



St. Mary's College, Thrissur – 680020

IQAC Activity Report 2018-19

BE AN EFFECTIVE TEACHER

IQAC organized a one day orientation program for the faculty on 4th June 2018 at Jubilee hall. Mr. Zakaria M V, retired Asst Registrar and PRO, University of Calicut was the resource person. The session started with a discussion about the qualities of a best teacher and ended with the discussion on multifaceted role of a teacher. The session was held from 8.30 to 4.30 pm. The class was very impressive with the video presentations and group discussions and all the teachers actively took part in the same. It made a spark within the teachers and it was a fruitful session for all of them.



ORIENTATION CLASS -LIFE SKILLS

Orientation class about Life Skills was delivered by Rev Fr Raju Akkara, Psychologist for Students on 4 June 2018.



ORIENTATION CLASS ON PERSONALITY DEVELOPMENT

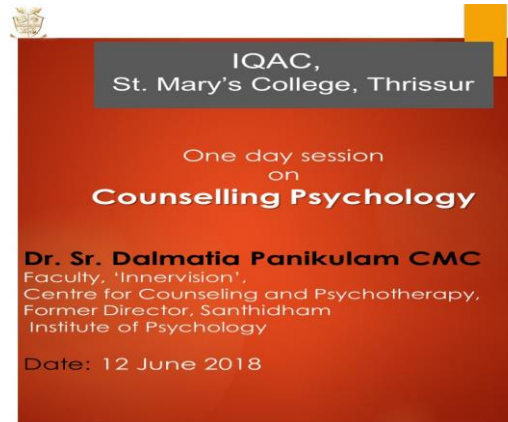
A one day Orientation class on Personality development for students were given by Dr. Joselet Mathew, Former Principal of Nirmalagiri College, Kannur, Former Vice President of The Principals Council Kerala, Master Trainer in Human Resource Development on 6Jun2018



COUNSELLING PSYCHOLOGY

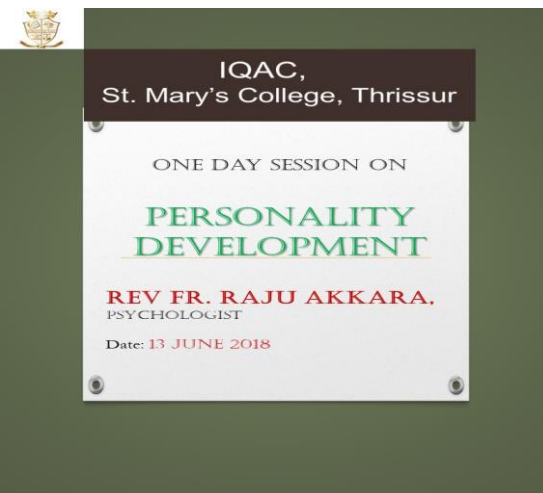
IQAC organised a one day session on Counselling Psychology by Dr. Sr. Dalmatia Panikulam CMC. Faculty, 'Innervision', Centre for Counselling and Psychotherapy, Former Director Santhidham Institute of Psychology was arranged for the faculty on 12-6-18. She dealt in detail mentoring of the students, how students can be made at ease at mentoring and Counselling. She pointed out that counselling should be done

confidentially. Practical session was also conducted among the group. Sr Dalmatia a leading NLP Practitioner discussed on the role of NLP in improving the confidence levels.



PERSONALITY DEVELOPMENT

One day session on Personality Development was given by Rev Fr. Raju Akkara, Psychologist for the Faculty on 13 June 2018. The one day session provided insight on the personality of a teacher, role of a teacher and how a teacher with a right attitude can guide students in a positive way.



INTRODUCTION TO FRESHER'S

The programme began with a prayer by college prayer team at 8.30 am. Lamp was lighted by Principal, Vice Principal, student representative, staff representative and parent representative. Welcome Address was delivered by Dr Dalie Dominic (Admission Nodal officer). Principal welcomed the gathering and gave an account of the College, its programmes, activities and rules and regulations. This was followed by

address by Sri R.V Ramakrishnan PTA Vice President. An introduction to College,its courses,initiatives, infrastructure etc was put before the audience by Dr Julie P Lazar (IQAC Coordinator). Later the students were taken to the respective classes by class tutors



ORIENTATION TO PARENTS

A session on **good parenting** was given by Fr. Julies Arakkal, Asst Director ,Amala Medical College, Thrissur. Sri O.A Babu, S.I of Police, office of city Police Commissioner,Thrissur gave a presentation on **Cyber Crime**.



MONSOON FEST

Monsoon Fest has always been a celebration for the entire student community of St. Mary's college. Monsoon fest'18 was celebrated on 3rd and 4th of August 2018. The program was inaugurated by Sangeetha Sreenivasan, well-known script writer and poetess. The key attractions of the event were Food Fest, Exhibition cum Sale, Film Show, Games, Mehandi, Nail Art, Health corner and Entertainment programmes such as skit, rain dance conducted by St. Marians to collect fund for charity. All the departments of our college, teaching, nonteaching staff and students, Alumni, PTA wholeheartedly participated by organizing food stall, sales stall and games stall.



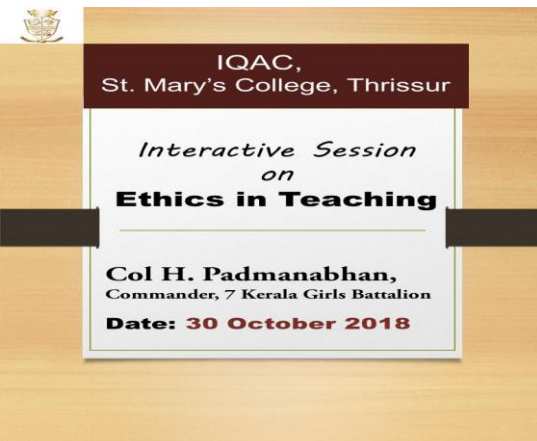
TOPPERS DAY

Toppers Day was organised on 9-8-2018 to congratulate the toppers of the 2018- exams. Dr. V.V Georgekutty, Controller of Examination, University of Calicut was the guest of the day. Sr. Dr. Magie Jose, presided over the function



SESSION ON ETHICS IN TEACHING

An Interactive Session was arranged on Ethics in Teaching by Col H. Padmanabhan, Commander, NCC 7 Kerala Girls Battalion on 30 October 2018 from 2-4 pm. He highlighted the need for self- discipline among the teaching fraternity.



SESSION ON E-CONTENT DEVELOPMENT

A session on E content development by Dr. Sr. Smitha Rose G, Assistant Professor, Department of Mathematics, St. Mary's College, Thrissur was arranged for faculty on 22 November 2018. Different tools and techniques for e-content development were discussed. It was an information packed session which threw light onto various aspects of student friendly and effective content development.



ENDOWMENT LECTURE AND PAPER PRESENTATION COMPETITION

IQAC organised the Endowment Lecture and Paper presentation Competition on 04/02/19 and 05/02/19. The Lecture was delivered by Prof. Dr Moly Kuruvilla, Professor, Department of Women Studies, University of Calicut. She delivered effectively on the topic Women Empowerment : Myth or Reality with practical tips and real life stories. In her lecture she highlighted the need for women to be independent and at the same time make as effective balance between family, work, society and education. She stressed on the need to have good education. Dr. Julie P Lazar, IQAC coordinator welcomed the gathering, Sr. Dr. Magie Jose Principal delivered presidential address and Swapna K.P. rendered the vote of thanks

National level Paper Presentation Competition was organised on themes related to main theme of Women Empowerment and 29 students participated.




St. Mary's College, Thrissur
 (It is accredited by NAAC with A Grade)

VIth Dr. Sr. Rani George Endowment Lecture & National Level Paper Presentation Competition
 on
Women Empowerment: Myth or Reality
February 4-5, 2019
 Organised by IQAC, St. Mary's College, Thrissur

VIth Dr. Sr. Rani George Endowment Lecture on Women Empowerment: Myth or Reality
 @ 10 am by
 Dr. Neely Kuruvilla, Professor,
 Department of Women's Studies, University of Calicut.

National Level Paper Presentation Competition
February 5, 2019 at 9 am in Jubilee Hall

Instruction for the Competitors:

- The competition is restricted to PG students.
- Individual paper presentation
- Contributors are requested to send their abstract on or before 1 February 2019 to the mail id iqacsmcseminar@gmail.com
- Candidates will be allotted 10 minutes for presentation and 2 minutes for discussion
- Power point presentation is compulsory
- Best papers will be awarded with Cash prizes & Certificate and certificate for participation will be provided to all the participants.

Organising Committee:

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| Dr. Sr. Magie Jose (Principal) | Ms Jency James |
| Dr. Julie P Lazar (IQAC Coordinator) | Ms Ana D Alappatt |
| Ms Swapna K P (Programme Convener) | Ms Renu P Ravi |
| Ms Ml Francis E, Ms Lisa Jincy | Ms Aida Theodos |



SPECTRUM 2019

To foster Research interests in student community and to enhance awareness on general issues , IQAC organized Power Point Presentation Competitions, Spectrum 2019 for UG students on 17 Jan2019



IGNITE 2019

To inculcate research attitude and enhance analytical skills and to horn presentation skills Ignite 2019 was organized for PG students 30Jan and 6 Feb 2019. Students of all disciplines presented papers on the themes related to their core discipline. Toppers of each discipline were awarded certificates

INTERNATIONAL CONFERENCE TISAC 2019

IQAC organised International Conference TISAC 2019 in association with Marian Centre For Advanced Research (MCAR) on 29 Jan 2019. Faculty, Students and Research Scholars presented papers on different themes

MAHITHA AWARD CEREMONY

Mahitha Award Ceremony was held on 25th March 2019. Smt. Nalini Chandran Educationalist, Founder, Hari Sri. Vidya Nidhi School was the recipient of Mahitha Award 2018. The award consisted an amount of Rs 5000, citation and a memento. Dr. Julie P Lazar, IQAC coordinator welcomed the gathering and Sr. Dr. Magie Jose, Principal, presided over the function. The Award was given by Principal, followed by response and an inspirational talk by Smt. Nalini Chandran. Dr. Ignatious Antony, Principal, St. Thomas College, Thrissur and Rev Fr. Sunilkumar C. G, PTA Vice President, St. Mary's College rendered felicitations, Dr Dalie Dominic, IQAC Joint Coordinator expressed words of gratitude. The programme came to an end with National Anthem



