments were participated in the competition. On 10th June 2016 the Department organized an exhibition of these posters.



## Prakrithiye Ariyu'

Department of Vocational studies organised a programme '*Prakrithiye Ariyu*' by Mr. Xavier Elthuruthu, Forest Guard, Peechi-Vazhani Wild Life Sanctuary on 08-06-2016





## Distribution of tree saplings to staff and students

As part of World Environment Day Celebrations, tree saplings were distributed to staff and students of the College. The program was inaugurated by Honorable Agriculture Minister of Kerala, Advocate Sri. V. S. Sunil Kumar on 9th June 2016.





#### **Power Point Presentation Competition**

In connection with World Environment Day Celebrations, the Dept. of Computer Science and Applications conducted a Power Point Presentation Competition on Impact of E-Waste on Ground Water and its Solutions' on 9th June 2016 at 2.30 pm. '.





#### **Poster Making Competition**

The Department of Psychology, conducted a Poster Making Competition on 9th June 2016. The topic was 'Impact of Environmental Changes on Human Lifestyle'. Prior to the competition a small awareness class on 'Global Warming and its Physiological and Psychological Effects' was given to the participants. Students from various departments participated in the competition.







#### Invited talk on 'Biodiversity of Western Ghats'

Conducted invited talk on topic, "Biodiversity of Western Ghats" by Dr. Jain J. Therattil, Assistant Professor in Zoology, St. Aloysius College, Elthuruth, Thrissur on 10th June 2016.





#### Invited talk on "Plant Vitilizer -Fish Amino

Conducted a demonstration and talk on "Plant Vitilizer -Fish Amino" by Dr. Julie P Lazar, H.O.D, Department of Economics, St. Mary's college, Thrissur on 10th June 2016, to promote organic farming and recycling fish waste generated in families.



#### **Exhibition on the Deforestation**

The Biotechnology Department organized an exhibition on the deforestation, aquatic toxicity, eutrophication, protection of endangered species and climate changes. The exhibition was inaugurated

by our Principal Dr. Sr. Marriette A. Therattil on 13-06-2016, at 9.30 am. It was organized at the Kala Jyothi open stage. More than thirty postures on various environmental issues were exhibited.





## Invited talk on 'Illegal trafficking of wild animals'

An invited talk by Sri. M.I Varghese, IFS (Retd) on the topic "Illegal trafficking of wild animals on 13th June 2016 was arranged by Dept of Botany.



## **Pencil Drawing Competition**

Department of Management Studies conducted Interdepartmental Pencil Drawing Competition on the topic 'Green Environment' on 15 June 2016. Students from various departments participated in the programme.



#### **Power point presentation competition**

An intercollegiate power point presentation competition was conducted for college students based on the theme "Fight Against Illegal Trafficking Of Wild Animals" by Department of Botany on 17th June 2016. 24 students from various colleges participated in the competition.



#### Awareness programme for School Children

Selected students from neighbouring schools were given a programme on Wildlife conservation on 17th June 2016.. Slide shows, documentary shows and environmental songs were included in the programme.



#### Flash mob

Department of Social Work in collaboration with Kolazhy Panchayath observed environment day on 20th June 2016. Mr. A.J Shaju, Panchayath President inaugurated the function and Mr. Vinodkumar,

Secretary, Kolazhy Panchayath delivered felicitation address. The students from the Department of Social Work performed a flash mob on the topic "Waste Management" at Thiroor Centre.



#### **Debate**

On 30 June, 2016 Department of History organized a debate on the topic 'Need for a balance between development and environment: with special reference to Athirapilly Electric Power Project'.Dr. George Alex, HOD, Department of History, St. Thomas College Thrissur was the moderator of the session.





## World Day against Child Labour

In connection with World day Against Child Labour, IIIrd year BSW students and Mrs. Stephy Francis, faculty, participated in an awareness programme conducted and organized by Child Line,

Thrissur in association with District Legal Service Authority and District Labour Office. Chief Guest of the programme was Mrs. Annie John, District Session Judge. The topic of the awareness programme was child labour and Indian Society.



**Blood Donors Day** 

NSS unit organized Blood Donation Camp on 10<sup>th</sup> June in collaboration with IMA as part of Blood Donors Day .71 persons including staff and students donated bold in the camp .IMA gave an award.





As part of Blood Donors Day. Dept. of Biotechnology and Blood Donors Forum initiated a programme to check the blood group-"Know Your Blood Type" on 14-06-2016



**Reading Week** 

On 20<sup>th</sup> June 2016, as a part of reading week celebrations Department of English organized DEAR 'Drop Every Activity and Read'. Every staff and students were inspired to read for five minutes during lunch interval.



An Interactive session by Engadiyoor Chandra Sekharan Malayam lyrist was arranged as a part of 'vayana varam on 23-06-2016 by Department of Malayalam



Department of Economics organized Literary Quiz Competition on 29-6-2016 . The Quiz led by Ms.Jaisy David Asst.Prof. on Contract, Dept. of Malayalam





## **International Yoga Day**

NCC cadets of our college performed mass yoga in the College in connection with International Day of Yoga on 21 June 2016. NSS volunteers and Programme Officer Smt. Rakhi Chandran participated in mass demonstration of Yoga at Sahithya Academy in connection with International yoga Day celebration .





**Kargil Day** 

Kargil Vijay Diwas was celebrated at Amar Jawan Jyothi, Ayyanthole, Thrissur on 26-6-2016 by giving tributes to martyrs and Indian Army.



**World Population Day** 

In connection with World Population Day, Department of Economics conducted Elocution Competition 'Empowering Girls Empowering Nations' and Essay Writing Competition – Women and Society on 22th July 2016.





A poster designing competition titled 'Women and Education' on 25th July 2016 was organized by Department of Economics.



**World Hepatitis Day** 

Department of Biotechnology, organized an awareness talk on 'What I Need to Know about Hepatitis A?' by Dr. Sheeja N A ,Junior Administrative Medical Officer DMO (Health) Thrissur on 28-7-2016



Sanskrit Day

Department of Sanskrit is observed Sanskrit day on 29<sup>th</sup> July 2016 at 2.30 pm in the Chavara Hall. The function was inaugurated by Dr. P V Narayanan, Assistant Professor, S.S.V.S.Regional



Center, Payyannoor. The students performed many programmes such as dance, mono act, solo song etc. A Bible script exhibition was also arranged at Kalajyothi.

#### Hiroshima Nagasaki Day

In connection with Hiroshima-Nagasaki Day remembrance the Department of History organized a candle light procession with a peace music on 09/08/2016.



## **Independence Day**

Dr Sr Mariette A. Therattil, Principal hoisted national flag and delivered a speech. NSS Programme officer Smt Vandana A B and student representative also delivered a speech. In addition to the regular parades NCC conducted ceremonial parades on Independence Day





Later NSS Volunteers marched in the town to propagate

#### Swachh Bharath

In Connection with the 70th Independence Day celebrations the Department of History conducted a postal stamp Exhibition of "National Freedom Fighters" was conducted in the G.U.P.S Konnathakunnu, Vellangallur.



**Teachers' Day** 

Teachers day was celebrated on 05.09.2016 by College Union with variety programmes to honour the teaching community.



The Department of English in association with Library and Literary Club conducted a Letter Writing competition on 5th September 2016 as part of the Teacher's Day Celebrations. Twenty nine students from various departments participated in the competition. The students were asked to write letters to people who have influenced and inspired their lives.





## **Voluntary Eye Donation Day**

As part of Voluntary eye donation day, NSS Units organized an awareness talk on eye donation on 7th September. NSS Volunteers created an awareness among students for the Kerala Blind Association.



#### **Onam**

Onam celebration was organized by the college union on 9.9.2016. Various cultural programmes and competitions were organized. Thiruvathirakali, Pookalam, Best Maveli competitions were organized. Traditional Onam games were arranged.







## **Ozone Day**

Department of Biotechnology celebrated Ozone day on 28th September 2016. A dance drama was performed by 1st year B.Sc. Biotechnology students in the open ground of the college.



Department of Chemistry, organized two day programmes in connection with Ozone Day Celebrations 2016 with the support of KSCSTE and DST, Govt. of India on the focal theme "OZONE AND CLIMATE: RESTORED BY A WORLD UNITED" on 27 & 28 September 2016. On 27th September, Dr. Sr. Marriette A Therattil, Principal St. Mary's College, Thrissur inaugurated the celebration at

12.30pm. A Collage Making Competition on the theme 'Ozone and Climate: restored by a World United' was conducted on the same day. On 28th September, an Invited Talk by Dr. T. V. Sajeev (Scientist-E1, Department of Forest Entomology, Kerala Forest Research Institute, Peechi P.O,Thrissur) was organized at 10.30 pm. Sr. Mary K P, Head of Chemistry Department, addressed the gathering with a short speech on the importance of Ozone day celebrations





#### World Alzheimer's Day

On 21st September 2016 the students were given an awareness class on dementia and Alzheimer's followed by various competitions like memory based tests – Sudoku competition, Memory enhancer viz, "Know your brains". 35 students participated.



Department of Biotechnology observed Alzheimer's Day on 30th September 2016 by an awareness talk on Alzheimer's and related disorders by Mr. Sureshkumar O. P, representative from ARDSI and KSID. Pamphlets regarding the working of KSID and the precautionary measures to manage the incidence of dementia were distributed among the students.



**World Mental Health Day** 

In connection with World Mental Health Day, The Department of Psychology has organized a One day event on 4th October 2016. An intercollegiate level Poster Making and Quiz Competition, followed by a talk was the highlights of the event. Students and faculties from various colleges attended for the same. The event was inaugurated by Sr.Dr. Marriette A. Therattil, Principal, The official inaugural ceremony came to an end by 10am. A talk on the topic "Mental Health among Students" was given by Sr. Tesna George Asst. Director Carmel Shanthi Dham Counselling Centre, Thrissur...Sister also shared her counselling experiences with students.







**International Youth Day** 

Department of Social work conducted an essay competition. on "Youth in 21st Century" on 28th October 2016. 12 students from different departments actively participated in the competition. Ms.Meera Krishnan E.R (1st year Microbiology), Ms. Vismaya M T (1st year Economics) and Ms.Dhanya K R (2<sup>nd</sup> year Economics) got first, second and third prize respectively.



**Hindi Day Celebration** 

Hindi Day Celebrations was inaugurated by Dr. Mimi Mani Panakkal, Head Dept. of Hindi ,Vimala College Thrissur on 28th October 2016. An invited lecture was arranged in connection with the programme on the topic 'Women Empowerment in Modern Era'.



#### Rastriya Ektha Divas

To commemorate the birth anniversary of Sardar Vallabai Patel government decided to observe 31st October as National Unity Day. NSS Units of St. Mary's College initiated to take a pledge on National Unity.



#### Kerala Piravi

The Post Graduate Department of History organized an Exhibition on 'Mama Keralam Arivadayalangal in connection with the 60th year of Kerala Piravi. Exhibition was inaugurated by Prof. T.R. Venugopal Retired Faculty ,Sri C Achutha Menon Government College, Kuttanellur and a renowned historian in Kerala History. The exhibition was documented as a book





Mama Keralam Arivadayalangal



Kerala Piravi was celebrated by College Union on 1 November 2016 and Malayali Manka competition, Thiruvathirakali, visual representation of poothappattu, etc were organized on the day



#### **World Nutrition Day**

Dept. of Biotechnology organized an exhibition on various health products of Wellness Diet, Pvt Ltd on 10th November 2016. An awareness talk by Ms. Cindin John, Nutritionist and Dietitian, Elite Mission Hospital, Thrissur, on"Diet &Nutrition for Young Women" was organized. It was followed by an informative talk on "Food Today- Myth & Facts" by A. Sasidharan, Managing director, Wellness diet (P) Ltd.





Children's Day

On 14th November, in connection with Children's day celebration NSS volunteers participated and performed various cultural activities like Drama, games for the children of Kannara G.U.P. School, Pattikkad Higher Secondary School. In the Programme NSS volunteers gave awareness about child abuse, Cybercrime among the children and youth. NSS volunteers also celebrated the children's day by distributing sweets and balloons to the children.



## **World Aids Day**

In connection with World AIDS Day, NSS volunteers participated in the awareness rally and they also performed a flash mob at Town hall as part of the public function on 1st December. The theme of this year was 'Hands up for HIV prevention'. The volunteers also spread the messages on its prevention through their act.



In connection with World AIDS day, various interdepartmental competitions were conducted by the department of Microbiology on 1/12/2016. The competitions included Essay writing, Poster making, Collage and Quiz.



Department of Biotechnology conducted various awareness programmes like Flashmob and poster exhibition. The posters focussed on the theme 'Hands up for HIV prevention'.





**Human Rights Day** 

World Human Rights Day was observed by Dept of Economics on 10th December 2016, Sri C.R Das, Child Rights Activist and Children Literary writer gave an invited lecture on Child Rights. Principal Sr. Dr. Marriette A Therattil delivered the presidential address. Dr.Julie P Lazar (HOD Dept. of Economics) welcomed the gathering and Dr. Binu K (HOD Dept. of Sociology) spoke on the occasion.







Mime was presented by students in the College to highlight the need to prevent human rights violation. Faculty and students took out a procession in the town with slogans against human abuses.





Department of Social work conducted flash mob on 'Human Rights' on 10th December 2016 in association with Social work departments of St. Thomas College, Thrissur, St. Joseph's College, Irinjalakuda, Christ College, Irinjalakuda and Mercy College, Palakkad held in the evening at Thekkegopuranada, Thekkinkadu Maidanam, Thrissur.





Department of Vocational Studies organized Christmas Greetings Card Competition on 20 th Dec 2016, Tuesday, from 10.30 am to 12.00 pm. The competition was conducted both digitally and manually.







College Union organized Intercollegiate Carol competition was organized on 21.12.2016



Christmas was celebrated by College Union on 23.12.2016, various competitions - carol song, best Christmas papa, crib making were organized.









#### **Youth Day**

In connection with International Youth Day the Department of Social work is conducting an essay competition on 28<sup>th</sup> October 2016. The topic was "Youth in 21<sup>st</sup> Century". 12 students from different departments actively participated in the competition. Ms. Meera Krishnan E.R (1<sup>st</sup> year Microbiology), Ms. Vismaya M T (1<sup>st</sup> year Economics) and Ms. Dhanya K R (2<sup>nd</sup> year Economics) got first, second and third prize respectively.



#### **Republic Day**

College celebrated Republic Day with Flag Hoisting Ceremony at 9 am along with the parade by NCC Cadets on 26/01/2017. Dr Sr Mariatte A Therattil Principal hoisted the National Flag. Lt. Anu D Alapatt, NSS P.O'S Smt. Swapna K.P and Rakhi Chandran led the programme.

NSS volunteers conducted cleaning programme at Thrissur Railway Station on 26/01/2016 as part of republic day celebrations.







## **World Wetland Day**

A trip was conducted to Kanimangalam kole wetland and Azhikode wetland to observe World Wetland Day on 27<sup>th</sup> January, 2017. The visit included oath taking for protection of wetland, cleaning of wetland, human chain formation in Kanimangalam Kole land, boating at Azhikode estuary and visit to Azhikode beach.



Wetland visit-kanimangalam kole land



Oath taking –for protection of wetlands

Cleaning - Azhikode wetland



Human chain formation

Department of Botany and Zoology conducted an Talk on "Wetlands for disaster risk reduction" by Dr.C.P Shaji, Former Principal investigator, Kerala Biodiversity Board, on 2<sup>nd</sup> February, 2017.



Talk by Dr. C.P.Shaji

## Exhibition on "Wetlands and their importance

An exhibition on "wetlands and their importance" was arranged on 27<sup>th</sup> Feb-2017 as part of one month long activities of World Wet land day celebration.



Inauguration of the exhibition

students watching the exhibition

Organized a talk on 'Wetlands for disaster mitigation' by Dr. S. Sreekumar, Associate Professor, Dept. of Geology and Environment Science, Christ College, Irinjalakuda on 2<sup>nd</sup> March 2017





Talk on Wetlands for disaster mitigation

## Ramanujan Day Celebration

In connection with Ramanujan day celebrations, Department of Mathematics conducted a talk by Dr. A Noufal, Assistant Professor Dept. of Mathematics Cochin University of Science and Technology on the topic 'Wavelets' on 30-01-2017



#### **National Science Day**

Department of Biotechnology organized various intercollegiate competitions (essay writing, painting, poster making and elocution) on 16-2-2017 under the theme 'Science and Technology- A Ray of Service to the Challenged (STARS)' with the sponsorship of KSCSTE, Kerala and support of DST, Delhi. 97 students participated.









For creating awareness among the students about the differently abled, field visits were arranged to 'Ephphatha', Speech and Hearing Centre, Punkunnam, Thrissur and to 'Reach-Swasraya', Centre for Differently Abled, Kuttur, Thrissur on 17-2-2017.





The series of lectures started on 22-2-2017 by Dr. E. Jayadevi Variyar (Assistant Professor, Sr. Sc., Kannur University). The talk emphasized on stem cell therapy and CRISPR technology used in gene therapy. On 27<sup>th</sup> February 2017, Dr. P. Bhanumathi, Founder of AMHA (Association for Mentally Handicapped Adults, Thrissur) and Dr. Manju Thomas Poonolil (Audiologist and Speech pathologist, Ephphatha, Punkunnam) gave talks on the importance and use of science and innovative technologies for the betterment of differently abled people.







The documentary exhibiting various gadgets and innovative technologies used for improving the lifestyle of specially abled persons was inaugurated by Dr. Sr. Marriette A. Therattil, Principal, St. Mary's College, Thrissur on 28-2-2017. After documentary, flash mob was performed by I<sup>st</sup> and II<sup>nd</sup> BSc. Biotechnology students highlighting the focal theme of National Science Day.





Department of Chemistry, organized a department level short Film based on the topic on 28 th February 2017 by our students to celebrate national science day 2018. The theme of short film was "Chemistry In Everyday Life.

## **International Women's Day**

As part of International Women's Day celebration, Department of Social Work organized a talk on "Law related to Women" on 8<sup>th</sup> March 2017. The session was handled by Adv. Betty Jose DLSA, Ayyanthole. Ms. Simmy A.M, Head of the Department felicitated in the session and 55 students were participated. Women's right and laws related to women were discussed in the session.

## Pi Day

Pi day celebration of the Department of Mathematics was held on 14<sup>th</sup> March 2017. Intercollegiate poster competition was held in the morning session. In the Afternoon session, Prof. Mary Joseph Annakutty, retired faculty delivered a talk. 110 students were present for the programme.



