

RED RIBBON CLUB 2018-2019

Co ordinator: Tisha Liza Tomy

Voluntary Blood Donation Camp

- A blood donation camp was organized on 12th July 2018 at St.Mary's College, Thrissur, in association with Red ribbon club and NSS in collaboration with Indian Medical Association, Thrissur. A strict diet chart was given to students before two weeks of blood campaign. In this camp overwhelming number of volunteers of different department of college has participated with vivacity. Refreshments were provided to the students who were part of the camp. The Volunteers took immense care to meet the requirements of students after donating the blood, so as to avoid any mishaps in the campus.



WORLD AIDS DAY

- This year's theme for World AIDS Day, which will be marking its 30th anniversary on 1 December, will be "Know your status". As an outreach to the community on AIDS awareness, a Flash Mob by first year BSc. Biotechnology students was played. Students along with staff representatives, and public attended the programme. This was organized in collaboration with District Aids Prevention and Control Division, District Health and Welfare department.



- A blood donation camp was also organized on 22nd January 2019 in connection with World AIDS Day, at St.Mary's College, Thrissur in association with Red ribbon club and collaboration with Indian Medical Association.



NATIONAL YOUTH DAY OBSERVANCE

National Youth Day is celebrated in India on 12 January on the birthday of Swami Vivekananda. The theme of 2019 is **'Channelizing Youth Power for Nation Building'**

‘attainment through resolve. To ignite the minds of youth of our college, the Red Ribbon Club in association with the department of biotechnology has organized a talk by Sr.Stenny Grace, psychologist and a member of campus ministry for the formation and counselling of children and youth. She is going forward to taking classes and doing counselling in schools and colleges at different states of India. The talk was very inspiring and powerful and also inspired the students to embark on a successful journey.



INTERNATIONAL YOUTH DAY ACTIVITY

International Youth Day 2018: Every year the 12th of August sees the commemoration of International Youth Day (IYD). The theme for International Youth Day 2018 is “Safe Spaces for Youth”. To create awareness of this, Red Ribbon Club in association with Department of

Biotechnology has organized a debate competition on the topic “Safe space for youth “on 14th August,2018. Students actively participated in competition and a small talk was conducted by one of the judge. The talk was very inspiring.



- **Positive speaking on HIV/correct knowledge, stigma and discrimination and opening up and right guidance**

“It is Positive Talks that built a communication bridge between the public and the PLHIV, therefore, the public could hear the voice from PLHIV and the public would benefit for this mutual communication on understanding HIV/AIDS”.

Wu Zunyou

Our ‘Positively Speaking: HIV Awareness Talk will increase your awareness of HIV, equip you to challenge stigma and prejudice, improve the quality of services you provide to people who may be living with HIV. HIV is a virus that damages the immune system. The immune system helps the body fight off infections. Untreated HIV infects and kills CD4 cells, which are a type of

immune cell called T cells. Over time, as HIV kills more CD4 cells, the body is more likely to get various types of infections and cancers.

The invited lecture was done by Dr.K. B. Mohan, Retired, Head of Medical Department, JMMRI, Thrissur. The talk was very inspiring and he urged us to do our part by being thoughtful when choosing our words and to use supportive—rather than stigmatizing— language when talking openly about HIV. Various misconcepts were cleared and revealed the facts about HIV transmission. Dr.Joy Manjila,Secretary,IMA.He is working as medical officer NHM at FHC Puthur.His gracious presence was there at the session.

We also conducted a painting competition in association with IMA, with the title “We voe to end Stigma”. Students actively participated and winners and participants were awarded with certificates and prizes at the IMA state meet ceremony held in Elite Hotel, Thrissur.




26/11/2018



Red Ribbon Club & Blood Donor's Forum
S.M.C.
Department of Biotechnology
St. Mary's College, Thrissur

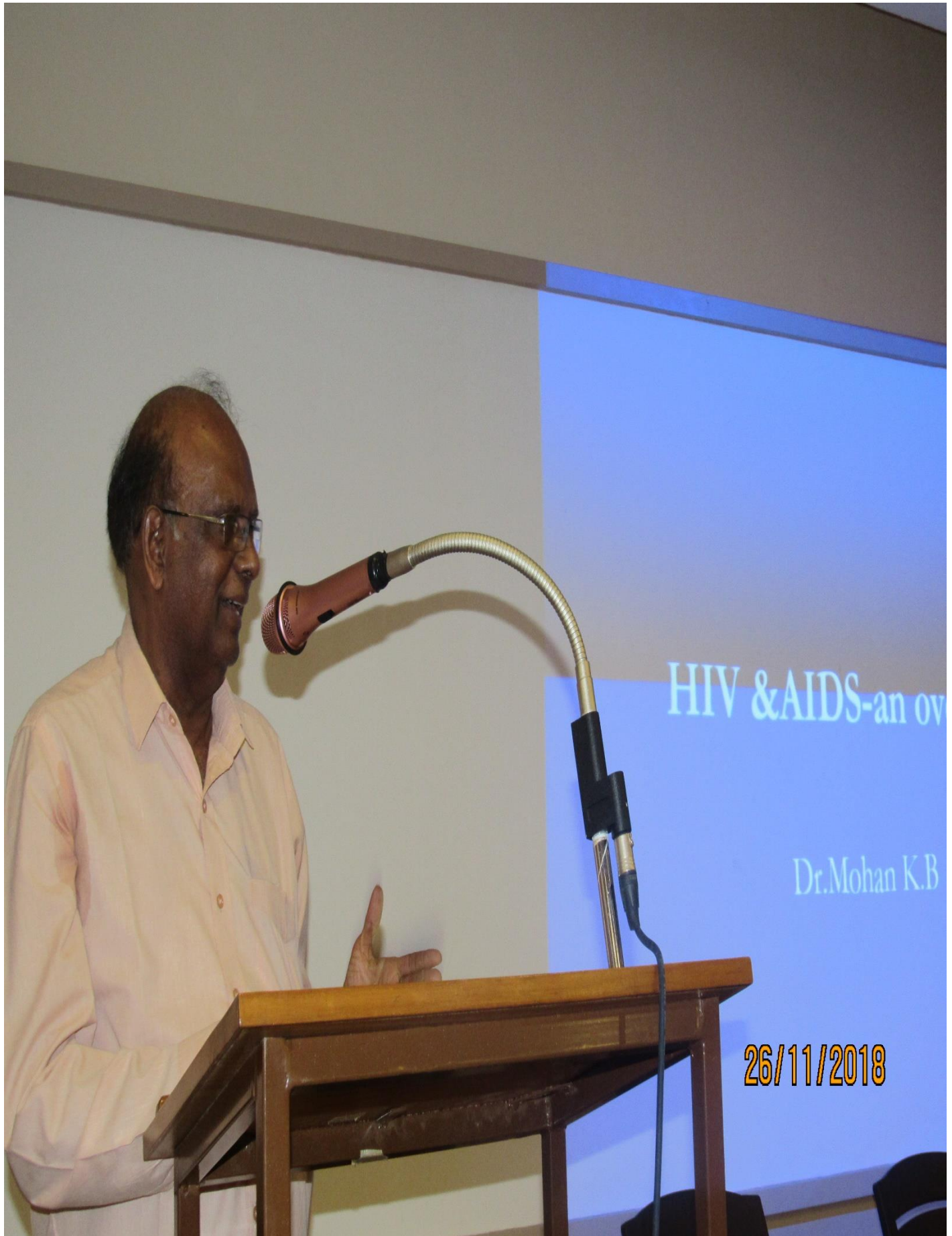
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DEPARTMENT OF BIOTECHNOLOGY
ST. MARY'S COLLEGE, THRISSUR


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HIV & AIDS-an overview

Dr. Mohan K.B.

26/11/2018



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