

# ACTIVITY REPORT 2022-2023

## DEBATE COMPETITION ON THE TOPIC“IS SOCIAL MEDIA GOOD OR BAD?”

The department of commerce has conducted an interdepartmental debate competition on the topic “ Is social media good or bad “in connection with world social media .The programme was conducted on 30<sup>th</sup> June 2022 at Chavara Hall from 1:00Pm to 2:30 Pm .Students from various departments were participated. There were 32 Participants for the competition .The judges were Bindhu Ann Philip ,HOD of English Department and Dr.Gisha Elizabeth Varghese ,HOD of Malayalam department.Nandana V.S and sree Lakshmi T Nair of BBA Department Won the First Prize and Second Prize Won by Rosemary K.C and Gayathri Jose of MSC Biology .Third Prize awarded to Vindhuja Vijayakumar and Kripa of M.Com.The event conducted by our commerce department was success and aspiring.



**ST.MARY'S COLLEGE, THRISSUR**

(Re-Accredited with NAAC 'A+' Grade)

**Department of commerce**

**ORGANIZES A DEBATE COMPETITION ON THE TOPIC  
“IS SOCIAL MEDIA GOOD OR BAD”**



**In connection with  
June 30-World social media day**

Date :30<sup>th</sup> June 2022  
Time :1.00 pm  
Venue : Chavara hall

Rules:

- Students can talk in both Malayalam/ English languages
- A team should have only 2 students
- The decision of judges is final

PRINCIPAL

Dr. Sr.Magie Jose

HEAD OF THE DEPARTMENT

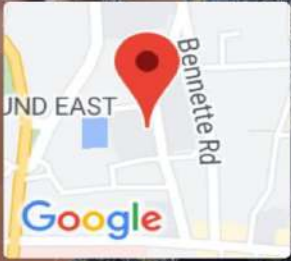
Ms..Jinu Josy

FACULTY COORDINATOR

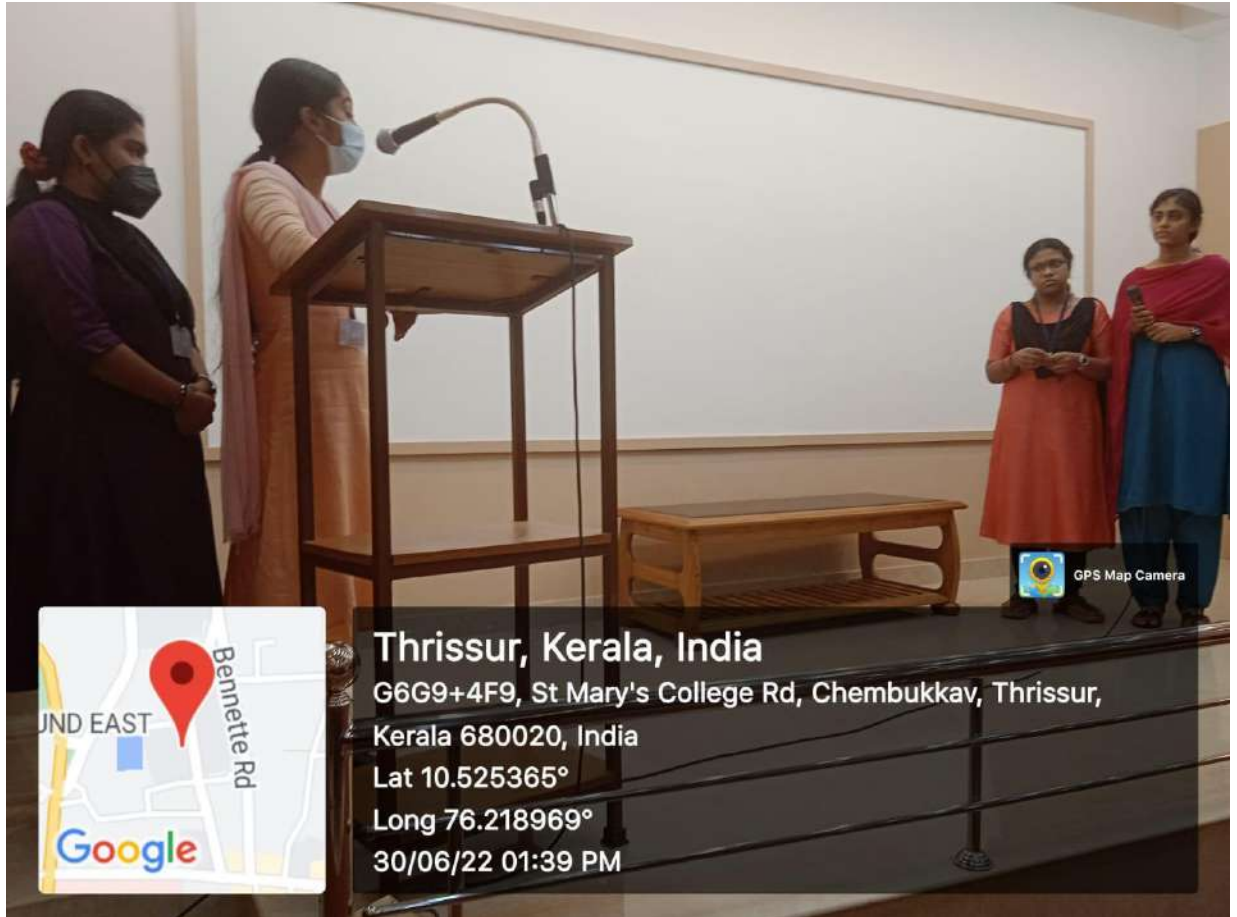
Ms. Sanitha B Vincent

STUDENT COORDINATOR

Aagna Anil Kumar



**Thrissur, Kerala, India**  
G6G9+4F9, St Mary's College Rd, Chembukkav, Thrissur,  
Kerala 680020, India  
Lat 10.525365°  
Long 76.218971°  
30/06/22 01:14 PM



## **WORLD DAY FOR INTERNATIONAL JUSTICE CELEBRATION 2022**

In connection with the world day for International justice, the post graduate department of Commerce, St. Mary's College, Thrissur organized an invited talk on the topic "Human values" on 20<sup>th</sup> July 2022 at 1.30pm in Chavara hall. The session was handled by Jilson Antony P, B.Com LLB, enrolled Bar Council of Kerala in 1999. With the help of this Talk the department attempted to spread awareness for International justice among students.



ST.MARY'S COLLEGE, THRISSUR

(Re-Accredited with NAAC 'A+' Grade)

Department of commerce

ORGANIZES AN INVITED TALK ON THE TOPIC

**"HUMAN VALUES"**



**JILSON ANTONY P**

B.Com LLB

Enrolled Bar Council of Kerala in 1999

Date :20<sup>TH</sup> JULY2022

Time :1.30 pm

Venue : Chavara hall

PRINCIPAL

Dr. Sr.Magie Jose

HEAD OF THE DEPARTMENT

Ms.Jinu Josy

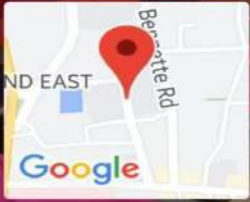
FACULTY COORDINATOR

Ms. Steffy Johnson

STUDENT COORDINATOR

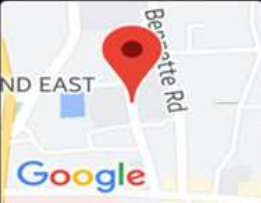
Athira Prakashan





**Thrissur, Kerala, India**  
Pallikulam -Thayyoor Rd, Chembukkav, Thrissur, Kerala 680001, India  
Lat 10.525331°  
Long 76.219163°  
20/07/22 01:38 PM

GPS Map Camera



**Thrissur, Kerala, India**  
Pallikulam -Thayyoor Rd, Chembukkav, Thrissur, Kerala 680001, India  
Lat 10.525331°  
Long 76.219163°  
20/07/22 01:36 PM

GPS Map Camera

## FINANCIAL AWARENESS PROGRAMME

The department of Commerce, St. Mary's college, Thrissur organized a financial awareness programme in collaboration with BSE and HerMoneytalks on **26<sup>th</sup> July 2022** at St. Joseph's seminar hall . The programme was conducted with an idea of providing financial literacy among the students of the commerce department. The resource person for the session was Ms.Nisary M, Financial coach and founder of HerMoney Talks. She explained the concept of saving habits among students and also provided fact based presentation stating the importance of early investing. The participants were from degree second year and third year students and Pg final year students. Financial literacy for college graduates would help them grasp the importance of organizing their finances.



**ST.MARY'S COLLEGE, THRISSUR**  
Nationally re-accredited with NAAC A+ Grade

DEPARTMENT OF COMMERCE  
conducts

**FINANCIAL AWARENESS PROGRAMME**  
in association with BSE and Her Money Talks on  
26th July 2022 at 9.30 am @ St. Joseph's Seminar Hall

**RESOURCE PERSON : Ms.Nisary M,  
Founder HerMoney Talks**

Dr. Sr. Magie Jose	Ms. Jinu Josy	Ms. Ruchi Mehta	Ms. Sanjana Shaji
Principal	Head of the Department	Faculty Co-ordinator	Student Co-ordinator







### **CAREER GUIDANCE PROGRAMME “RISE YOUR CAREER”**

Department of commerce decided to conduct a series of Career guidance programme “Rise your career” and first programme was held on 30th September 2022 for B.com second year students to understand various commerce fields. This programme was organized by department of commerce with the help of T.I.M.E . Institution, Thrissur. The programme started by 9:30 am after all the second B.com students were seated at the respective class room. Then the session was handled by DIJO JOSE (Student relation Officer, T.I.M.E. Thrissur).He encouraged the students for choosing various fields in higher education .By the end of the programme , they distribute brochure ,feedback form and career magazines to students.





ST.MARY'S COLLEGE, THRISSUR  
(Re-Accredited with NAAC 'A+' Grade)  
Department of commerce

**T.I.M.E**  
**RISE YOUR CAREER**

Date :30<sup>TH</sup> September2022

Time :9:30 am

Venue :Classroom 508

**RESOURCE PERSON:**

Mr DijoJose(Student Relation Officer)

PRINCIPAL  
Dr. Sr.Magie Jose

HEAD OF THE DEPARTMENT  
Ms.Jinu Josy

FACULTY COORDINATOR  
Ms. Himaprabha P

STUDENT COORDINATOR  
Surya M S



**Thrissur, Kerala, India**


G6G9+4F9, St Mary's College Rd, Chembukkav, Thrissur, Kerala

680020, India

Lat 10.525482°

Long 76.218697°

30/09/22 10:03 AM

 GPS Map Camera



## DEBATE COMPETITION REPORT



The department of commerce has conducted an interdepartmental debate competition on the topic “TOURISM LEADS TO ENVIRONMENTAL DEGRADATION” in connection with Tourism Day. The programme was conducted on 06<sup>th</sup>October 2022 at St.Chavara seminar hall from 12.00 Pm to 2.00 Pm. Students from various departments were participated. There were 22 participants for the competition. The judges were Dr.Jisha Elizabeth Varghese, HOD of Malayalam department, Steffi Francis - department of social work and Athulya M. Ramesh, Psychology department. Asna K.B and Femina Banu from B.voc applied biotechnology department won the First prize and Second prize won by Durga and Lakshmi from department of English. The event conducted by our Commerce department was success and aspiring.





# ST.MARY'S COLLEGE, THRISSUR

(Re-Accredited with NAAC 'A+' Grade)

Department of commerce

ORGANISES A DEBATE COMPETITION ON THE TOPIC

**"TOURISM LEADS TO ENVIRONMENTAL DEGRADATION"**

Date :30<sup>th</sup> September2022

Time :2:00 pm

Venue : Chavara hall

PRINCIPAL  
Dr. Sr.Magie Jose

HEAD OF THE DEPARTMENT  
Ms.Jinu Josy

FACULTY COORDINATOR  
Ms. Reenu Jose

STUDENT COORDINATOR  
Henfa Aliyar

## **A CAREER ORIENTATION PROGRAMME IN ASSOCIATION WITH LUMEN ACADEMY**

Department of Commerce organized a career orientation programme in association with Lumen academy on 10<sup>th</sup> October 2022 at 9.45 am. Mr. Fasal and other faculty members from Lumen academy handled the session. The session was an informative one. They also conducted an aptitude test for the students. The session was conducted for the third year students.



## ASSOCIATION INAUGURATION


The department of Commerce association inauguration was held on 26<sup>th</sup> October 2022 at 10.30 am. This year the department celebrated its 10<sup>th</sup> year of establishment that is from the year 2012.

The activities for the year 2022-23 was inaugurated by Mr.Anto George.T, Senior General Manager, South Indian Bank. The resource person graced the occasion by his presence. He also delivered a talk on this occasion on the topic “Recent Banking Trends”. Dr.Sr Magie Jose , Principal presented a memento as a token of love to our resource person.

Post the inauguration session the programme was continued by some mesmerizing cultural art forms performed by our students. At the end a video depicting the achievement and growth of the department throughout these years was played which was highly appreciated by all.

ST.MARY'S COLLEGE, THRISSUR  
NATIONALLY RE-ACCREDITED WITH NAAC A+ GRADE

POST GRADUATE DEPARTMENT OF  
COMMERCE  
PRESENTS  
ASSOCIATION INAUGURATION 2022



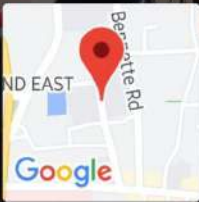
*Guest of Honor*  
*Mr. Anto George . T*  
*Senior General Manager,*  
*South Indian Bank*

You are invited  
26 OCTOBER, 2022, 10.30 AM  
ST.CHAVARA SEMINAR HALL

PRINCIPAL DR.SR.MAGIE JOSE	HEAD OF DEPT MS.JINU JOSY	FACULTY COORDINATOR MS.RUCHI MEHTA	STUDENT COORDINATOR MS.GOPIKA PRADEEP
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Thrissur, Kerala, India  
Pallikulam -Thayyoor Rd, Chembukkav, Thrissur, Kerala 680001, India  
Lat 10.525331°  
Long 76.219163°  
26/10/22 10:18 AM



Thrissur, Kerala, India  
Pallikulam -Thayyoor Rd, Chembukkav, Thrissur, Kerala 680001, India  
Lat 10.525331°  
Long 76.219163°  
26/10/22 10:22 AM



## FIELD VISIT



The students of the commerce department had their Field Visit on 28<sup>th</sup> October 2022. The visit was to the Milma Dairy, Ramavarmapuram. The visit was facilitated to know more about Milma Dairy and its products. The students were accompanied by two of their teacher's. They left from the college premises at about 9.30 in the morning and took a bus to Ramavarmapuram. The students and their teachers had arrived in the destined place at 10:15 in the morning. They all gathered in a small conference room for a small briefing about the Milma Dairy and the processing of milk. The manager warmly welcomed the group. After the briefing students and teachers left as a group of 25 each to see the milk processing unit.

### Process

Milk is taken in tankers to a milk factory where its pasteurisation and homogenisation takes place. This technique heats milk to 72 degree Celsius for not less than 15 seconds, then cooled immediately to destroy and harmful bacteria and microorganisms. Milk processing allows the preservation of milk for days.

### Quality check

Sample of the raw milk is taken and the quality check is done. The fat and SNF (solid non-fat) content we checked. Once the milk undergoes the quality check, it is transferred into a tank (silo tank)

### Types of Milk

Pride Milk: - Orange pack

Fat: - 3.4

SNF: - 8.5

Toned Milk: - Blue pack

Fat: - 3

SNF: - 8.5

Smart Milk: - Yellow pack

Fat: - 1.5

SNF: - 9

Our trip ended about 2.00pm. It can be concluded that the visit was successful. We learned something new and beneficial for us.



## INTER DEPARTMENTAL ELOCUTION COMPETITION ON “LIVE WITHIN YOUR MEANS”

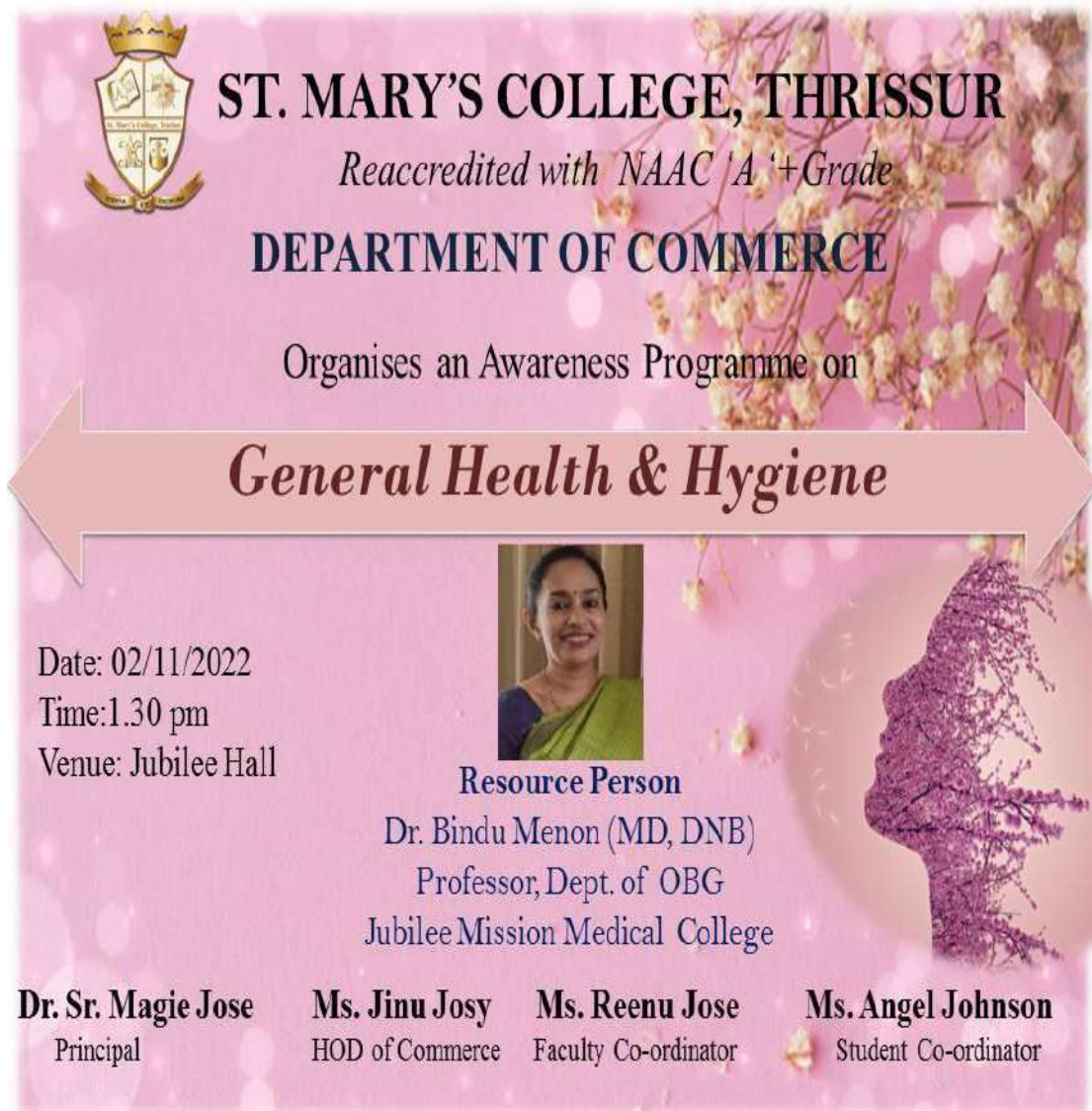
On 31<sup>st</sup> October 2022 Department of Commerce conducted inter departmental elocution competition to find the best speaker. The elocution competition was conducted as a part of savings day celebration. The competition were chaired by Sr. Shipsy Augustine of Economics department and Smt. Krishnapriya Suresh Babu from English department. Ms. Rajasree Rajeev of IInd BA History was selected as the best speaker and second prize was secured by Hefzeeba Shaju of IIIrd BSC Biotechnology.






## **AWARENESS PROGRAMME ON HEALTH & HYGIENE**

Department of Commerce conducted an awareness programme in collaboration with Innerwheel club on the topic “General health and hygiene” on 02<sup>nd</sup> November, 2022 at 1.30 p.m in Jubilee hall. The session was handled by Dr. Bindu Menon (MD, DNB) Professor, Department OBG, Jubilee Mission Medical College, alumnae of St Mary’s college. The lecture was very informative and thought provoking as the resource person spoke on the importance of health & hygiene and also its impact on human life.



 **ST. MARY'S COLLEGE, THRISSUR**  
*Reaccredited with NAAC 'A' +Grade*  
**DEPARTMENT OF COMMERCE**  
Organises an Awareness Programme on

***General Health & Hygiene***

Date: 02/11/2022  
Time: 1.30 pm  
Venue: Jubilee Hall

  
**Resource Person**  
Dr. Bindu Menon (MD, DNB)  
Professor, Dept. of OBG  
Jubilee Mission Medical College

**Dr. Sr. Magie Jose**  
Principal

**Ms. Jinu Josy**  
HOD of Commerce

**Ms. Reenu Jose**  
Faculty Co-ordinator

**Ms. Angel Johnson**  
Student Co-ordinator





Thrissur, Kerala, India  
Pallikulam -Thayyoor Rd, Chembukkav, Thrissur, Kerala 680001, India  
Lat 10.525331°  
Long 76.219163°  
02/11/22 01:38 PM



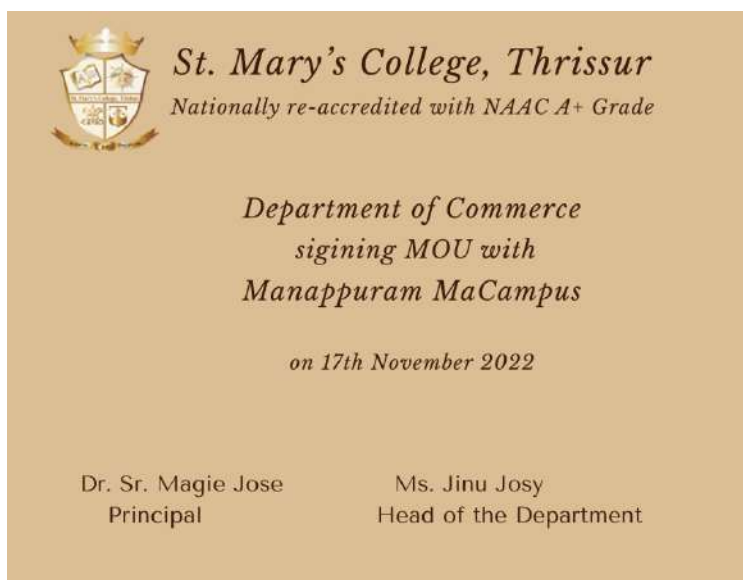
Thrissur, Kerala, India  
G6G9+4F9, St Mary's College Rd, Chembukkav,  
Thrissur, Kerala 680020, India  
Lat 10.525008°  
Long 76.218873°  
02/11/22 02:23 PM GMT +05:30



Google

## MOU SIGNING WITH MANAPPURAM MACAMPUS

Department of Commerce has signed MOU with Manappuram Macampus on 17th November 2022. Which will ensure the career of our students with professional course CMA. It was an initiative to enrich our students with professional talents to conquer the world. Dr. Sr. Magie Jose, Principal, St. Mary's College, Thrissur and CMA Ramasubrahmanian T N signed the MOU.





Thrissur, Kerala, India  
Pallikulam -Thayyoor Rd, Chembukkav, Thrissur, Kerala 680001, India  
Lat 10.525331°  
Long 76.219163°  
17/11/22 09:49 AM

## **A WEBINAR ON LEADERSHIP AND IT'S CHANGING DYNAMICS UNDER MOU IN COLLABORATION WITH DE PAUL COLLEGE MYSORE KARNATAKA**

Department of Commerce organized a webinar on Leadership and it's changing dynamics under MOU in collaboration with De Paul College Mysore Karnataka. Dr. Sadia Tabassum, PGDMM, MBA, PHD, HOD of Commerce and management handled the session on 24<sup>th</sup> November 2022 at 10. 00 am. It was a one hour session and was very effective.





# St. Mary's College, Thrissur

Nationally re-accredited with NAAC A+ Grade

## POST-GRADUATE DEPARTMENT OF COMMERCE

Under MOU in Collaboration with

**De Paul College, Mysore, Karnataka**

Organises a Webinar on

### *Leadership And Its Changing Dynamics*



**Resource Person:**

**Dr. Sadia Tabassum**

HOD, Commerce and Management  
PGDMM, MBA, PhD, (NET, JRF)

Date:  
**24/11/2022**  
Time:  
**10.00 am**  
Venue:  
**St. Joseph's  
Seminar hall**

Dr. Sr. Magie Jose  
Principal

Ms. Jinu Josy  
Head of the Department

Ms. Anjani Antony  
Faculty Coordinator

Ms. Riteena Nelson  
Student Coordinator

The screenshot shows a Zoom meeting interface. The main window displays a slide titled "Misconceptions of Leadership" with the following text:

- Leadership equates power
- Leadership skills are management skills
- Leadership is limited only to established positions or elected leadership
- All decisions of the group are made solely by the leader
- All leaders are popular and charismatic

There are several participant windows visible on the right side of the screen. At the bottom left, there is a Google Maps location pin for "Benevante Rd" in Thrissur, Kerala, India. The coordinates are Lat 10.525331° and Long 76.219163°. The date and time are 24/11/22 10:14 AM.





## **CAREER BUILDING WITH PROFESSIONAL COURSES**

A Career building programme was held in our department on 28th November 2022 for B.com First and second year students to understand various commerce field. This programme was organized by department of commerce with the help of Ma Campus. The programme started by 1:30 pm after all the first and second year students were seated at St .Joseph's Hall. Firstly our coordinator welcome the session was began with welcome speech by ms .Anjani Antony .Then the session was handled by Mr.CMA Ramasubrahmanian T.N(Director Ma Campus ,Manappuram Group).He encouraged the students for choosing various fields in higher education .By the end of the programme , they distribute brochure ,feedback form to students.



# ST. MARY'S COLLEGE, THRISSUR

Reaccredited with NAAC 'A' +Grade

## DEPARTMENT OF COMMERCE

*In association with Ma Campus*  
Organises a talk on  
**Career Building with Professional Courses**

Date: 28/11/2022  
Time: 1.30 pm  
Venue: St. Joseph's Hall



**Resource Person**  
Mr. CMA Ramasubrahmanian T N  
Director  
Ma Campus, Manappuram Group

**Dr. Sr. Magie Jose**  
Principal

**Ms. Jinu Josy**  
HOD of Commerce

**Ms. Shimna Prince**  
Faculty Co-ordinator

**Ms. Anjana C S**  
Student Co-ordinator





### **REPORT ON MIME “STOP VIOLENCE AGAINST WOMEN”**

The department of commerce has conducted a mime on the topic “STOP VIOLENCE AGAINST WOMEN” in connection with Stop Violence against Women Day. The programme was conducted on 29 November 2022 at Kalajyothi open ground from 12:00 Pm to 12:30 Pm. First year B.com students were participated. The Mime was coordinated by Ms. Shimna Prince. The Students dressed traditional mime costumes the art justice including face paint, gloves, and costume making the mime professional. Participants depicted the theme with their magnificent dramatic performance, brilliant gestures and body movements. Overall it was a great show they tried their level best to leave the impact on the audience spreading social issues existing in our society.



ST MARY'S COLLEGE, THRISSUR  
 Reaccredited with NAAC" A+"Grade



**DEPARTMENT OF COMMERCE**  
 Organises a *"Mime"*  
**Stop VIOLENCE AGAINST WOMEN**



29 November | Time:12:00pm  
 Place:Kalajyothi open ground

**DR. SR. MAGIE JOSE**    **MS. JINU JOSY**    **MS. SHIMNA PRINCE**    **MS. ANSISHA K.S**  
 PRINCIPAL    HEAD OF DEPARTMENT    CO-ORDINATOR    STUDENT CO-ORDINATOR

Made with PosterMyWall.com







## INDUSTRIAL VISIT REPORT –SECOND B.COM STUDENTS

The Second year students of the commerce department had their Industrial Visit on 30<sup>th</sup> November 2022. The visit was to the Ripple Tea Factory, Mattupetty, Munnar. The visit was facilitated to know more about the processing of tea. The students were accompanied by two of their teachers. They left from the college premises at about 7:00am in the morning we reached our destination place at 12:00 pm. They all gathered in a small conference room for attending a class about the processing of tea. Mr Nibil (Finance Manager, Ripple Tea factory) explained about the process and operations undertaken by the plants and machinery like plucking, weathering, fermenting etc. He explained the machinery, labour, raw material, infrastructure which is necessary to the production. After the class, students and teachers left and move to production centres.

### **Process of manufacturing tea**

**1. Growing:** Camellia sinensis plants must be grown and harvested as the first step in making tea. Growing conditions and harvesting methods can have a huge impact in the flavor of the finished tea. So while this step is probably the most ubiquitous, it can also produce the most variation. The terroir (or growing environment) of the tea can be one of the most fundamental sources of a tea's flavor.

**2. Withering:** The first processing step after the leaves are harvested is a very basic one. Since Camellia sinensis leaves are thick and waxy on the plant, they must be softened, or withered, to make them pliable for crafting.

**3. Bruising:** After the leaves are withered, crafting methods for different styles start to diverge. Oolong teas, black teas, and pu-erh teas usually undergo some sort of bruising process. This means the leaves are rolled, twisted, or otherwise crushed. The purpose of this step is to break down cell walls in the leaf, and facilitate the next step: oxidation. Manually bruising a large batch of tea leaves was once the most demanding step in processing tea. Leaves must be thoroughly and evenly bruised to produce a consistent batch of tea.

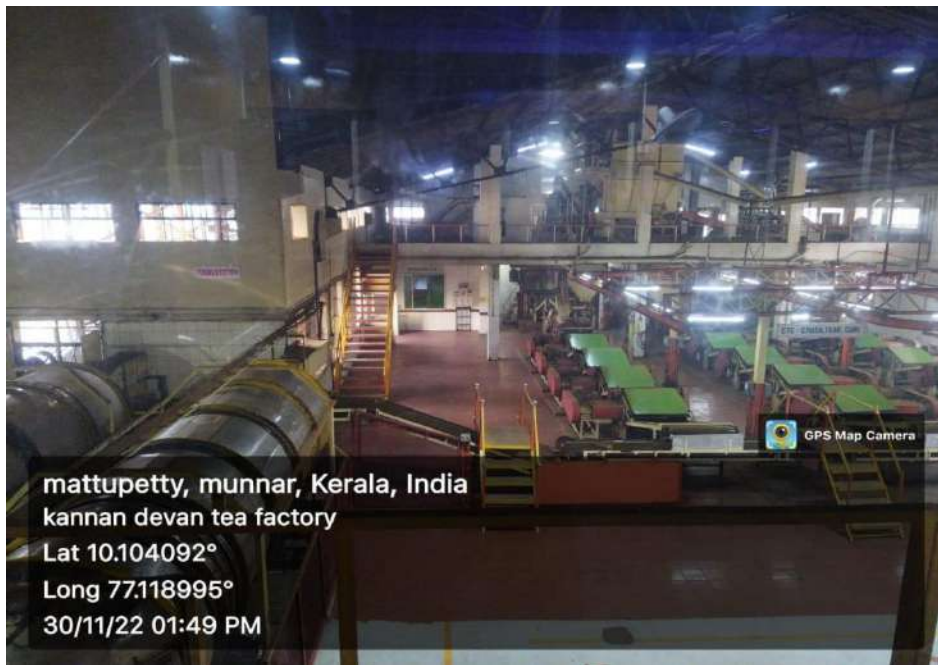
**4. Oxidizing:** After bruising, leaves intended for oolong or black teas are left to oxidize, or turn brown. Again, the leaves are laid out and left to wither. Now that the cell walls have been broken, an enzymatic reaction turns the leaves brown, just like a cut apple. Leaves must be carefully monitored during this process. For oolongs, in particular, missing the correct moment can mean ruining the tea, or crafting something entirely different than what was intended. Again, heat and humidity are carefully controlled, and trays are rotated to ensure even oxidation.

**5. Fixing:** To stop the oxidation process, the tea leaf is heated. Just like baking an apple, the application of heat denatures the enzymes responsible for oxidation and stops the leaf from continuing to turn brown.

**6. Drying:** Finally, all tea must be dried to remove any residual moisture and create a shelf-stable leaf. Again, the method of heating can dramatically change the flavor of the tea. This effect is most commonly seen with charcoal roasting, which imparts a distinctly rich quality to the flavor during this step.

The industrial visit to Ripple Tea Factory enriched our knowledge and experience and also provide a great opportunity to learn practically through demonstration, interaction etc. We really thanks to Ripple Tea Factory, our Department as well as our faculty coordinator Sanitha shijo and Shimna prince.







**A CAREER GUIDANCE SEMINAR ON THE TOPIC “ EXPLORE YOUR CAREER IN ACCOUNTING”**

Department of Commerce organised a seminar on the topic ‘Explore your career in Accounting’ in association with NSDC, Finishing School India on 15/12/2022 at 10.30 am , Chavara Seminar Hall. The session was handled by Mr. Sreejith P R, Career counsellor, Finishing School India. The session was organised for third year B.Com students. It was an informative session for the students. Also the resource person conducted an aptitude test for the students.



**ST. MARY'S COLLEGE, THRISSUR**  
*Reaccredited with NAAC 'A' +Grade*  
**DEPARTMENT OF COMMERCE**

Organises an Career Guidance Seminar in association with NSDC, Finishing School India on the topic

*Explore your career in Accounting*

Date: 15/12/2022  
Time: 10.30 am  
Venue: Chavara Seminar Hall



**Resource Person**  
Sreejith P R  
Career Counsellor

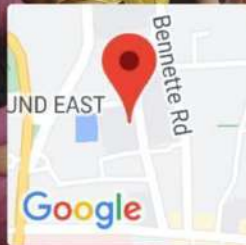


**Dr. Sr. Magie Jose**  
Principal

**Ms. Jinu Josy**  
HOD of Commerce

**Ms. Anjani Antony**  
Faculty Co-ordinator

**Ms. Anjana Joy**  
Student Co-ordinator



**Thiruvananthapuram, Kerala, India**

G6G9+4FH, St Mary's College Rd, Keerankulangara, Thiruvananthapuram, Kerala

680020, India

Lat 10.525366°

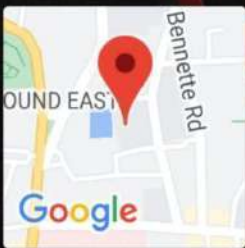
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GPS Map Camera



GPS Map Camera



**Thirissur, Kerala, India**  
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680020, India  
Lat 10.525248°  
Long 76.218567°  
15/12/22 10:16 AM



GPS Map Camera



**Thirissur, Kerala, India**  
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680001, India  
Lat 10.525426°  
Long 76.219066°  
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## INDUSTRIAL VISIT REPORT



**PLACE:** POABS TEA FACTORY,NELLIYAMPATHY.

An industrial visit to Poabs Estate Pvt.Ltd. which is situated in the majestic Nellyampathy Hills in Palakkad district of Kerala State. This visit is organized by Department of Commerce on Friday, 16<sup>th</sup> December 2022. We 3<sup>rd</sup> year B.com students and 2 faculties visited to Poabs Estate Pvt.Ltd. to interact with the industry to understand their production of tea, coffee and spices for domestic and export markets, process, strategies, the companies tie up with the industry etc.

We assembled the college at 6:30 am and start our journey exactly by 7:15 am .We reached at Industry at 10:15 am. Mr. Prince (Finance Manager, Poabs Tea factory) explained about the process and operations undertaken by the plants and machinery like plucking, weathering, fermenting etc. He explained the machinery , labour , raw material , infrastructure which is necessary to the production.

Poabs group which is established in 1962 as Poabsons, a civil contracting firm under the leadership of the Late. Mr. P.A. Jacob, the firm experienced expansive growth over the next several decades, diversifying along the way and leaving a remarkable influences across different sectors. Poabsons was later renamed Poabs group and it is today one of the leading players in the crushing industry, plantations, and biotechnology. Poabs industry mainly focused in exporting to the countries such as Germany and Canada.



Poabs Estates has made a significant entry into the Central Travancore planting district in Kerala, with the acquisition of several tea estates which were originally part of Travancore tea estate a British Sterling tea company which commenced operations in 1897.

The industrial visit to POABS Tea Factory enriched our knowledge and experience and also provide a great opportunity to learn practically through demonstration, interaction etc. We really thanks to POABS Tea Factory, our Department as well as our faculty co-ordinator Himprabha P and Reenu Jose.





### **CAREER GUIDANCE PROGRAMME “RISE YOUR CAREER”**

A Career guidance programme was held in our department on 17<sup>th</sup> January 2023 for B.com final year students to understand various commerce field. This programme was organized by department of commerce with the help of PROFINS, Thrissur. The programme started by 10:30 am at Chavara Hall. Firstly our coordinator welcome the session .Then the session was handled by Mr. Anoop (Founder Of PROFINZ,Chairman in chamber of commerce).He encouraged the students for choosing CMA in higher education .By the end of the programme , they distribute brochure ,feedback form and career magazines to students.



ST.MARY'S COLLEGE, THRISSUR  
(Re-Accredited with NAAC 'A+' Grade)  
Department of commerce

# **PROFINZ**

## **RISE YOUR CAREER**

Date :17<sup>TH</sup> January 2023  
Time :10:30 am  
Venue :Chavara Hall

**RESOURCE PERSON: Mr Anoop**  
(Chairman in Chamber of Commerce)

PRINCIPAL  
Dr. Sr.Magie Jose

HEAD OF THE DEPARTMENT  
Ms.Jinu Josy

FACULTY COORDINATOR  
Ms. Himaprabha P

STUDENT COORDINATOR  
Surya M S





## **NON TEACHING DAY CELEBRATION**

Department of Commerce celebrated Non Teaching Staff Day on 23<sup>rd</sup> January 2023 at St. Chavara Seminar hall. The programme was organised by department of commerce. All the Non-teaching Staff participated for the programme and as a token of love they were honoured with flower by Principal Dr. Sr. Magie Jose and Vice principal Dr. Sr. Sandra on the occasion.





**St. Mary's College, Thrissur**

**Nationally re-accredited with NAAC A+ Grade**

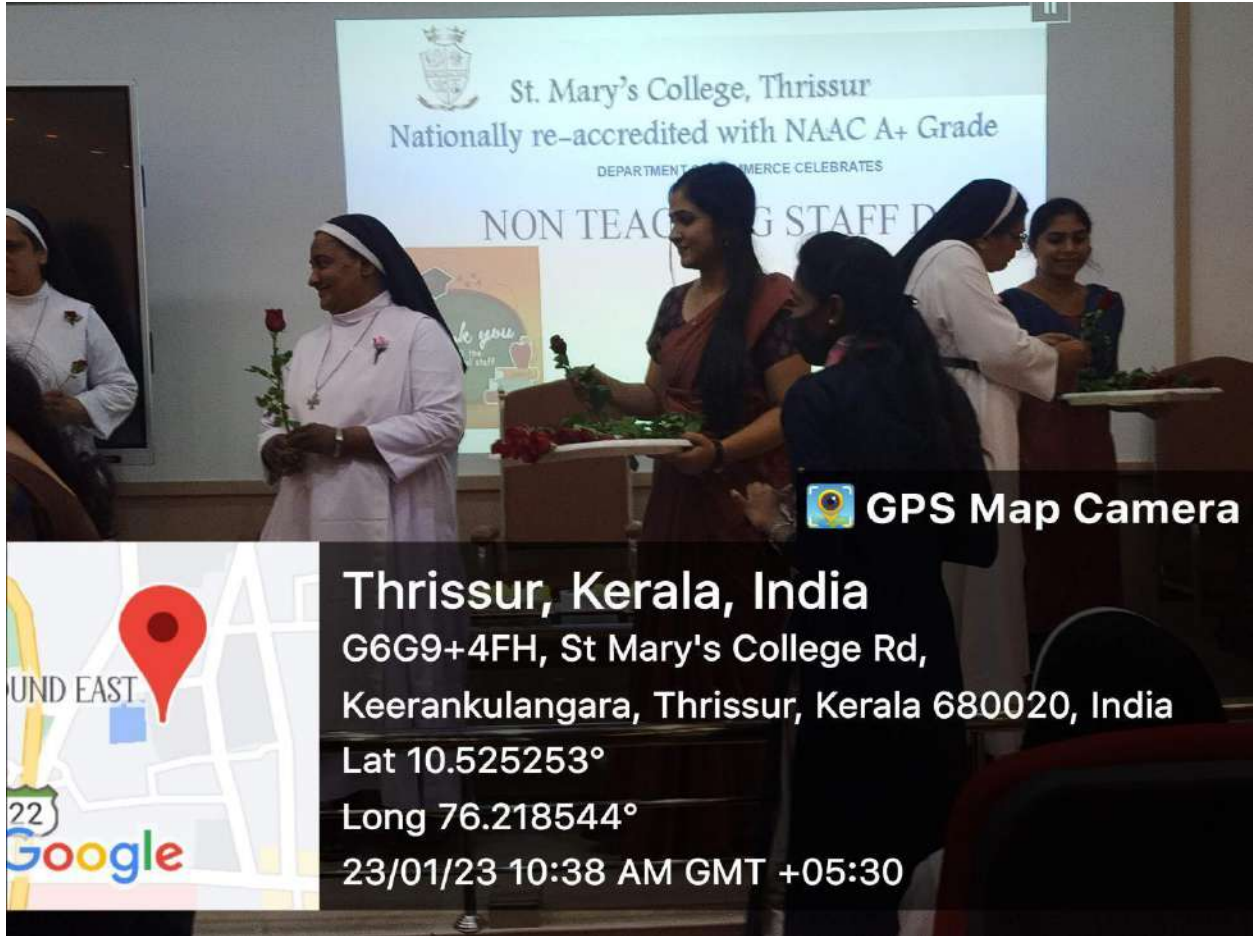
DEPARTMENT OF COMMERCE CELEBRATES

## NON TEACHING STAFF DAY



23/01/2023 , 10 AM @  
St.Chavara Seminar Hall





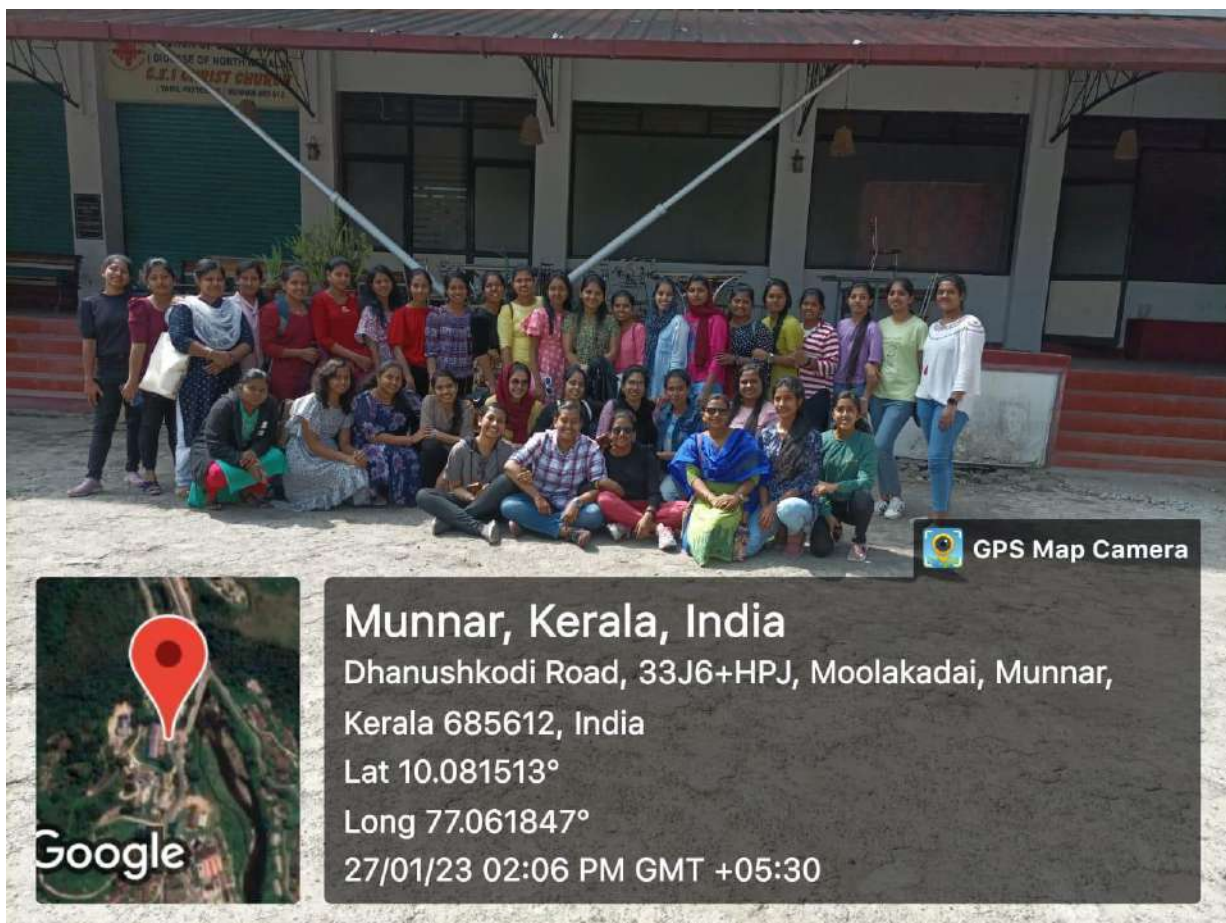
**Thrissur, Kerala, India**  
G6G9+4FH, St Mary's College Rd,  
Keerankulangara, Thrissur, Kerala 680020, India  
Lat 10.525253°  
Long 76.218544°  
23/01/23 10:38 AM GMT +05:30

**REPORT ON STUDENTS TOUR**

PLACE : MUNNAR

DATE : 27,28 & 29 January 2023

The study tour of commerce batch 2020-2023 started on Friday 27 January 2023 and ended on Tuesday 29th January 2023 .The tour started with prayer and blessing by our dear principal Dr.Sr.Magie Jose . Our teachers Smt. Himaprabha P and Smt. Sanitha B Vincent accompanied us . We started our journey by Pappus |Travels at 6.30 am. We reached Munnar at 12.00 pm where we freshed up at hotel and we had our lunch at there. First we went to Mankulam,Anakulam for trekking. It was nice place. Second day , we visited Kundala dam,Mattupetty Dam and |Top station. A camp fire was arranged at night. Third day, we visited Kanthalloor off- road trekking and Jaggery manufacturing and trade shopes. Finally we returned at 2.00 pm from Kanthallur. We had dinner at Vadakumcherry. We reached the college at 9.15 pm.







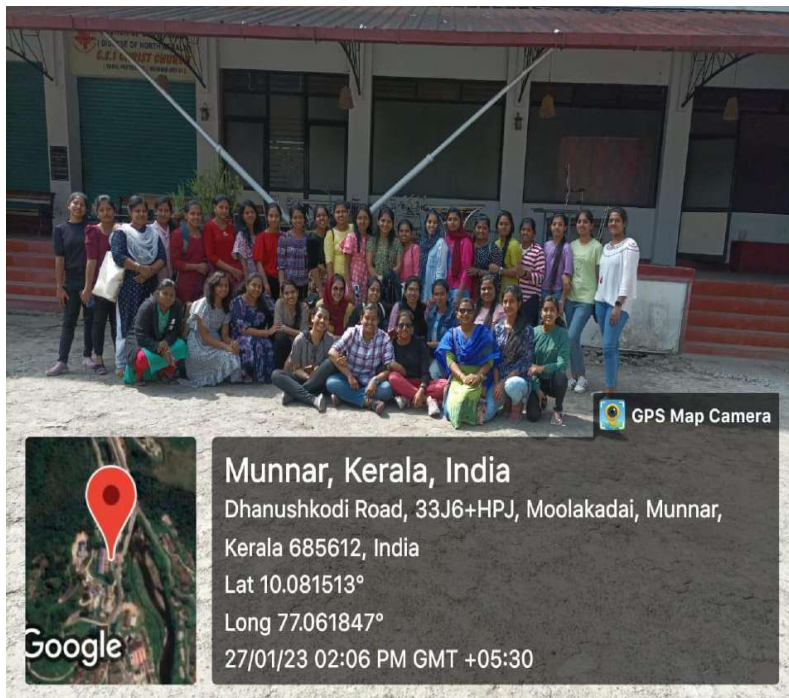
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 GPS Map Camera

munnar, Kerala, India  
thenpara, munnar  
Lat 10.26035°  
Long 77.170997°  
29/01/23 10:49 AM GMT +05:30

## CAREER GUIDANCE PROGRAMME “RISE YOUR CAREER”

A Career guidance programme was held in our department on 3<sup>rd</sup> February 2023 for B.com final year students to understand various commerce field. This programme was organized by department of commerce with the help of INPROX, Thrissur. The programme started by 10:30 am @ Final year Class room. Then the session was handled by ASHBIN MATHEW Dean , INPROX. He encouraged the students for choosing CMA,CA,ACCA,CS & CPA in higher education .By the end of the programme , they distribute brochure ,feedback form and career magazines to students.



**ST.MARY'S COLLEGE, THRISSUR**  
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Department of commerce

**INPROX**

**RESOURCE PERSON: ASHBIN MATHEW**

Date :3<sup>rd</sup> February2023  
Time :10:30 am  
Venue :Classroom 608

PRINCIPAL Dr. Sr.Magie Jose	HEAD OF THE DEPARTMENT Ms.Jinu Josy	FACULTY COORDINATOR Ms. Himaprabha P	STUDENT COORDINATOR Malavika V J
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**Thrissur, Kerala, India**

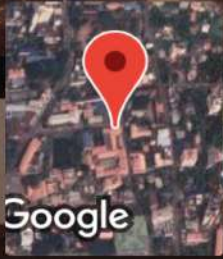
Near, St Mary's College Rd, Keerankulangara, Thrissur,

Kerala 680020, India

Lat 10.525726°

Long 76.218959°

03/02/23 10:47 AM GMT +05:30



GPS Map Camera





### **CAREER GUIDANCE PROGRAMME “RISE YOUR CAREER”**

A Career guidance programme was held in our department on 10 th February 2023 for B.com final year students to understand various commerce field. This programme was organized by department of commerce with the help of Globesta Auditors And Accountants, Thrissur. The programme started by 9:30 am at Classroom. Then the session was handled by Mr John. He encouraged the students for choosing International Corporate Accounts Management plus SAP in higher education .By the end of the programme , they distribute brochure ,feedback form and Aptitude test to students.



ST.MARY'S COLLEGE, THRISSUR  
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Department of commerce

**GLOBESTA**  
**RISE YOUR CAREER**

Date :10<sup>TH</sup> February 2023  
Time :9:30 am  
Venue :Classroom 608

**RESOURCE PERSON: Mr John**  
**( Faculty in Globesta)**

PRINCIPAL  
Dr. St.Magie Jose

HEAD OF THE DEPARTMENT  
Ms.Jinu Josy

FACULTY COORDINATOR  
Ms. Himaprabha P

STUDENT COORDINATOR  
Surya M S



**Thrissur, Kerala, India**

Near, St Mary's College Rd, Keerankulangara, Thrissur,  
Kerala 680020, India

Lat 10.525714°

Long 76.219042°

10/02/23 09:36 AM GMT +05:30

GPS Map Camera



## **A report on industrial visit**

*(Modern bread 2023)*

Post – Graduate Department of Commerce of St. Mary’s College, Thrissur conducted Industrial visit to Modern Bread Factory, Edapally, Ernakulam, on 17<sup>th</sup> of February 2023 for the academic year 2022-24 with our teachers Mrs. Jinu Josy and Ms. Ruchi Mehta .We started our journey by 7:15am via train and then by bus we reached the industry by 10:15 am . Security gave us necessary instructions for the precautions required to enter into the bread manufacturing factory .The industrial visit was indeed a very useful part for our M.Com course , during which we the students were able to get an insight of the internal working environment of a company. We were introduced to the working of the manufacturing factory by their guide .He provided us head caps as part of hygiene and took us inside the whole factory and explained the manufacturing process of bread chronologically.It including dough mixing, division of dough, transfer of dough into bread moulds, cutting of breads and storing of it . We witnessed the high speed flour mixers and combiners along with high temperature bread baking ovens. We keenly observed and learnt the procedures . The first stage was mixing stage where salt, water, yeast and flour were mixed in a huge mixing machine. After mixing the dough was divided into small pieces and then passed to the big container which stores the dough and there the dough ferments and becomes fluffy . When the dough is properly raised it’s then passed to the oven where the baking is done. After baking the bread is stored at a cooling centre and from there the bread is taken for metal deduction and then it’s sliced into pieces and packed. It’s then taken to warehouse from where it is further taken out for distribution to different outlets .



## Outcome

- Students got opportunity for interactive learning experience in class as well as outside class experience.
- With this industry visit students were able to identify their perspective towards the working of overall organization function.
- Students also became aware about the cleanliness and quality of foods in food processing industries.







### **FEMESSIONALS -2K23**

The department of commerce organised Femessionals -2k23 ,the commerce exhibition on 06<sup>th</sup> March 2023 from 10.30 A.M onwards.The fair was arranged at Jubilee Hall. The programme was inaugurated by the Principal Dr.Sr.Magie Jose. The exhibition was divided into three segments The Knowledge Corner which consisted of the various still and working models constructed by the coordinated efforts of the students of the department.The second segment was the Fun with Commerce corner where commerce related games were arranged with an idea to learn with fun And the last segment was the trade corner where the students portrayed their creative and artistic skills and sold their home made eco friendly products.All the students of the department were actively engaged in the activity.

The event witnessed active participants from all the departments.



# ST.MARY'S COLLEGE, THRISSUR

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## DEPARTMENT OF COMMERCE

*Presents*

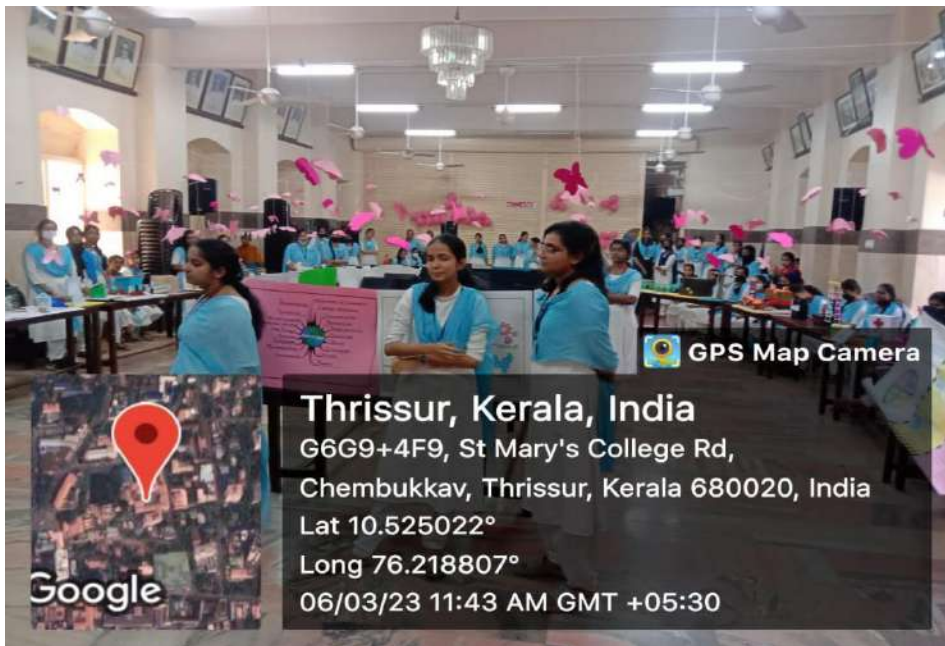
# Femessionals 2023

COMMERCE EXHIBITION

06-03-23  
@JUBILEE HALL  
FROM 10.A.M ONWARDS

DR.SR.MAGIE JOSE (PRINCIPAL)  
MS. JINU JOSY (HEAD OF THE DEPT)

COORDINATORS  
RUCHI MEHTA (FACULTY)  
SHIMNA PRINCE (FACULTY)  
KRIPA KARTHA (STUDENT)  
SHIFANA K J (STUDENT)



GPS Map Camera



Thrissur, Kerala, India

G6G9+4F9, St Mary's College Rd,  
Chembukkav, Thrissur, Kerala 680020, India

Lat 10.525022°

Long 76.218807°

06/03/23 11:43 AM GMT +05:30

Google



### **ALUMNI MOTIVATIONAL TALK**

The department of Commerce conducted an alumni motivation talk on 24 th March 2023 at 2.00 PM. The guest speaker was Ms.Irene Sunny, alumnae ,M.Com 2020-22 batch.

She is currently working as the senior HR at Trezix Software Pvt. Ltd. She was also the batch topper in the college level.

She motivated the students to have long term career goals and to work towards those goals from the student life itself. She explained them the difference between professional life and student life and how to adapt through those differences by sharing her personal experiences

25 students of 1 st M.com were the participants



### **INVITED LECTURE ON RESEARCH METHODOLOGY**

The PG department of Commerce conducted an invited lecture on research methodology on 23rd March, 2023 at St.Chavara seminar hall from 10 AM to 11.30 AM. The resource person for the session was Dr. T.A Sajeesh, M.Sc. M.Phil. P.H.d faculty of statistics department, St.Thomas College, Thrissur.

The lecture was on the topic statistical tools and techniques for data analysis. The beneficiaries of the lecture were the students of 1st and 2nd M.Com.

The topic of the lecture was of great relevance to the PG students and helped them enhance their research aptitude.



**ST.MARY'S COLLEGE,THRISSUR**  
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**PG DEPARTMENT OF COMMERCE**  
ORGANISES  
**INVITED LECTURE ON RESEARCH METHODOLOGY**  
STATISTICAL TOOLS AND TECHNIQUES FOR DATA ANALYSIS

**THURSDAY**  
**23 MARCH 2023**  
**10.00 AM**  
**@ ST.CHAVARA**  
**SEMINAR HALL**

**DR.SR.MAGIE JOSE**  
PRINCIPAL

**MS.JINU JOSY**  
HEAD OF THE DEPT

**MS.RUCHI MEHTA**  
FACULTY CO-ORDINATOR

**MS.ANAGHA V.P**  
STUDENT CO-ORDINATOR

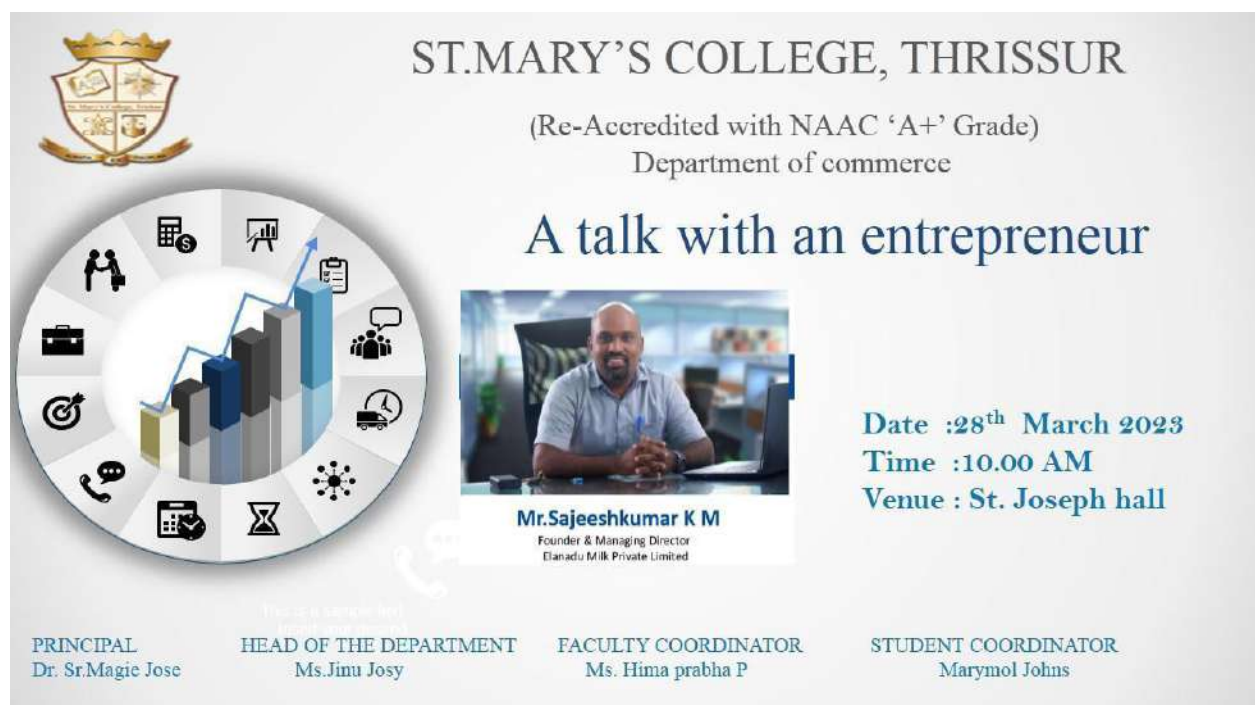


**DR. T. A. SAJESH,**  
**M.SC.,M.PHIL.,PH.D.**  
**, FACULTY, DEPT.OF**  
**STATISTICS,ST.THOMAS**  
**COLLEGE,THRISSUR**



## MEET AN ENTREPRENEUR: AN INTERACTIVE SESSION

On 28<sup>th</sup> march 2023, commerce department conducted a talk with entrepreneur to inspire all the students who interested to choose an entrepreneurial path. The chief guest of the programme was Mr Sajeesh Kumar founder and managing Director of Elanadu Milk Private Ltd .The program started at 10.00 Am in St. Joseph Seminar Hall. The programme started with a prayer by Alna shaji. Welcome speech was delivered by Jinu Josy HOD of commerce department. Overall 86 students participated for the same. Hima prabha p and Mary mol Johns were the faculty coordinator and the student coordinator respectively. Sajeesh sir were so humble enough to share his story to students especially his success and failures. With the help of the PowerPoint presentations he explained about Elanadu Company, its mission as well as its vision. The programme was ended with a question answer session and with a vote of thanks by Anagha V R of M.Com.



**ST.MARY'S COLLEGE, THRISSUR**  
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Department of commerce

**A talk with an entrepreneur**

**Date :28<sup>th</sup> March 2023**  
**Time :10.00 AM**  
**Venue : St. Joseph hall**

**Mr.Sajeeshkumar K M**  
Founder & Managing Director  
Elanadu Milk Private Limited

**PRINCIPAL**  
Dr. Sr.Magic Jose

**HEAD OF THE DEPARTMENT**  
Ms.Jinu Josy

**FACULTY COORDINATOR**  
Ms. Hima prabha P

**STUDENT COORDINATOR**  
Marymol Johns

