

Report 2014-2015

Kidney disease awareness class

Health Club of our college organized awareness class conducted by Dr. Jayanth T Mathew, Sr. Consultant Nephrologist Amala Hospital on 8th August 2014. The programme was inaugurated by Principal Sr. Dr. Chrislin. The class was successful in clearing the queries made by the participants.



Gymnasium

The members of Health club were oriented with the equipments at Gymnasium and sports students demonstrated how to use each equipments and what are the benefits for using such equipments. Health club members were given free entry to gymnasium and they are allowed to do their workouts daily after 3.30pm.

